

Monday

0900-1100: SPA (Supporting Professional Activites -audit,

admin, teaching prep, etc)

1100-1300: Teaching/Viva practice for SpR's pre-exam

1300-1700: Shop floor cover for paediatrics

Tuesday

0900-1100: Ward round

1100-1300: SPA

1300-1700: Shop floor cover for paediatrics

Wednesday

0800-1600: Shop floor cover whole department

1200-1300: Research group meeting

1300-1400: Consultant meeting

Thursday

0800-1200: SPA

1200-1600: Shop floor cover for adults

1600-1630: Mentor meeting with F2 trainee

Friday

0800-1200: SPA

1200-1600: Shop floor cover for whole department