



AHP
AFRICA HEALTH
PLACEMENTS
WWW.AHP.ORG.ZA

HOSPITAL INFORMATION

ESTCOURT HOSPITAL, UTHUKELA DISTRICT, ESTCOURT MUNICIPALITY, KWAZULU-NATAL PROVINCE

LEVEL ONE DISTRICT HOSPITAL



MEDICAL MANAGER: Dr Bright Madlala
Office: 0363427000
Email: Bright.Madlala@kznhealth.gov.za
Senior clinical manager - Dr. Patrick
Email: Kande plkande@Yahoo.co.uk

DATE this assessment completed : 22 August 2014

GENERAL INFORMATION:

Physical address: Old Main Road, Estcourt
Postal address: P/Bag X7058, Estcourt
GPS: 29.893932 | -29.8910043

Vision: To achieve quality holistic health for all within the local municipalities of Estcourt

Mission: To provide an efficient, effective integrated and sustainable health service utilizing available resources

Core Values: Mutual Respect, Compassion, Responsibility, Client satisfaction, Honesty, Openness, Transparency, Team Spirit, Commitment, Innovation

Services offered at Emmaus hospital : Casualty Dept/Trauma, Dental Facilities, Rehab centre, General Medical, General Surgical , Maternity, Medical Laboratory Services, Theatres, Tuberculosis, X-ray, PHC service, Outpatient service, VCT centre, PMTCT service, Crisis centre, Paediatrics, Medical support to surrounding clinics, Social worker, Eye clinic, Pharmacy, Dietetics , Physiotherapy, Occupational therapy, Psychiatric Department, Psychology and counseling service

GET THESE FIGURES

CATCHMENT POPULATION:	202201 (2014 census data)
HIV PREVALENCE RATE:	Patients tested excluding antenatal 12%. Patients tested 15yrs to 49yrs 15%
BEDS	325 IN 7 WARDS
BED OCCUPANCY RATE:	60%
AVERAGE LENGTH OF STAY:	5/6 days
PATIENTS PER MONTH:	6616 admit an average of 993pm
MATERNAL MORTALITY :	0%
INFANT (less than 1yr) MORTALITY :	not recorded as yet
CHILD (1-5yrs) MORTALITY :	7/100 000

REFERRING PHC/CHC: There are 10 clinics under this hospital. They are: Cornfields Clinic, Wembezi Clinic, Forderville Clinic, Corner Street Clinic, Injisuthi Clinic, Zwelisha Clinic, Ncibidwane Clinic, Ntabamhlophe Clinic, Madiba Clinic, and Haviland Clinic. Estcourt Hospital also has a referral system; patients are referred to Ladysmith Provincial Hospital, Grey's Hospital, Edendale Hospital, Inkosi Albert Luthuli Hospital etc.

Each day one Medical Officer (MO) is assigned to visiting a clinic so that each clinic is visited twice monthly by an MO. Clinics book their stable referral patients for the Medical Officers visit. Non-stable and emergency patients are referred directly to the hospital. This vital outreach service is provided to improve patient care, access to health care and to reduce the patient's travelling cost.

REFERRING FACILITY: Ladysmith Hospital 65km away and Pietermaritzburg Hospital Complex 95km away.

Out Patients Department (OPD) and CASUALTY

The OPD is run from Monday to Friday from 7:30 to 16:00 with a 24h casualty unit. The All our emergencies get attended to in casualty and the rest of patients are seen in OPD. There are two separate entrances, one for OPD and one for Casualty. There are 5 consulting rooms in OPD On average 220 patients are seen by Medical Officers daily in OPD

and 30 are referred to casualty from the surrounding clinics. Medical officers complete their ward rounds or operations and then help out in OPD so that all the patients are seen daily.

Follow up appointment are scheduled. All patients have scheduled appointments. There is adequate seating in the waiting area, Patients are coded according to the severity of their emergency and are seen according.

The most common trauma seen are motor vehicle accidents, pedestrian accidents, snake bites, stab wounds, gunshots and assault/blunt trauma. Patients with multiple trauma are stabilized and referred to Grey's hospital.

ARV CLINIC

The operating hours are from 7:30-16:00. The HIV/TB program is supported by a Clinical Manager and one Medical Officer.

