

Foundation Job Description

Foundation School (Delete as appropriate)		Programme No. (eg. L006 OR T102)*:	
LNR		L023	
Year (Delete as appropriate)	Specialty:	Subspecialty (If appropriate):	
F1	Psychiatry	General Adult – Intensive Care	
Site:		Trust:	
Bradgate Mental Health Unit, Glenfield Hospital		Leicestershire Partnership NHS Trust	

Main duties:

The F1 will work on Belvoir Psychiatric Intensive Care Unit, a 10 bedded male unit which manages people with complex psychiatric comorbidities. Patients often have significant medical problems as well. The F1 will have the opportunity to clerk in new patients, review existing patients, conduct physical examinations, take bloods, ECGs, make referrals to other departments, and work as part of a MDT. They will gain experience and exposure to the Mental Health Act and the Mental Capacity Act. They will start each day with a daily multidisciplinary board review of all patients, which will generate jobs for the day. Every patient needs a medical review prior to the weekly MDT meeting where plans are made. F1s will also get experience within the community, during a 2 week attachment with the Crisis Resolution Team. The F1 will form part of a team with nursing staff, 1 Consultant Psychiatrist, (Dr Kinnair), and 1 CT3 doctor. There are times when there is also a ST4-6 attached to Belvoir PICU. The F1 will also gain exposure to forensic mental health services, drug and alcohol psychiatry, and will likely have contact with probation and the police as part of their attachment.

In addition to this you will participate in a supernumerary on-call rota during twilight hours when they will be responsible for clerking new patients and discussing them with a supervising doctor.

By the end of the attachment you will be able to:

- Take a history, perform a mental state examination, physical examination and obtain a collateral history
- Satisfy requirements of the Foundation Curriculum. The post fulfils and maps to all of the 4 key sections and 18 individual curriculum skills of the Foundation Portfolio including Professional Behaviour, Communication, Clinical Care, Quality and Safety.
- Fulfil workplace based assessments
- Fulfil your Intended Learning Objectives for the foundation programme.
- Gain exposure to the management of common acute psychiatric conditions
- Have developed the skills needed to ensure effective communication, attention to confidentiality and consent issues
- Have developed skills of team working, time management and prioritisation

Example Indicative Timetable

For example: W/R, MDT, Meetings etc

	Mon	Tues	Weds	Thurs	Fri
AM	9 AM Board Round 0930 Ward Round MDT	9 AM Board Round Clinical work	9 AM Board Round Clinical work	9 AM Board Round 0930 Ward Round MDT	9 AM Board Round Clinical work 11:30 Journal Club/Case Presentation
Lunchtime			F1 teaching		Postgraduate Teaching
PM	Ward work Clinical supervision	Ward work	Audit/research	Ward work	Ward work

Educational Activities:

Leicestershire Partnership NHS Trust places a keen focus on the education and training of junior doctors. F1 doctors will be able to attend their weekly F1 teaching. You can also access the Friday lunchtime teaching at the Bradgate Unit. All trainee doctors working in psychiatry have one hour of one-to one protected clinical supervision a week from their consultant, in addition to ongoing supervision of ward work. You will be able to access other training within LPT including disengagement skills, ILS, Mental Capacity Act etc. You will be encouraged to undertake an audit or QI project and consider working this up for a poster at a local or national conference.

Generic Learning outcomes you will be able to achieve in this job:

1. Professional Behaviour & Trust: Act professionally; deliver patient centred care and maintain trust; behave in accordance with ethical & legal requirements; keeps practice up to date through learning and teaching; demonstrate engagement in career planning.
2. Communication, team working and Leadership: Communicate clearly in a variety of settings; work effectively as a team member; demonstrate leadership skills.
3. Clinical Care: Recognise, assess and initiate manage the acutely ill patient; recognise, assesses and manage patients with long term conditions; obtain history, perform clinical examination, formulate differential diagnosis and management plans; request relevant

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investigations and act upon results; prescribe safely; perform procedures safely; demonstrate understanding of the principles of health promotion and illness prevention; manage palliative and end of life care.

4. Safety and Quality: Recognise and work within limits of personal competence; make patient safety a priority in clinical practice; contribute to quality improvement.

Other Comments (if appropriate):

Disclaimer: Please note that the placement information is subject to change.