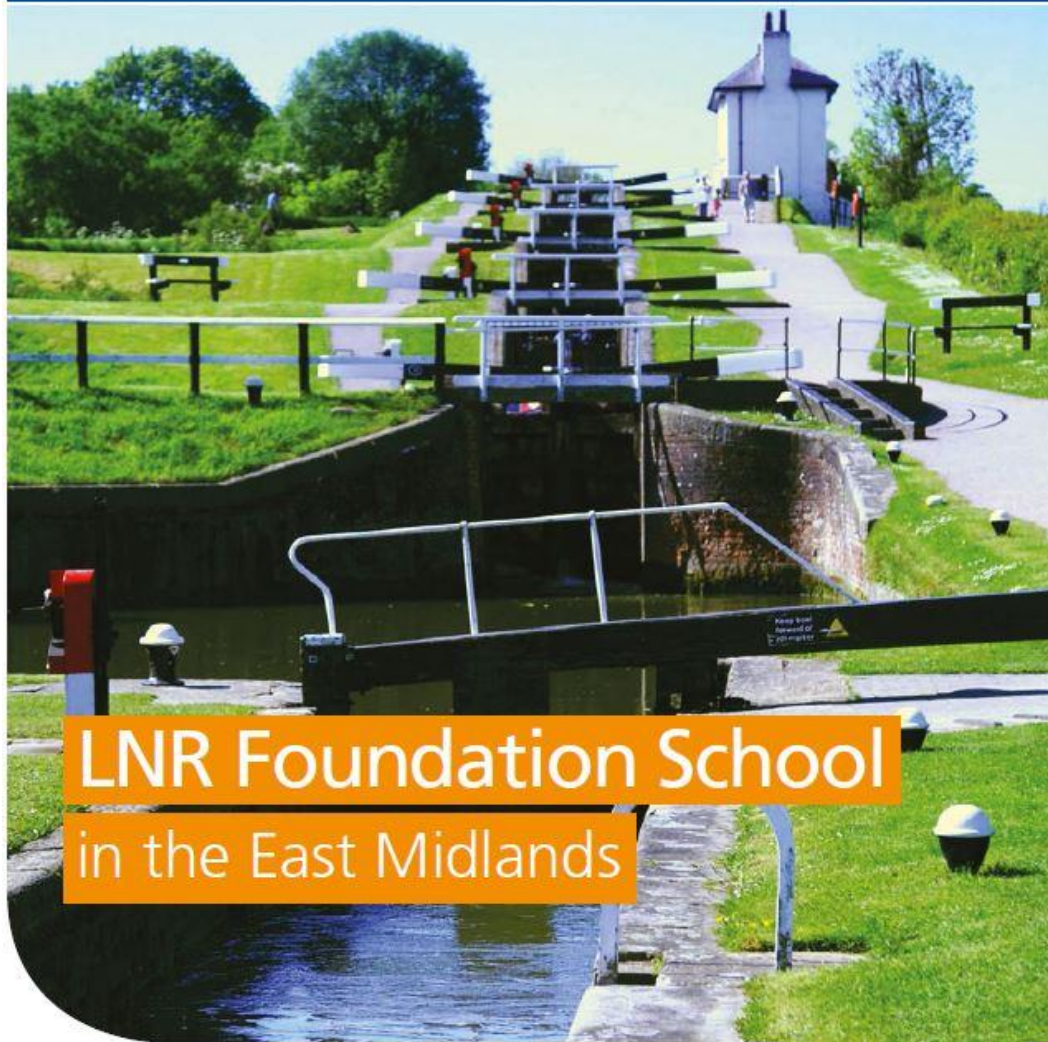


*Developing people
for health and healthcare*



LNR Foundation School in the East Midlands



THE NHS
CONSTITUTION
the NHS belongs to us all



Health Education England

Welcome

We are very pleased that you are considering embarking on your foundation training with the Leicestershire, Northamptonshire and Rutland (LNR) Foundation School.

We hope that our guide will help confirm your intentions or persuade you to make our foundation school the place in which you train and work. As well as introducing the foundation training programme to you it provides information on how we achieve the delivery of this training programme here in the LNR Foundation School.

