

List of Useful Resources

Health Careers website <https://www.healthcareers.nhs.uk/>

The Health Careers website contains a wealth of resources specific for medics on career planning. It provides information on more than 350 roles in health, video and written case studies, as well as a comprehensive course finder which lists more than 1000 courses leading to or furthering a career in health. If you register you can also get access to interactive tools to help you assess your wants and needs in a careers context, and advice on how to apply the results to your career plans. Although very helpful for those who are planning their first career moves, the tools and advice available can be useful for health professionals throughout their career as they decide how and when to progress.

Specialty Training Website <https://www.specialtytraining.hee.nhs.uk/>

This website aims to support doctors and dentists in applying for specialty training posts in the NHS within the United Kingdom, and to provide information on changes to the recruitment and training process. It includes detailed guidance on how to apply, competition ratios and specialty person specifications.

Oriel <https://www.oriel.nhs.uk/>

This is the main portal by which doctors and Public Health applicants (as well as dentists and health care scientists) will apply into specialty training posts. Different organisations lead the recruitment for different specialties, these organisations are all listed on the Oriel website:

<https://www.oriel.nhs.uk/Web/RecruitmentLead>

Health Education England (East Midlands) & Foundation School E-modules

<http://www.vle.eastmidlandsdeanery.nhs.uk/course/view.php?id=1032>.

'The Essential Guide to Applications and Interviews' 2016-17. This is available FREE to anyone with a valid East Midlands Virtual Learning Environment (VLE) login. Contents include: career planning essentials, CVs, applications and portfolios, application process and timeline, competition ratios and simulated practice videos. Users need a Moodle account to access the modules:

HEEM.Moodle@nhs.net.

East Midlands Careers <https://www.eastmidlandsdeanery.nhs.uk/>

Click on 'Careers' – this includes sections for medical students, foundation trainees, specialty trainees and trainers.