



HEE East Midlands Primary Care Newsletter

December 2017

Welcome to the latest edition of our Newsletter. Contents including many topical items, including EMOS, Trainers' Courses, Improving the Working Environment, Resources from the Lead Employer and other items of interest, future events, etc. If you are aware of anything else which you would like to see in future editions, please let us know.

Nigel Scarborough nigel.scarborough@hee.nhs.uk

Head of School of Primary Care

EMOS - End of Placement Trainee Feedback

As part of the continuing quality assurance of GP Training, we gather and analyse feedback from every GP Registrar at the end of each training placement. We can then use this to thank those who are providing good training, and improve those placements which could be better. Even if you are very happy with the placement you are just finishing please say so! We do value your feedback and it is a GMC requirement that you provide this so that the quality of medical training can be maintained and improved. ARCP panels do look to see that trainees have submitted feedback – you can evidence this by noting in your learning log the date feedback was submitted.

If you are rotating to another placement or competing your final year, then please submit end of placement feedback to us by **10th December 2017**.

IF YOU ARE STAYING WITH THE SAME GP PRACTICE OR THE SAME HOSPITAL DEPARTMENT AFTER THE DECEMBER CHANGEOVER, PLEASE IGNORE THIS MESSAGE AS YOU WILL NOT BE REQUIRED TO FILL OUT THE SURVEY THIS TIME.

Here's what you need to do:

- If you are just completing a Hospital placement: [click here](#)
- If you are an ST3 trainee at the end of training or rotating out of the current Practice: [click here](#)
- If you are just completing a GP Practice placement: [click here](#)

The survey should take approximately 15-20 minutes to complete, but you can save and return to it later if interrupted and the survey can be completed on smart phones and tablets.

Thank you!

New Trainers Course/Postgraduate Certificate in Medical Education

We still need new educational supervisors and are now recruiting for next year. The next course starts on 18TH January 2018, and we are encouraging those interested to submit their applications **NOW!**

For details please look at <https://www.eastmidlandsdeanery.nhs.uk/page.php?id=792>

Applicants do need a discussion with one of the tutors before submitting their application, so please look at the webpage and tutor contact details are displayed there. If you have already talked with a tutor and have yet to submit your application form, please send it to Tony Elliott, Faculty Support Team, Health Education England, Westbridge Place, 1 Westbridge Close, Leicester, LE3 5DR. If you have recently submitted your form but haven't had confirmation of your place yet, please email Tony at Anthony.Elliott@hee.nhs.uk.

We need to finalise numbers soon so please don't delay if you are interested in starting the course in January!

PSU Courses for Supervisors

January 9th: A Coaching Approach to Trainee Supervision - QMC

January 23rd: Courageous Conversations- King's Mill Hospital

Please note that both courses are half days, so supervisors should only book an AM or PM slot. For more information about each course and to book please go to Course Manager:

<https://secure.intrepidonline.co.uk/CourseManager/EMD>

To find out further information about course availability and locations, please contact psu.em@hee.nhs.uk or check our website:

<https://www.eastmidlandsdeanery.nhs.uk/page.php?id=899>

Congratulations!

Well done to Mitesh Patel, one of our GP Academic Clinical Fellows for being awarded the UKDCTN GP Fellowship, which is a single award available to both GPST's and GPs who have an interest in academic dermatology. The aim of the award is developing skills in critical appraisal and clinical trials through a paid evidence based dermatology course, joining the steering committee and attending network meetings. The award requires 18 days of commitment over either 2 or 3 years.

For more information please see - <http://www.ukdctn.org/documents/uk-dctn-gp-fellowship-award-2017-final-version.pdf>

Lead Employer (STHK) Information

STHK are continuing to develop the information available for trainees, practices and educators. These include a video for trainees, available at <http://leighabbott.co.uk/HR/Induction.mp4> (this does take a while to download so carry on reading!), a guide for GP practice managers,

available at <https://www.eastmidlandsdeanery.nhs.uk/page.php?id=1822>, and their website <http://www.sthk.nhs.uk/workwithus/lead-employer-service> containing key information such as Policies/Forms and key contacts.

Appraisal Reminder for GP ST3s and their Supervisors

Please remember that the final ST3 ESR PDP becomes the PDP for the time from gaining CCT until the first post- CCT NHS Appraisal. This should include at least 3 items arranged in a SMART manner.

Unfortunately, the RCGP Trainee e-portfolio does not link with Clarity, GP Tools or any other appraisal toolkit. It may therefore be necessary to print this off the final Trainee PDP or copy it into a Word document, so that it can then be copied it into the preferred appraisal toolkit Agreed PDP. This should avoid appraisers having a problem signing off the first appraisal because of a lack of a PDP.

For more information about Revalidation and Appraisal for GPs please see <http://www.rcgp.org.uk/learning/revalidation.aspx>

More News for ST3s - Change of status (GP registrar to qualified GP)

Please see the information to newly qualified GPs now on the PCSE website link below. This is to overcome some of the administrative issues which have previously arisen at the time of this transition.