The guide will also provide you with information about each of the acute hospitals where our trainees are based providing an introduction to the area, an overview of the hospital and feedback from current trainees about their experiences in these hospitals.

We hope that you will find the guide a useful resource and look forward to working with you in the future.

Dr Robert Powell

Director of Foundation Training
Health Education England,
in the East Midlands



Why choose LNR?

The Training Programme

Introduced in 2005 the foundation training programme is the entry route for postgraduate medical training in the UK. It is a two year generic training programme offering exposure in a variety of specialties and healthcare settings. The programme is designed to bridge the gap between undergraduate and specialty training. The first year (F1) builds upon the knowledge, skills and competences acquired during undergraduate training with a view to attaining full GMC registration, the learning outcomes are therefore based on the GMC's The New Doctor and Good Medical Practice.

During the second year (F2) the focus is on training in the assessment and management of the acutely ill patient. Successful completion of the two year programme will enable you to access specialty training in the UK.

The Region

LNR Foundation School covers the areas of Leicestershire, Northamptonshire and Rutland.

Our central location puts us in easy reach of all major UK cities. The area covered by LNR Foundation School is diverse consisting of industrial areas and beautiful rural landscapes which offer attractive leisure and recreation opportunities to suit all tastes.

Our Hospitals and Training Programmes

There are different acute hospital sites involved in the LNR Foundation Training Programme; these include a mixture of large and smaller hospital sites and a number of psychiatry bases.

Cross-trust rotations are the cornerstone of all of our training programmes; this means that you are likely to work and train in different hospital locations in your F1 and F2 year. We believe this, coupled with the challenges presented by the rural, suburban and urban communities that these hospitals serve, affords all our trainees an extensive range of learning opportunities.

Allocations

LNR Foundation School has always allocated a two year programme when recruiting to its training programme. We feel this is beneficial as you will have the reassurance of knowing all your rotations at the start of your training; which we feel will help you in developing appropriate and relevant learning objectives during your foundation training.

Once allocated to LNR Foundation School you are not required to attend an interview to determine allocation to an individual training programme. We will ask you to rank the two available groups (areas); Leicestershire/Kettering and Leicestershire/ Northamptonshire. The foundation school will then run an algorithm on the online recruitment system to match you to a group. This algorithm uses your total score to allocate you an area on the basis of your highest available preference. The algorithm works through applicants in score order. You will then be asked to rank the programmes available in order of your preference and the algorithm will be run to allocate you a programme using your total score again.

We recognise the value that you can gain by working in a specialty during foundation training that you may be considering as a potential career pathway. To support you in this the foundation school runs a swaps process for your F2 jobs; this offers those who wish to, the opportunity to change the order or content of their F2 rotations. This opportunity is available to all trainees and is arranged early in your F1 year.

Work-Life Balance

Health Education East Midlands has a number of policies in place to support work-life balance. Where a trainee has well founded personal reasons (i.e. caring commitments or an underlying health condition) they may wish to consider training at a less than full time level (LTFT). The foundation school will work with you and the employing NHS organisation to facilitate this. Other support mechanisms in place include our recently established network for parents with young children as well as on site child care facilities at many of the hospitals in the region.

Trainees may also defer their training for a twelve month period between F1 and F2; this is subject to approval by the Director of Foundation Training.

Supervision and Support

We value the importance doctors in training place on access to adequate supervision and support throughout their training; in the LNR Foundation School there are a wide variety of support mechanisms for you. A dedicated foundation team is based in each of the hospitals' Postgraduate Education Centres, these act as a source of pastoral support and guidance for all foundation trainees.

These teams are responsible for ensuring you are assigned a clinical supervisor for each four month placement as well as an educational supervisor to oversee your progression throughout your time at that specific hospital.

In addition to the hospital based foundation faculty the LNR Foundation School team are on hand to support you during your two years in the programme. Based at Health Education East Midlands' Ruddington offices the team includes the

Director of Foundation Training and Associate Foundation School Directors. Our trainees may also access the Training Support Service. To find out more about the work of the Training Support Service please visit their web pages at www.eastmidlandsdeanery.nhs.uk/page.php?id=899.

