

HEE East Midlands



Primary Care Newsletter

February 2021

Welcome to the East Midlands

On behalf of Joint Heads of School:

I just wanted to make you aware of the new RCA Saturdays that we will be running up to March 2021.

Each RCA Saturday session will consist of a 2-hour small group training session (4 trainees per group) with an experienced RCA examiner carried out over Microsoft Teams. Trainees will be asked to bring a recorded patient consultation (audio or video) which they are able to be able to share and discuss in the small group. Prior to each session, trainees will be sent a presentation giving an overview of the RCA and there will be an opportunity for Q&A during the training.

We recommend that trainees book the RCA Saturday session 2-3 months before they plan to sit the RCA to give them a chance to respond to any feedback received. We have written out to all ST3 trainees this week but would also ask that you encourage your trainees to book a place.

If any trainees have not received the invite email for any reason, they can book a place by contacting Jamie.Whittle@hee.nhs.uk

If you have any further questions about the RCA Saturdays, please get in touch.

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Primary Care School APD
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Supported Return to Training (SuppoRTT)

Dr Tania Whala and Dr Caroline Powell working as GP Support Champions

We wanted to reach out to Trainers regarding information about the supported return to training programme.

Supported Return to Training (SuppoRTT) is a programme which is aimed at providing support and resources to trainees returning to practice after a break.

This also provides support to trainers when it is required.

Trainees take time out of training for various reasons but most commonly due to parental leave. SuppoRTT helps these trainees return to practice so they are confident about their skills and comfortable in the role they are undertaking.

On average SuppoRTT has spent £2394 for each returning trainee in the last year. At present trainees who are shielding can also access SuppoRTT.

If you have a trainee returning to practice, SuppoRTT can help both the trainees and their trainers.

This involves free coaching/counselling, free exam/study support as well as referral to occupational health if required.

SuppoRTT can also provide funding for childcare and travel costs for KIT days, external courses and SuppoRTT courses.

There is a new remote consultation course which is being piloted in March for GP trainees.

From the **trainers' perspective**, it gives you support and signposts you to resources that can help your trainee's return. It also provides training opportunities for trainers including courses like neurodiversity training, introduction to coaching, coaching trainees to succeed, courageous conversations, well-being courses etc.

SuppoRTT requires forms that need to be filled in before, during and after the trainees' return to practice. These simple forms can also guide what can be discussed with the trainees to help them understand their needs.

The relevant forms are available on [Supported Return to Training \(SuppoRTT\)](#)

If you need any further information or support, you can contact the GP SuppoRTT champions - Dr Caroline Powell carolinepowell@nhs.net or Dr Tania Whala tania.jawaid@nhs.net

or you can email the SuppoRTT team SuppoRTT.em@hee.nhs.uk for further advice.

The RCGP Vale of Trent Faculty is pleased to present

Genetics to Genomics in General Practice: something new, something old

Wednesday 24th February 2021 from 18:30-20:00

Join the Vale of Trent Faculty and Professor Nadeem Qureshi MBBS MRCGP MSc, for this GP focused event on Genetics, Genomics and General Practice.

We are thrilled to be joined by Professor Nadeem Qureshi, a Clinical Professor at the University of Nottingham whose research focuses on translating genomic medicine into non-specialist healthcare settings.

Professor Qureshi has a varied and impressive academic and clinical background. He is currently a member of the General Practice Genomics Board and Ethics Advisory Committee of Genomics England. He has been a primary care representative on the English NICE guideline development groups for Familial Hypercholesterolaemia, Lipid modification and Familial Breast Cancer (BRCA).

He will be using clinical scenarios to review and update on these commonly encountered genetic topics (BRCA and Hyperlipidaemia) in general practice. As well as exploring some of the newer challenges faced by GPs such as direct to consumer genetic testing. There will also be an opportunity to put questions to the speaker.

So, whether you need a refresher of General Practice Genetics, or interested in the future of genomic healthcare, join us for what promises to be an informative and insightful evening.

Hosted via ZOOM and Free to attend see the full agenda and [Register here](#)

Calling all newly qualified GPs and Nurses (since August 2019)

The long awaited **New to Practice Fellowship** is arriving across the East Midlands from February 2021

What is a New to Practice Fellowship?

- National NHS England scheme for GPs within two years of CCT/qualifying.
- Available to all GPs in a salaried post or partnership position
- New Funding for support and networking; learning and development; portfolio working and CPD, paid into your practice and reimbursed monthly (pro-rata rate) You could use the time to develop a portfolio career with primary care networks, or become a GP or nurse supervisor developing your skills as an educator!
- You will get time to interact with others in the fellowship
- Offer of local support and education programme to ease your path from training into independent practice
- Builds peer support and connections with local networks
- Coaching and mentoring opportunities personally

- Chance to learn new skills in important areas such as quality improvement, practice management, remote working
- Not only that, but you will receive financial reimbursement to enable you to have time to make the most of these opportunities!

