

HEE East Midlands



Primary Care Newsletter March 2021

Welcome to the East Midlands

Breaking News: RCA

Additional minutes for RCA recording that may be required to be purchased from FourteenFish can now be claimed back via your study leave budget up to a limit of £100.

Each RCA Saturday session will consist of:

- a 2-hour small group training session (4 trainees per group) with an experienced RCA examiner carried out over Microsoft Teams.
- Trainees will be asked to bring a recorded patient consultation (audio or video) which they are able to be able to share and discuss in the small group.
- Prior to each session, trainees will be sent a presentation giving an overview of the RCA and there will be an opportunity for Q&A during the training.

We recommend that trainees book the RCA Saturday session 2-3 months before they plan to sit the RCA to give them a chance to respond to any feedback received.

If any trainees have not received the invite email for any reason, they can book a place by contacting Jamie.Whittle@hee.nhs.uk

	May 2021
Apply via website	23 March – 19 April
Deadline for submissions	5 May
Results published	3 June at 5pm

If you have any further questions, please get in touch.

Dr Anjla Sharman
Associate Post-graduate Dean/Primary Care School APD
GP School: Recruitment lead; ARCP; Differential attainment
Anjla.Sharman@hee.nhs.uk

Data Protection and Information Governance Reminder

The Lead Employer highlight the following points in relation to your employment, professional registration, and the law particularly in relation to the accessing and handling of medical records:

- It is prohibited for you to look at, or seek any information relating to your family, friends, acquaintances, or colleagues unless you are directly involved in their care or are processing the information as part of your responsibility as an employee.
- Unauthorised seeking out or looking at information or offering to sell information is an offence under Data Protection legislation. This applies to both patient and staff information.
- Information regarding patients or staff should not be passed onto a third party unless for direct care purposes with explicit consent or where a legal exemption applies.
- Should you wish to access information held about you in any clinical records that an organisation holds, there are mechanisms in place to allow you to request access, i.e., via a Subject Access Request to the organisation concerned.
- You should not look up your own clinical information independently.

We recommend that you familiarise yourself with Section 170 of the Data Protection Act 2018, as well Section One of the Computer Misuse Act 1990

[Information Governance](#)

It is also important that you ensure that your information governance training remains up to date as you progress through your training.

Trainee News

AKT Saturdays

Further dates will be available in March, August and September 2021
Considering the continued online delivery format, they will be open to anyone who has not previously attended. Please keep an eye out for further details.

Excerpt from RCA support:

Impact - How is the problem affecting the patient?

You need to understand the patient as a person. What is important to them? What is their home or work situation? Who are the important people in their life?

How are the problem and the person intertwined?

Remember that you really need to buy-in to the importance of both ICE and Impact.

Ask with genuine curiosity and interest.

Super-condensed RCGP Curriculum Guides

RCGP has developed super-condensed RCGP curriculum guides for 2021. These are summaries of the [full versions](#) and [can be found here](#)

They are intended as a resource for supporting educational conversations in training and as a means of identifying learning needs for professional development. They are sub-divided into the following themes:

- The Role of the GP and emerging issues in primary care
- Knowledge and Skills Self-Assessment Guide
- How this might be tested in MRCGP
- How to learn this topic

The topic guides included in the update are those that correspond to the most usual GP training posts. We hope that they will assist trainees in formulating their PDP and ePortfolio at the beginning and throughout their training posts, help trainers as a framework for learning needs analysis, and enable specialist clinical supervisors to align experiential learning to the needs of the GP curriculum.

The topic guides included in this update are as follows:

- Cardiovascular Health
- Children and Young People
- ENT, Hearing and Speech
- Eyes and Vision
- Gastroenterology
- Gynaecology and Breast
- Maternity and Reproductive Health
- Mental Health
- Musculoskeletal Health
- Older Adults
- People at the end of life
- Population Health
- Respiratory Health
- Urgent and Unscheduled Care

We are mindful that, although there are a variety of training opportunities still available, there is significant disruption to training and normal working practices under present restrictions.

However, we feel that it is still appropriate to align the guides to the established curriculum in anticipation of a future return to the core role and capabilities of being a GP. The final section of the guides on 'How to learn this topic' includes a disclaimer to this effect, acknowledging the current limitations in learning opportunities.

We hope to publish updates for the remaining topic guides in coming months. We would be very grateful for any suggestions and feedback.