It is an accredited ARV clinic and sees about 150 patients per day. There are 13359 clients on ARV's in the sub-district. Medical Officers initiate patients and see to the more complicated cases or those with opportunistic diseases that are referred from the clinics. Initiating does take place at the PHC clinics but also at this hospital based clinic. The NIMART trained nurses do initiate patients in the PHC and refer more complicated cases to the hospital. Patients have scheduled return appointments and stable patients receive two months supply of ARV's per visit. They do not give more than 2 months supply even to stable patients as there are high incidences of theft. They prefer to down refer stable patients to the PHC so do have a speed queue for stable patients. The Wellness clinic has its own Pharmacy.



HIV and TB clinic building

TB CLINIC

There is a TB clinic that runs from Monday to Friday and presently has one dedicated Medical Officer. On Friday they run a staff clinic.

A Chronic Clinic (diabetes and hypertension) runs on a Wednesday and the Disability Grant Clinic operates on Tuesdays on Thursdays.

CRISIS CENTRE: Operational every day including Sunday – conducted by a trained crisis nurses.

There is a great need to perform at least 150 circumcisions monthly if there is a Medical Officer available.

Presently the staff in OPD cover the clinic's.

OBSTETRICS AND GYNEACOLOGY

The maternity department has ? beds and 4 beds in the labour ward. The caesarean section rate varies from 21% to 31%

Dr Hasselaar an AHP recruit from the Netherlands works in Maternity and he may be contacted on 0789980348



PAEDIATRIC

Two doctors are allocated to this ward. The ward is airy with areas for play and brightly painted walls. Paediatric patients admitted suffer from malnutrition, HIV complications, gastroenteritis, pneumonia, herbal intoxication, burns ect,. The burns and GE ward are incorporated in the Paediatric ward.

A Specialist Paediatrician visits monthly with the Red Cross Air Mercy service.



Paeds Ward

ANAESTHETICS

There is no specialist anaesthetics department. The facility requires more training and outreach in this area

THEATRE

The hospital has 4 theatres and runs a 24h theatre service for elective and emergency procedures. The doctors are presently performing the following procedures in theatre - Caesarean sections, ectopic pregnancies and circumcisions, debridement's, tubal ligations, minor lumps and bumps, manipulation of fractures, minor amputations. Presently no major operation are done due to the lack of anaesthetic experience amongst the doctors presently working there.

In Surgery we have an experienced Clinical Manager and when we are well staffed two medical officers can be attached to this section. He has his theatre days on Tuesdays and Thursdays. The SOPD is on Wednesday. We have a visiting Anaesthetist on Tuesdays and Thursdays.

MEDICAL / SURGICAL WARDS

Two to four doctors can be allocated to this ward and they also run the psychiatric clinic. They have "same day", admitted and orthopaedic patients.

OUTREACH SERVICES

A Physician, Anaesthetist, Surgeon and O&G specialist visits there hospital weekly or monthly.

RADIOLOGY

The facility has 6 full time Radiographers. They have 2 Ultrasonographers and Ultrasound and Doppler diagnostic aids.

REHABILITATION

REHAB MANAGER: Mrs Sulochana

Office: 0363427065

Email: soluchana.naidoo@kznhealth.gov.za

Fully functional from 7:30am to 4pm Monday to Friday

6 full time Physiotherapists including 1 Community service physiotherapist

1 full time and 1 Community service occupational therapist

1 Dietician and a Community service Dietician for the hospital and the ARV clinic.



Rehab centre

PHARMACY

The Pharmacy is adequately staffed. The pharmacy dispenses on average 500 prescriptions per day. Their operating hours are from 7:30am – 16:30pm. The hospital dispenses medicine for PHC's, outpatients and inpatients. The average waiting time per patient is approximately 45 minutes. The pharmacy is adequately signed posted and is situated next to the OPD where there is sufficient space to wait. The pharmacy is well laid out although there is limited space. Patients receive one month supply of medicine. The ARV clinic has its own pharmacy. There is also a pharmacist available on call for emergencies.

LABORATORY

The NHLS hospital has an onsite laboratory.

OPHTHALMIC SERVICES

There is a full time Optometrist and an ophthalmic nurse

DENTAL SERVICES

There has four full time dentists working at the hospital including one community service dentist.