Please see the [Operational Guidance 2020/21](#)

How does it differ from the existing schemes?

Several areas already have an equivalent New to Practice Scheme that has been running successfully since August 2019, or before, where induction materials, peer support and mentoring are on offer as well as monthly CPD sessions covering topics such as appraisal, portfolio working, time management, dealing with complaints, finances and remote working.

Now that there is **recurrent and national funding** areas will build on existing good practice to further develop opportunities.

How do I join the New to Practice Fellowship?

Those already on the NTP schemes should be contacted and advised how to transfer to the New to Practice Fellowship funded scheme. If are not already registered with your area and would like to join the fellowship programme, email:

Nottinghamshire (Gemma Wilkinson) info@phoenixprogramme.co.uk

Derbyshire GP Taskforce ddlmc.gptf@nhs.net and gail.walton@nhs.net

Lincolnshire Training Hub m.ahmed27@nhs.net Mohammed Ahmed

Leicestershire Training Hub Ruth.Waddington@charnwoodgpnetwork.nhs.uk or llrtraininghub@charnwoodgpnetwork.nhs.uk

Northamptonshire Training Hub Estefania.Costa@nhft.nhs.uk

[Watch to learn more about New to Practice from Susie Bayley and Gail Walton](#)

For Practice Managers reading this, why not use this to help recruit newly qualified GPs as part of their job offer?

Trainee News

AKT Saturdays continue to be very popular.

Further dates will be available in March, August and September 2021

In light of the continued online delivery format, THEY WILL BE OPEN TO ANYONE who hasn't previous attended

Please keep an eye out for further details ...

Resources

MASCED Melanoma and Skin Cancer Early Detection Training

The MASCED PRO on-line training programme has been developed by national melanoma and skin cancer charity [Skin](#) to provide medical and healthcare practitioners with an accessible, cost effective tool with which to develop their knowledge of the early signs and symptoms of melanoma and non-melanoma skin cancers - giving them the confidence to refer or signpost patients to appropriate colleagues and/or services following the identification of suspicious lesions.

Learning outcomes include:

- Identify and interpret common signs and symptoms in the assessment of the most common forms of potential non-melanoma and melanoma skin cancers.
- Demonstrate appropriate clinical decision-making in taking action to refer or sign-post patients to appropriate colleagues and / or services.
- Utilise effective communication techniques in the education of their patients in relation to the identification, management and prevention of sun damage and skin cancer.
- Critically reflect on their own clinical practice to identify and develop their understanding of sun damage and skin cancers.
- Gain access to the tools and resources with which to extend the provision of vital information on the prevention and early detection of melanoma and non-melanoma skin cancer into and across their patient community.

[Register here](#) Fee: £40

We are happy for GP trainees to claim this fee back from their study budget

GatewayC

GatewayC is a free online cancer education platform developed for primary care professionals across England, aiming to improve cancer outcomes by facilitating earlier diagnosis and improving patient experience. The platform is fully funded by [Health Education England](#) and assists users to confidently identify, refer and support patients with symptoms on a suspected cancer pathway.

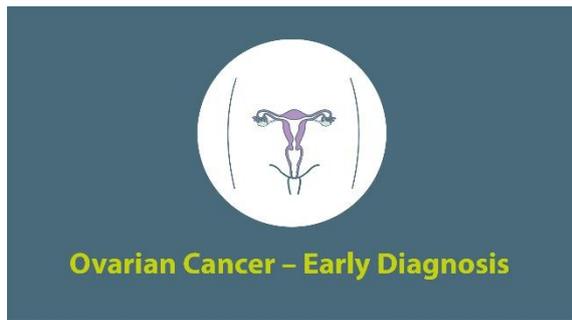
We are delighted to announce we have just released a couple of **NEW online courses** and the GatewayC webinars **GatewayC LIVE** will be continuing, which I am sure you will be pleased to hear.

[Register here for free access to cancer education courses](#)

GatewayC LIVE to access recordings of previous webinars or to register for future sessions please [click here](#)

If you would like further information, please contact Alice Bowden Engagement Manager alice.bowden2@nhs.net or 07795 853 423 gatewayc.org.uk

New courses now available



Ovarian Cancer - Early Diagnosis – This course aims to support you to recognise ovarian cancer symptoms, understand genetic risk factors and comprehend essential investigations.



Managing Physical Effects – Expand your knowledge of peripheral neuropathy, lymphoedema, cardiac and bone health, and the management of these conditions in primary care.



Improving the Quality of Your Referral course This course aims to support the delivery of the Early Cancer Diagnosis section (7.4) included in the PCN DES Specification.

Upcoming courses in 2021 plus many more...

Breast Cancer Recurrence,
Supporting Your Patient,
Cervical Cancer – Early Diagnosis,

Please contact with any suggestions or items for future newsletters
christine.johnson@nottingham.ac.uk or aileen.robertson@hee.nhs.uk

HEE is part of the NHS, and we work with partners to plan, recruit, educate and train the health workforce.