The RCGP Curriculum Team

Becoming a Trainer

Changes to rules about being an Educational Supervisor in the East Midlands

To everyone involved in, or interested in, GP training the GP Dean and Heads of School have reviewed the requirements and are delighted to announce that **with immediate effect have reduced the length of time required to become an Educational Supervisor to ONE year** if joining a training practice, or **TWO years** in a non-training practice.

It will therefore be possible in some circumstances for newly qualified GPs to become Educational Supervisors one year post CCT.

New Educational Supervisor and Clinical Supervisor Training update

- we currently have 30 people completing the New Trainers' Course, having started in September
- a further twenty have completed Module One which is remarkable in view of the pressure on Primary Care at present but shows the interest there is in teaching the next generation of GPs
- similarly, the CS courses are full until December and more are being added due to the demand
- these are clearly popular and often people who have done the CS course move on to being an ES after a few years

For information on these courses please contact peter.wells@hee.nhs.uk

Currently we are re-tendering for the University and so cannot take applications for September but instead we are collecting expressions of interest and have nine people already on that list.

If you are, or know someone who is, thinking of becoming an ES please contact bevis.heap@hee.nhs.uk

Committee of GP Education Directors (COGPED) Educator Survey

We are sharing the link to the COGPED Educator Survey.

This anonymous survey will help us understand the challenges and pressures that educators are currently under and will be used to shape our activities as well as our work with stakeholders. This survey is aimed at all GP trainers and faculty at all levels and is anonymous. It is split into two sections: The first is for all educators and the second section, which is for deanery educators, only triggers if you also tick you have a role other than as a GP trainer.

The survey is now open for 5 weeks, closing on the 31 March 2021.

[please use this link to access the survey](#)

Resources

Launch of the new Essential Knowledge Update 2021.1

Essential Knowledge Updates (EKU) offer easy to access 20-minute eLearning modules on several clinical areas found in primary care:

- Common physical symptoms in pregnancy
- Management of post-acute COVID-19 in primary care
- How to manage low testosterone level in men
- Osteoporosis and the prevention of fragility fractures
- Sudden-onset dizziness and vertigo symptoms

In addition to the Updates and Challenges, the EKU Programme offers a wealth of additional resources designed to help GPs keep up to date with the very latest changes in primary care whether you are in practice, at home or on the go.

[Essential Knowledge Update Programme](#)

Click the links below to access the EKU Programme podcasts and screencasts

[EKU Podcasts](#)

[EKU Screencasts](#)

Should you have any queries, please contact eku@rcgp.org.uk

Supported Return to Training (SuppoRTT)

SuppoRTT is a programme which is aimed at providing support and resources to trainees returning to practice after a break. This also provides support to trainers when it is required. Trainees take time out of training for various reasons but most commonly due to parental leave. SuppoRTT helps these trainees return to practice so they are confident about their skills and comfortable in the role they are undertaking.

On average SuppoRTT has spent £2394 for each returning trainee in the last year. At present trainees who are shielding can also access SuppoRTT.

If you have a trainee returning to practice, SuppoRTT can help both the trainees and their trainers. This involves free coaching/counselling, free exam/study support as well as referral to occupational health if required. SuppoRTT can also provide funding for childcare and travel costs for KIT days, external courses and SuppoRTT courses. There is a new remote consultation course which is being piloted in March for GP trainees.

From the trainers' perspective, it gives you support and signposts you to resources that can help your trainee's return. It also provides training opportunities for trainers including courses like neurodiversity training, introduction to coaching, coaching trainees to succeed, courageous conversations, well-being courses etc.

SuppoRTT requires forms that need to be filled in before, during and after the trainees' return to practice. These simple forms can also guide what can be discussed with the trainees to help them understand their needs.

The relevant forms are available on [Supported Return to Training \(SuppoRTT\)](#)

If you need any further information or support, you can contact the GP SuppoRTT champions - Dr Caroline Powell carolinepowell@nhs.net or Dr Tania Whala tania.jawaid@nhs.net

or email the SuppoRTT team SuppoRTT.em@hee.nhs.uk for further advice.

Please contact with any suggestions or items for future newsletters

christine.johnson@nottingham.ac.uk or ailen.robertson@hee.nhs.uk

HEE is part of the NHS, and we work with partners to plan, recruit, educate and train the health workforce.