Generic Professional Skills Programme

The foundation programme is designed around a spiral curriculum to equip you as a new doctor with the knowledge, skills and attitudes you will need to deliver high quality care to all patients. We recognise that not all of the foundation competences you need to acquire can be gained in a workplace setting. To this end we have designed a generic professional skills programme to ensure that you can attain these competences.

The generic professional skills programme involves 2 skills days in F1 and 6 skills days in F2 and is a mixture of online, seminar based and taught courses. This programme is supported by regular bleep free teaching in both years of foundation training. These trust-based teaching programmes have been designed by the Foundation Programme Director at each hospital and are delivered by specialists in these hospitals.

Study leave allowance for F2s is used to fund the school's generic professional skills programme. This funds attendance at a variety of taught courses including a Simulation Training day in both the F1 and F2 year; and attendance at a Careers Workshop during F1 and attendance at an ALS course in F2.

Taster Days

We recognise that many of our trainees have some idea about the career paths they wish to follow early in their foundation training. We therefore make taster experiences available to you in your F1 as well as your F2 year. We advise that you use five taster days during the latter part of your F1 year and the other five days early in your F2 year prior to applying for specialty jobs.


A school wide database of taster days previously taken by our foundation trainees is currently in development.

Salary and Banding

The basic salary for an F1 doctor is set by the terms of the new junior doctor contract. Additional allowances may apply to some of your rotations; confirmation of any banding supplements will be communicated to you by your employing hospital in your contract of employment. Further information about pay supplements can be found at www.nhsemployers.org or www.bma.org.uk

Trainee Representation

LNR Foundation School is keen to engage our trainees to further develop our training programmes. We ask each of our partner hospitals to elect an F1 and F2 trainee to represent their peer group. From this pool of representatives we nominate two trainees to represent the foundation school nationally at the Foundation Doctors Advisory Board. There are further opportunities to become involved in the programme.



***“All our trainees have
an extensive range of
learning opportunities.”***

Academic Foundation Programme

The LNR Foundation School has a broad range of academic posts covering research and leadership programmes. In total, about 15% of all LNR F2 posts are embedded in one of the academic programmes providing a momentum of academic activity that also positively influences non-academic F2s in the region. There is well developed mentorship from senior academic staff including regular joint educational meetings for all academic junior doctors (Foundation, Clinical Fellows and Clinical Lecturers).

Details of each programme can be found on the Academic pages of the LNR Foundation School website, but in brief:

Research Themes (14 posts):

MEDICINE Leicester 2 posts

Academic studies (lead Prof I Squire with Dr A Stanley)
F2 Clinical Programme: Acute medicine (Leicester Royal Infirmary); Infectious Disease Unit (Leicester Royal Infirmary) and Coronary Care Unit (Glenfield Hospital)

GENERAL PRACTICE – Kettering 3 posts (lead Dr Fayyaz Hussein)

Academic Studies in community respiratory medicine (lead:)
F2 Clinical rotation: General Practice (TBC) and General / Emergency Medicine (Kettering General Hospital)

GENERAL PRACTICE – Leicester 3 posts (lead Prof K Khunti)

Academic Studies in community diabetes
F2 Clinical rotation: General Practice (Shepshed) and Internal Medicine / Diabetes / Endocrinology (Leicester Royal Infirmary)

PAEDIATRIC MEDICINE – Leicester 4 posts

Choice of academic studies in neonatal, community and childhood respiratory disease (lead Dr E Boyle)
F2 Clinical Programme: Community paediatrics and Children's Hospital: acute general and speciality (Leicester Royal Infirmary)

MEDICINE/ SURGERY / PATHOLOGY - Leicester 2 posts (lead Dr J Barratt)

F2 Clinical Programme: Urology; Renal medicine (Leicester General Hospital); Pathology (Leicester Royal Infirmary)

Leadership / Management Programme (10 posts):

