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Hello!

I hope you are keeping safe and well.

It's time for our end-of-year bulletin, so this will be packed with updates for you. The first item on today's bulletin is a message to all trainees from Dr Jonathan Corne, the Postgraduate Dean (see below).

In this update:

- Season's greetings from the Postgraduate Dean
- Support from PSW during Covid
- Redeployment during Covid
- Vaccinations for healthcare staff - clarification
- Award success for Gastroenterologists in the region!
- LTFT Category 3 Webinar in the New Year
- Global Health Fellowship opportunities
- HEE Educator Profile - Clare Sutherland

Remember we value feedback, so if you would like to provide some, please [click here](#). Also, if this isn't your preferred email address, please [let us know](#) and we will update our records for you.

That's it from me for the year - thanks for reading, and if you're working over the holiday period, thank you and stay safe. If you're having a well-earned break, enjoy that.

With best wishes.

Gerard O'Reilly
Regional Faculty Support Lead, Midlands

Season's greetings

During this holiday season, I wish to thank you all for your continuing hard work in providing high quality healthcare to the public. You have also delivered high quality medical education to current and future doctors in extraordinary circumstances.

Many of us will look forward to spending time with our family and friends. Others will be working during this holiday period and may also be covering last minute absences due to sickness.

One thing we all have in common as medical professionals, whatever our beliefs and cultures, is the desire to serve the public to the best of our abilities.

Whether you are celebrating at this time of year, enjoying some well-earned respite with your family and friends or standing shoulder to shoulder with your colleagues at the frontline of health care, all of us at HEE East Midlands wish you all happy holiday period and a safe and prosperous New Year.

Dr Jonathan Corne

Postgraduate Dean (East Midlands)

On behalf on HEE Senior Management and administrative teams
in the East Midlands

Support over the holiday period

The Professional Support and Wellbeing (PSW) service would like to wish you all a happy and safe festive season and thank you for another year of hard work and commitment during these very difficult times.

If you encounter any difficulties whilst we are closed, the following organisations can provide immediate mental health support for you:

- **BMA**
Telephone: 0330 123 1245
Website: [Click here](#)
- **The Samaritans**
Telephone: 116 123
Website: [Click here](#)
- **Mind**
Telephone: 0300 123 3393
Website: [Click here](#)



Redeployment

HEE and the Postgraduate Dean, Jonathan Corne, have been working with Trusts to mitigate the impact of Covid on your education and training since the pandemic began.

The Omicron variant is likely to produce extra strain on the system due to increased patient numbers and extreme levels of staff sickness over the next few months. The unpredictable nature of this pressure may mean that there may be last minute (and short-term) changes to rotas and one-off redeployments outside of your normal area. However, we are not anticipating any redeployment across Trusts (ie moving from one trust to another).

Where possible, we have asked all Trusts to seek HEE's approval before any changes are implemented, and ensure that these changes abide to the following principles:

- To ensure all other options have been explored before redeploying or redesigning rotas
- To avoid as far as possible redeploying those of you on an ARCP Outcome 10.1
- If possible, not to redeploy any of you on an ARCP Outcome 3 or 10.2
- To be aware of your individual training and wellbeing needs

If you have concerns about the impact of any changes in your work schedule, please discuss these concerns with your Educational Supervisor, Specialty Tutor or Training Programme Director.

Trainee experience survey

We are currently running a [survey for all trainees](#) asking for feedback on positive changes at their hospital trust during COVID-19. This will help us to understand about good practice.



Vaccinations for healthcare staff

You will have recently received a message about covid vaccination of healthcare staff, with a link to guidance for trainees. This guidance is being updated to make it clearer that a very small number of healthcare workers will be exempt on medical grounds. We are sorry that this was not clear in the original guidance.

The new version will shortly appear on the [HEE](#)



Award winners in Gastroenterology!

Gastroenterologists in the School of Medicine within the East Midlands have won a prestigious award - the Alistair McIntyre Award at the British Society of Gastroenterologists recently for their work on setting up a weekly webinar series to ensure the continuity of specialty training and also reduce the carbon footprint of training. Congratulations to them!

[website](#) and will refer to national guidance [here](#).

You can read more about it on our website [here](#).

LTFT Category 3 Webinar for trainees

The Regional LTFT Leads have arranged another webinar for trainees in the Midlands. It will include an update on Category 3 information and the second window for applications.

The webinar will take place at 6pm for one hour on 26 January 2022. Click [here](#) at the start time to join via Microsoft Teams.

HEE Global Health Fellowships

We have been asked to share details of two Global Health Fellowship opportunities that are currently being advertised.

The information you need is available on our website [here](#). Please note the closing date is 10 January, so don't leave it too late if you are interested!



Educator Profile - Clare Sutherland

Finally, I have another Educator profile for you - this is Clare Sutherland, Associate Postgraduate Dean for Interprofessional Training.

Name: Clare Sutherland

Role: Associate Postgraduate Dean - Interprofessional Training

Specialty: Advanced Care Practitioner

How do you support postgraduate training and trainees?

My role as interprofessional APD is to provide expertise around the multi-professional workforce and facilitate ensuring interprofessional learning is considered within strategic planning and workforce transformation.

The role has less direct impact with trainees than perhaps other APDs but is important to progress maximising opportunity and to positively impact multi-professional learning in postgraduate training.

What aspects of your role do find most rewarding?

The diversity of the role and the ability to influence a change in workforce.

What aspects of your role are the most challenging?

Multi-professional working touches all schools and spheres of medical education and as a result balancing breadth of contact with depth and ensuring impact is the biggest challenge.

What is your message to trainees in the East Midlands?

Welcome to the East Midlands, an amazing place to work and an amazing team to support your development. As an ACP (not a doctor or dentist), I may not be "one of you" yet I'm in the team that will support you is what makes this region so fabulous. Multi-professional teams deliver better care and will add to your training opportunity. Embrace the diversity of this great opportunity.

Do you have any other clinical or professional roles or interests? If so, could you describe them and what motivates you in undertaking them?

I am a Registered nurse by profession and support HEE nationally with development of Advanced Clinical Practice. Some of the key areas I am focused on is governance of advanced clinical roles and extended surgical teams. I have a specific interest in role transition and professional identity in new roles.

What do you like to do outside of your role and professional interests?

I was a rally driver (in my youth) and married to a British rally ex-champion so motorsport and cars feature quite heavily in my life. Just moving from a flat to a house with a garden and can't wait to grow my own veg and flowers.



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