<https://pcse.england.nhs.uk/services/performers-lists/change-of-status-gp-registrar-to-qualified-gp/>

LTFT training package

HEE e-Learning for Healthcare (HEE e-LfH) has developed an e-learning session for Educational Supervisors of less than full time (LTFT) trainee doctors. It last for about 20 -25 minutes and aims to equip healthcare professionals with the knowledge and skills to effectively supervise a LTFT trainee and raise awareness of the supervisors' responsibilities.

To access this new package for educators involved with LTFT trainees please click [HERE](#)

For information about LTFT GP training locally please click [HERE](#) . HEE EM offers LTFT training at 50% of full time in general practice placements at ST1 and ST2 and 60% at ST3, unless there are exceptional circumstances. For hospital posts it is usually on a 50% slot-share basis.

Clinical Skills Assessment - the CSA

For information about the CSA, including how to book your exam please click [HERE](#) . We would strongly advise all current ST2s and ST3s to start having discussions with their educators about when might be the best time in ST3 to take the CSA, if this hasn't happened already.

In preparation for this we are again running our local popular course - **CSA Saturdays**. This is not a 'cramming' day, but a chance to learn about what the CSA is about and how to prepare for

it effectively, so please don't leave booking your CSA Saturday until just before your CSA date. There is an interactive presentation about the exam, how it is structured and what examiners are looking for. All participants also consult with several simulated patients and have feedback from a CSA assessor or other experienced educator.

Our next CSA Saturdays with vacancies are on the 16th December and 6th January, both at HEE EM Leicester office, Westbridge Place (Land Registry building). Please book via the link below as soon as possible, as spaces are limited

<https://secure.intrepidonline.co.uk/CourseManager/EMD/> . If you have any queries about these days please contact Tony Elliott Anthony.Elliott@hee.nhs.uk

Leadership and Management Programme

This programme has now been running for several years and is proving very popular with participants from all specialities. It is recommended that GP trainees use two days of their study leave each year to attend these sessions, so that they at least complete the 6 days of Tier 1 of the programme during their training. The programme isn't mandatory but is a very good way of providing evidence for the RCGP competency Organisation, Management and Leadership, as well as some of the other competencies such as working with colleagues and teams.

For details including booking instructions please see <https://www.hee.nhs.uk/hee-your-area/east-midlands/our-work/attracting-developing-our-workforce/leadership-management-programme>

Please do book in advance and do not expect to be able to just turn up, as this interferes with the arrangements for room size, catering, etc. Also, if you book and are then unable to attend, please do cancel using the online system.

RCGP Essential Knowledge Updates & Challenges

Keep up-to-date with the brand new **Essential Knowledge Update 2017.3**. The latest edition to the ECU Programme, **EKU2017.3** has just been launched and provides a summary of important new and changing knowledge on a variety of primary care topics encountered by general practitioners including: chronic obstructive pulmonary disease, prescription and monitoring of non-biologic disease-modifying anti-rheumatic drugs, care of patients with actinic keratosis and management of contact dermatitis.

Preparing for AKT? Keep up-to-date with the latest changes in primary care, test your existing knowledge and highlight your learning needs with the ECU Programme. Offering **Updates, Challenges, Podcasts** and **Screencasts** as well as monthly **Hot Topics** and **Journal Watch** bulletins, the ECU Programme provides a wealth of resources that are easily accessible whether you are in practice, at home or on the go and are **FREE** to RCGP members and AITs.

Essential Knowledge Challenge 2017.3 has just been launched so why not give it a go?

To access or to learn more about the ECU Programme and Challenges please visit the RCGP Online Learning Environment: <http://elearning.rcgp.org.uk/>

Personalised care animation for GPs and patients

Self-care and social prescribing are two of the 10 High Impact Actions which will release capacity within general practice. [A Personalised Care Approach for People with Long Term Conditions: a Changing GP Approach](#) is a new animation from NHS England that shows how supporting someone to develop confidence in self-management and linking them into community activities, can improve wellbeing both for patient and GP.

Improving the Working Environment for Junior Doctors

NHS Improvement (NHSI) have produced the following document containing practical suggestions on how to make trainees lives better. It was work partly developed by the HEE fellows working with fellows in NHSI - <https://improvement.nhs.uk/resources/eight-high-impact-actions-to-improve-the-working-environment-for-junior-doctors/>

This document does talk mainly about the working environment in secondary care. If practices or trainees have experience of applying these ideas to improve the primary care working environment, please share them with us (email nigel.scarborough@hee.nhs.uk) so that we could feature them in a future edition of this newsletter.

RCGP GP Clinical Advisers Programme

The Clinical Advisers Programme within the Clinical Innovation and Research Centre (CIRC) of the College allows GPs with particular expertise or interest to work with the College to influence outcomes of clinical guidelines and projects through participation in a variety of initiatives.

There are 56 different clinical areas within the Clinical Advisers Programme. Examples of areas covered, include: Alcohol/Substance Misuse, Cardiovascular, Genetics, Obesity, Renal Medicine, and Women's Health.

Full details on the programme can be found at <http://www.rcgp.org.uk/clinical-and-research/our-programmes/clinical-advisers.aspx>

For further information please contact clinicaladvisers@rcgp.org.uk

Thanks again for reading this newsletter. We hope that you find this information useful. Don't forget to send any ideas for future editions of the newsletter to me at nigel.scarborough@hee.nhs.uk.

Finally, can we wish you all a Happy Christmas and a Prosperous New Year!