LEICESTER – 8 posts

Work towards PG Certificate in Leadership / Management (currently under review) and opportunity for management project with one of several senior clinical managers (Dr A Stanley).
F2 Clinical Programme: Acute Medicine and a choice of either cardiology, respiratory, renal or critical care medicine (Leicester Royal Infirmary, Glenfield Hospital and Leicester General Hospital)

NORTHAMPTONSHIRE – 2 posts

Work towards PG Certificate in Leadership in Health and Social Care (currently under review) and opportunity for management project with a senior clinical manager (Lead: Dr B Richardson).
F2 Clinical Programme: Acute Medicine (Northampton General Hospital) and General Practice (Northamptonshire)

Kettering Programme

Kettering General Hospital is a medium-sized district general hospital which provides a wide range of services to about 300,000 people in North Northamptonshire.

The hospital has served its local community since 1897. It became an NHS Trust in 1994 and a Foundation Trust in November 2008.

The Trust's goal is to provide the highest standards of care for all of its patients and to fully support carers and visitors.

It has developed many state-of-the-art facilities run by highly qualified staff including:

- An £18m short-stay surgery Centre – The Treatment Centre – which enables the majority of operations to be done with stays of less than 48 hours
- A £4.7m Cardiac Centre providing heart-related treatments closer to people's homes
- A £30 million ward block called the Foundation Wing which provides additional Critical Care facilities and paediatric inpatient and outpatient accommodation.

Kettering General Hospital NHS Foundation Trust, Kettering, NN16 8UZ
Tel 01536 492000 Website: www.kgh.nhs.uk

Foundation Faculty Team

Foundation Programme Directors:

Ms Wendy Smith (F2) and Dr Kishor Patel (F1)

Medical Education Manager: Mrs Becky Diah

Foundation Programme Co-ordinator:

Sue Barrett

Foundation.co-ordinators@kgh.nhs.uk Tel:

01536 491184

Child Care Facilities: On-site nursery available

Parking: On-site secure parking available

Hospital Accommodation: Available on site

The Trust also has:

- 600 inpatient and day case beds
- A modern A&E department
- A large maternity wing
- 17 operating theatres
- An intensive care unit
- Skin care centre – the Jubilee Wing
- Cancer care wing – the Centenary Wing
- Special care baby unit
- Excellent diagnostic facilities e.g. CT and MRI scanners.

The Trust employs more than 3,200 staff and considers them its greatest asset.

As well as services based at the main Kettering site the Trust also runs a wide range of outpatient clinics in Corby, Wellingborough and Irthlingborough. The hospital has a large recently re-furbished Education Centre which includes a 120 seat Lecture Theatre, 8 Seminar Rooms, a very well equipped Clinical Skills Laboratory and well stocked library.

Kettering is centrally located – London is less than 1 hour by rail and Kettering to Paris via Eurostar is 3 hours. By road, Kettering is situated on the A14/A6/A43 providing easy links to the M1, M6, A1 and M11. It is within easy reach of 5 international airports and 75% of the country can be reached within 2 hours.

The area offers everything from traditional market towns to charming villages and picturesque countryside. A wide range of sporting facilities are available.



Leicestershire Partnership Programme

Leicestershire Partnership Trust provides mental health, learning disability and community health services to 1 million people across Leicestershire and Rutland.

We offer foundation programme posts in both general adult, drug and alcohol and old-age psychiatry. We ensure that our foundation doctors are placed with friendly, supportive consultants. Many of our foundation doctors are inspired to go on to a career in psychiatry, which reflects the quality of the training that we provide.

Rotations are based in the following sites

Evington Centre – Leicester General Hospital
Bennion Centre – Glenfield Hospital
Bradgate Unit – Glenfield Hospital

What our Trainees say

"My first F1 job was in psychiatry at the Bradgate Mental Health Unit, with the LPT. I was unsure what to expect initially, since I

was working in a specialty and a trust, which was different to the ones that my other F1 colleagues with surgical and medical jobs had. However, I soon found out that there was a lot of support available on matters ranging from education and clinical skills, to queries regarding pay and banding. The fact that most mental health units are located on main hospital sites meant that I had access to the same facilities as other F1s working at those hospitals, in addition to the ones provided for LPT employees.