TRANSPORT SERVICES

The hospital has approximately 44 vehicles and some are 4X4 vehicles for the outreach team for various programs such as TB, ARV, Pharmacy deliveries, visiting the 6 PHC's, School visits and the family health team.

DATA MANAGEMENT

Tier 1 data management

STAFF VACANCIES (Professionals required in accordance with DOH structure and which posts are currently vacant and funded)

Medical Officer	5	Professional Nurses:	1 (PHC)
Sessional Medical Officers	0	Maternity Mid-Wives	4
Enrolled Nurses	0	Enrolled Nursing Assistants	0
Pharmacist Assistant (post basic)	3	Pharmacist	1
Dietician	0	Social Worker	0
Data Capture	0	General Assistants	0
Radiographer	0	Ultrasonographer	0
Ambulance Assistants	0	Critical Care Assistant	0

EQUIPMENT

EQUIPMENT	Y	N	EQUIPMENT	Y	N
Electricity	x		Running Water	x	
BP Machine – Automatic / Manual	x		Lactometer	x	
Thermometers	x		TB / Protective Gear & Lights	x	
Sterilization Equipment	x		Hb Meter	x	
Pap Smear Equipment	x		Haemoglobinometer	x	
Adult Scale	x		Paediatric Scale	X	
Glucometer / Strips	x		Urine Test Strips	x	
Condom Dispenser	x		Oxygen Cylinder	x	

ACCOMMODATION

Accommodation is sometimes available – Doctors can share accommodation in a house on the hospital premises. This needs to be requested so that the necessary arrangements can be made. If there is no accommodation on site then you may look for accommodation to rent in the town of Estcourt . One option is to stay at Slievrye Game Farm which is 8km from Estcourt Hospital. To enquire about this furnished cottage phone Sarah Harding on 0721241197 or e-mail her on slievrye@hotmail.co.uk The address is Slievrye Game Farm, D416, Estcourt, 3310, Kwa-Zulu Natal. Sarah may know of other places to rent too. There are plenty of tourist destinations in the Drakensberg and foothills



Doctors Accommodation and Snow on the Drakensberg Mountains – 40 mins away

LOCAL ENVIRONMENT

The hospital serves mainly a urban population that consist of those that work in the town or on farms in the area or as migrant laborer. The main languages spoken are Zulu and English. Many patients rely on pensions or grants to sustain themselves.

HISTORY OF ESTCOURT HOSPITAL

A tented Military hospital roughly on the site of the present High School was erected in the late 1899 during the Anglo-Boer War and moved as the fighting moved. Dr's. Brewitt Senior and Junior conducted minor hospital services for some years with Grey's being the main place of referral. The Augustinian Order built a G.P. Hospital in 1922, which carried on (under the Province for it's last 4 years) until 1972.

With the great population explosion during the 1940's & 50's, the Province began to take responsibility for hospitalization in the area and in 1958 began what is now the North Wing of the Provincial Hospital. The initial Core Block was what is now the O.P.D., Duty Room, Minor O.T., etc and also what was until 1998, the Maternity Ward.

During the next 10 years, 4 Wards were built and an O.T. Block, a block which is now the Laboratory and a kitchen (later demolished) plus a linen room. During the early 1970's C.S.S.D., Pharmacy, extension to O.P.D., a waiting room, a large stores building, a new boiler house and the front office block were all erected by 1975.

At the same time the Province decided that the old "SAN" was too costly to maintain and tried as an experiment to build a semi-prefabricated "Private Wing". This is now the South Wing and the base for a Master Plan adopted in 1995 to redevelop for all patient care, the first steps of which have already begun by moving Maternity to it. Ward 6 was added in 1983 and not used until 1997 (in all 60 unused beds were built in 2 wards for which no funds were available to staff until the last 5 years).

Nurse's accommodation was in part appalling until a new Nurses Home was opened in the early 1990's. A P.H.C. clinic prefab was erected in 1981 and moved to a permanent site in 1999. During the period roughly 1980 to date, immense advances have been made mainly in a steady growth of fixed & mobile P.H.C. Clinics. The Hospital has become a more

rational base and when the Master Plan is completed, should be an excellent Community Hospital with facilities for future Specialist activity.

REFERENCES:

Discussions with Dr Madlala Medical Manager

Department of Health, Uthukela District Health Plan 2013/2014

KwaZulu-Natal Department of Health web site www.kznhealth.gov.za