

UHL, LNR and Trent Foundation Schools

Surgical Skills Teaching for Foundation Trainees

Leicester General Hospital Education Centre

- 08:30 Registration and breakfast
- 09:00 Introduction
- 09:15 General principles, gowning and instruments
- 10:00 Knot tying
- 11:00 COFFEE**
- 11:15 Suturing principles & materials
- 12:00 Methods of suturing 1
- 13:00 LUNCH**
- 13:45 Methods of suturing 2
- 14:45 Laparoscopic skills
- 15:45 COFFEE**
- 16:00 How to become a surgeon
- 16:20 Tips for Core Training
- 16:40 Summary and Close