There were weekly journal clubs and lunchtime meetings which I found to be very good opportunities for everyone to discuss difficult cases and get the opinion of 5-6 consultants in the same room – something that does not frequently happen in medicine! Apart from regular supervision sessions with my clinical supervisor, I also attended the mandatory weekly F1 teaching at the Glenfield Hospital. This was my opportunity to refresh my medical and surgical knowledge, and interact with other F1s working at the hospital.

The job itself was well laid out, and I found my supervisor and Foundation Training Programme Director (FTPD) to be very easily approachable and helpful. There were plenty of opportunities to learn on the job and get feedback about my performance at the same time. The work was well-paced to my level of training, and looking back I realise that despite working in a dynamic setting with difficult service-users, there was a lot of emphasis placed on the health and safety of staff.

Working as an F1 in psychiatry, I feel that I have picked up valuable skills such as risk assessment or basic knowledge about alcohol overuse which will come in handy in any ward or acute setting".

Afrin Haque

F1 Trainee

Bradgate Unit (Sheffield Graduate)

Leicestershire Partnership NHS Trust
Freepost, RSUL-LSXC-AGJU, Leicestershire Partnership NHS Trust, Lakeside House, 4 Smith Way, Grove Park, Enderby, Leicester LE19 1SS
Tel: 0116 2256000
Website: www.leicspart.nhs.uk
Foundation Faculty Team
Foundation Programme Director: Dr Mark McConnochie
(mark.mcconnochie@leicspart.nhs.uk)
Foundation Programme Co-ordinator(s): as for UHL Medical HR: Ashley Jackson
Tel: (0116) 295 4092
(ashley.jackson@leicspart.nhs.uk)
Child Care Facilities: None available.
Parking: Parking for foundation doctors is available at all our sites.
Hospital Accommodation: See UHL Programme
Transport: A regular "Hospital Hopper" bus connects Leicester train station to the Glenfield and Leicester General Hospital sites, where our inpatient units are situated. (Journey time 10-20 mins; free to staff).

Northampton Programme

The original hospital was established in 1743 and the current site houses a busy District General Hospital with approximately 600 beds.

We are also a Regional Cancer Centre offering cancer services to the whole of Northamptonshire and north of

Buckinghamshire. We provide all major medical and surgical services on-site and provide the countywide Stroke Service, Renal Dialysis Unit and Vascular Surgery Service. We have provision of interventional cardiology in a purpose built Cardiac Centre.

Northampton prides itself on the friendly easy accessibility of the Consultant body. We are recognised as a good teaching centre for undergraduate medical students and the hospital provides a huge wealth of experience for junior doctors of all grades. The high number of academic trainees working in Northampton promotes an atmosphere of learning and achievement, which benefits the hospital and all trainees.

Northampton General Hospital NHS Trust
Cliftonville, Northampton, NN1 5BD Tel: 01604 634700

Website: www.northamptongeneral.nhs.uk
Foundation Faculty Team Foundation
Programme Director: Dr Brian D Richardson
Medical Education Manager: Lyn Holmes
Foundation Programme Coordinator: Tanya Radomilovic (tanya.radomilovic@ngh.nhs.uk)
Tel: 01604 545448

Child Care Facilities: On-site private nursery available.

Parking: On-site parking available.
Hospital Accommodation: Contact
Accommodation Officer at (Tel: 01604 545455)
for availability.

Transport: Northampton station is approximately 1.5 miles from the hospital providing frequent services to London taking approximately 1 hour. The hospital is within walking distance of the bus station with buses going to Milton Keynes, Bedford, Peterborough, Leicester, Rugby and Oxford.

Why Northampton?

Northamptonshire is known as the county of Squires and Spires and the county town of Northampton has held a position of importance since the Norman Conquest of 1066. Home to the Northampton Saints Rugby Club and perhaps a currently less successful Cobblers Football Team Northampton is well served with two multiplex cinemas, two theatres and a plethora of eating houses and watering holes. Set in the heart of the country, the county is scattered with historic buildings and sites of interest.

Northampton itself is situated very close to the M1 with easy access to the M6 providing an easy commute to all major centres in the East and West Midlands as well as London and the M25. Northampton is served very well by rail services to London.

