

# Foundation Placement Description

<b>Foundation School (Delete as appropriate)</b>		<b>Programme No. (eg. L006 OR T102)*:</b>			
Trent		T084 T089			
<b>Year (Delete as appropriate)</b>	<b>Specialty:</b>	<b>Subspecialty (If appropriate):</b>			
F1	Trauma and Orthopaedic Surgery				
<b>Site:</b>		<b>Trust:</b>			
Pilgrim Hospital, Boston		United Lincolnshire Hospitals NHS Trust			
<b>Main duties:</b>					
<p>Foundation doctors in Orthopaedics are ward based with supervision and support from F2, Specialty trainees and Consultants. The F1 will work under the immediate supervision of an F2 with regular ward rounds by the SPRs and/or Consultants. The F1 is expected to attend the formal F1 Tuesday lunchtime teaching. There are opportunities for audits and research as well as teaching medical students. The F1 doctors would be working alongside F2 doctors in the Ward with direct supervision from Middle Grades and Consultants. Rota: The planned contracted rota is a full shift work pattern and out of hours shift work is shared between other foundation doctors. The planned rota is both New Deal and EWTD compliant. Enclosed with your contract is a standing operational procedure (SOP) to advise you what to do if you have concerns about your working hours. You will also be given a copy of the contracted rota which gives details of start and finish times for each working pattern, including normal working days, that you will work while on the surgical take/out of hours rota (this is separate from your 'rostered' duties timetable. The rota would include working in the wards and attending pre-assessment clinics. There would be a weekend rota F1. The F1 doctors are not expected to do night on call. All trainees are expected to adhere to the start and finish times of rostered duties.</p>					
<b>Example Timetable</b>					
<b>For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc</b>					
	<b>Mon</b>	<b>Tues</b>	<b>Weds</b>	<b>Thurs</b>	<b>Fri</b>
<b>AM</b>	T + O Teaching Ward work	Ward work	Ward work - Wed + Thurs		Ward work
<b>Lunchtime</b>		FY1 Teaching 12 - 2:10pm			
<b>PM</b>	Ward work	Ward work	Ward work	Ward work	Ward work
<b>Educational Activities:</b>					
<p>At the end of each attachment the F1 will have learning outcomes as referenced below in T + O 1: Improved their skills in the care of acutely ill patients through participation in the acute orthopaedic take. 2: Become competent in the management of acute medical emergencies, surgical emergencies. 3: Improved their communication skills through their responsibility for the day to day management of orthopaedic patients. 4: Improved the ability to communicate effectively with patients and their relatives, including an ability to explain procedures and/or teach home management where appropriate. 5: Gain an understanding of the multi-disciplinary nature of patient management. 6: Improved understanding of the importance of evidence based medicine and lifelong learning through attendance at the Medical Grand Round, surgical meetings and the department journal clubs. 7: Recognise personal limitations with an ability to judge when to seek advice and/or assistance. 8: Improved/demonstrate effective communication and team working skills with nursing staff, medical staff and other health professionals and understand their roles and responsibilities 9. Regular Trauma Meeting teaching 08:30 to 09:00 and Handover which happens every day, which have very good educational value</p>					
<b>Other Comments (if appropriate):</b>					
Out of Hours: Ward 3a/3b and including Outlier Orthopaedic Patients. Pre-assessment Clinic					

\*can be found on the Trent/LNR Allocations Spreadsheet

**Disclaimer:**

Please note that the placement information provided is subject to change.