What our Trainees say

"I came to LNR Foundation School due to the wide range of jobs available. Working at Northampton General has been a great learning experience for me. Juniors have ample learning opportunities with good senior support. As an F1 I am very much encouraged to be at the forefront of patient management. The supportive staff over here have enhanced my learning experience as a doctor. I would thoroughly recommend Northampton General as a great place for Foundation Training and beyond".

Dr Andrew Swampillai

F1

Map of the Region



University Hospitals of Leicester Programme

Leicester is a thriving multicultural and harmonious city that has recently benefitted from that has given Leicester the award winning Curve Theatre and the Highcross shopping Centre. Also, the discovery of Richard III and his reinterment at Leicester Cathedral has also attracted a great deal of interest. Leicester is surrounded by beautiful countryside with Rutland and Rutland Water easily accessible and excellent road and rail links.

There is plentiful good quality accommodation in the city for junior doctors and their families and two Universities with leading departments in law and space science amongst many. We are one of the biggest and busiest NHS trusts in the country, incorporating the Leicester General, Glenfield and Royal Infirmary hospitals. We have our very own Children's Hospital and run one of the country's leading heart centres.

Our team is made up of more than 10,000 staff providing a range of services primarily for the one million residents of Leicester, Leicestershire and Rutland. Our nationally and internationally-renowned specialist treatment and services in cardio-respiratory diseases, cancer and renal disorders reach a further two to three million patients from the rest of the country.

We work with partners at the University of Leicester and De Montfort University providing world-class teaching to nurture and develop the next generation of doctors, nurses and other healthcare professionals, many of whom go on to spend their working lives with us.

We pride ourselves on being at the forefront of many research programmes and new surgical procedures, in areas such as diabetes, genetics, cancer and cardiorespiratory diseases.

Our heart centre at the Glenfield Hospital continues to lead the way in developing new and innovative research and techniques, such as surgery with a Robotic Arm, TAVI (Trans-Catheter Aortic Valve Insertion) and the use of the suture less valve in heart surgery.

We also have one of the best vascular services nationally, with more patients surviving longer following an aneurysm repair. We are proud to have some of the lowest rates of hospital acquired infections, such as C.Difficile and MRSA, in the country; we have very good hospital standardised mortality rates, which is a good indicator of overall clinical quality. Our purpose is to provide 'Caring at its best' and our staff have helped us create a set of values that embody who we are and what we are here to do. They are:

- We focus on what matters most
- We treat others how we would like to be treated
- We are passionate and creative in our work
- We do what we say we are going to do
- We are one team and we are best when we work together

Our patients are at the heart of all we do and we believe that 'Caring at its Best' is not just about the treatments and services we provide, but about giving our patients the best possible experience. That's why we are proud to be part of the NHS and we are proud to be Leicester's Hospitals.

Glenfield Hospital

Groby Road, Leicester, LE3 9QP

Tel: 0300 303 1573

Website: www.leicestershospitals.nhs.uk/aboutus/ourhospitals/glenfield-hospital

Leicester General Hospital

Gwendolen Road, Leicester, LE5 4PW

Tel: 0300 303 1573

Website: www.leicestershospitals.nhs.uk/aboutus/ourhospitals/leicester-general-hospital

Leicester Royal Infirmary

Infirmary Square, Leicester, LE1 5WW

Tel: 0300 303 1573

Website: www.leicestershospitals.nhs.uk/aboutus/ourhospitals/leicester-royal-infirmary

Child Care Facilities: None Available
Parking Facilities: On-site parking
Hospital Accommodation: Available across all 3 sites
Transport: A regular "Hospital Hopper" bus connects Leicester train station to the Glenfield, Leicester General Hospital and Leicester Royal Infirmary sites, where our inpatient units are situated. (Journey time 10-20 mins; free to staff).

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Tina Craig (ALS & CRIMP courses)

Clinical Skills Unit Administration Manager, Leicester Royal Infirmary

Tel: (0116) 258 6123

tina.craig@uhl-tr.nhs.uk

Trainee Testimonials

"Overall I have enjoyed my first foundation year in Leicester where I have gained greater confidence in managing acute surgical and emergencies. I've especially enjoyed my urology rotation, where in addition to my scheduled on calls I had the opportunities to attend theatre and clinics to gain greater insight into the specialty. The unit's team was always very supportive and approachable and the junior doctors would arrange monthly social events to relax and unwind! If you can find a job you enjoy then you never feel like you're going to work! "

Dr C Luo
F2

"I chose to do my F1 in Leicester as the staff here have an excellent reputation for being friendly and approachable. I certainly haven't been disappointed! Each F1 is allocated an educational and clinical supervisor who monitors your progress throughout the year. Alongside these supervisors there is a whole network of people that you can go to for support and advice. Here at the Leicester General Hospital we have a specialist Hepatobiliary Surgery centre, which gives you an opportunity to see lots of interesting patients and allows an insight into cutting edge medicine. Although often challenging, it is undoubtedly very exciting, working in such a dynamic and busy unit. Leicester also has an ethnically very diverse population, which makes an interesting patient population, with a high prevalence of diseases like TB. We have weekly F1 teaching sessions which often cover topics

relating to personal, professional and career development issues. There is an immense amount of support and resources available to help F1 and F2 doctors plan their future careers. There are also lots of get togethers and socials for F1s and there is always a great range of restaurants/cafes and bars to choose from. I am really enjoying my F1 year here and would recommend Leicester to all applicants."

Javeria Peracha
F1

"I have enjoyed my time here, one of the most valuable experiences was working with different healthcare professionals (i.e. dieticians, physiotherapists, pharmacists) and getting to learn lots from them. I have had the opportunity to see critical patients and the opportunity to learn how to manage acute situations."

F1

"In my last post the whole team were fantastic. Very encouraging and provided feedback. Allowed to go to theatre and assist. If show interest, allowed to do extra things. Developed clinical skills, speculums etc. Was allowed to attend education for Specialty Trainees which helped me clinically but also gave me career advice. It demonstrated to me how working well in a team is very effective and produces a pleasant working environment."

F1



"I've just finished my first block as an Orthopaedic F1 at Kettering General Hospital. Most of all I've enjoyed finally being an integral part of the team, looking after my team's patients and occasionally helping in theatre.

Having moved from Glasgow down to Kettering I knew very little about the area, however now am settled just 4 months into my programme with lots of new friends.

I moved to the area for the academic leadership programme and despite this not starting till next year I have already had lots of opportunities for teaching, audit and presentations which are available for all F1s.

Starting in a friendly district general working 9-5 (some of the time!) has been a brilliant start to my medical career. Having a bit more spare time has allowed me to keep up with academic and career

commitments but also to keep up with sport and socialising. The training and induction programmes have been great - the Preparation for Professional Practice block made my start trouble free as I already knew the wards, staff and patients before I started. I have been well supported and despite having been worried about my first block in orthopaedics I have thoroughly enjoyed it and now do not want to change!

It's a great area - being close to the countryside, only a short train ride to London, and with excellent local facilities and I would recommend it to anyone - I never expected to enjoy my first job this much!"

Dr. Sam Brookfield F1

Academic Foundation Programme (Leadership)
Kettering General Hospital – Orthopaedics



Post Foundation Training in the East Midlands

What is a Specialty School?

Regional Specialty Schools have been created to deliver postgraduate medical training; they oversee the training for various specialties following on from your foundation training. Whilst your foundation training is designed to give you a broad educational experience over a number of different specialties; specialty training is designed to train you in your chosen career choice. Here in the East Midlands there are 11 specialty schools, and one associate school in Oncology.

Each of the specialty schools in the East Midlands is led by a dedicated head of school supported by a team of training programme directors.

Videocasts

The LNR Foundation School has developed a series of videocasts to provide trainees with an insight into a variety of medical careers and to help you make an informed choice. Each videocast explores a different specialty through the eyes of a consultant; discussing their motivations and the day to day working life of their chosen specialty career. These videocasts are available to view at: <http://www.eastmidlandsdeanery.nhs.uk/page.php?id=1248>.

Academic Opportunities during Specialty Training

Academic Clinical Fellow posts have been designed for doctors who wish to pursue a career in academia; these posts represent an early substantive phase of integrated academic and clinical training. Within the programme fellows should develop skills allowing them to compete successfully for funding to study for a higher degree (MD or PhD).

Further Information

You will find further information about specialty training here in the East Midlands at www.eastmidlandsdeanery.nhs.uk. In addition you will find the Specialty Training HEE website a useful resource for specialty training www.specialitytraining.hee.nhs.uk.

East Midlands Specialty Schools

- Anaesthetics
- Paediatrics
- Emergency Medicine
- Psychiatry
- Pathology
- Public Health
- Medicine
- Radiology
- Obstetrics and Gynaecology
- Surgery
- Clinical Academic

Get in touch

Contact Details

If you'd like to find out more about foundation training here in LNR or have a burning question that you want to ask the foundation school team get in touch by phone, email or in writing.

Telephone:

0115 8233388

Email:

HEEM.medicalrecruitment@nhs.net

Post:

LNR Foundation Recruitment
1 Mere Way
Ruddington Fields Business Park
Ruddington
Nottingham NG11 6JS

Websites and Resources

LNR Foundation School:

www.eastmidlandsdeanery.nhs.uk/
LNR Foundation School Guide for Trainees

UK Foundation Programme Office:

www.foundationprogramme.nhs.uk

- Foundation Programme Curriculum 2016
- Rough Guide to the Foundation Programme
- Rough Guide to the Academic Foundation Programme
- Academic Compendium

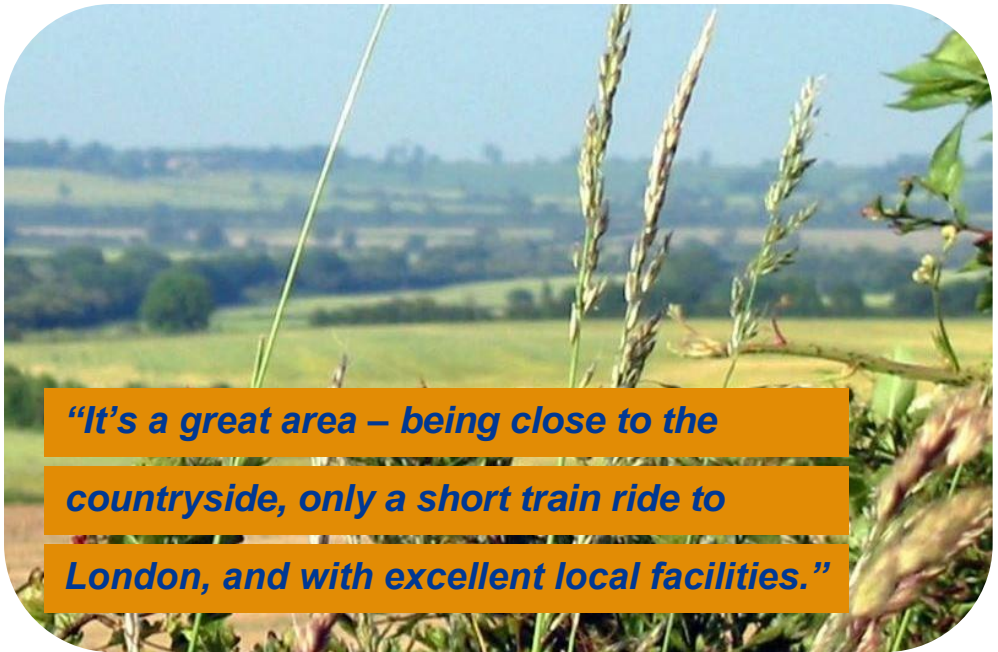
NHS Medical Careers:

www.medicalcareers.nhs.uk

General Medical Council:

www.gmc-uk.org

- Good Medical Practice 2013
- Outcomes for Provisionally Registered Doctors



“It’s a great area – being close to the countryside, only a short train ride to London, and with excellent local facilities.”

Health Education England, East Midlands Team

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www.eastmidlandsdeanery.nhs.uk

Acknowledgments

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