

# Foundation Job Description

<b>Foundation School (Delete as appropriate)</b>		<b>Programme No. (eg. L006 OR T102)*:</b>	
LNR		L033	
<b>Year (Delete as appropriate)</b>	<b>Specialty:</b>	<b>Subspecialty (If appropriate):</b>	
F1	Psychiatry	General Adult	
<b>Site:</b>		<b>Trust:</b>	
Bradgate Mental Health Unit, Glenfield Hospital		Leicestershire NHS Partnership Trust	

**Main duties:**

This rotation will involve working on a general adult inpatient psychiatric ward at the Bradgate Mental Health Unit. You will have the opportunity to work with individuals diagnosed with a range of mental disorders including depression, schizophrenia, bipolar disorder and personality disorder. Many of the patients have comorbid medical problems and you will have opportunity to acquire physical healthcare competencies whilst in this post. You will work closely with the multi-disciplinary team in order to gain a comprehensive history and examination and present this at ward rounds with views on differential diagnosis and management options. This will provide an excellent opportunity for supervised learning events and developing your knowledge of common psychiatric conditions and their management. Risk assessments will be an integral part of the job and these will be explored in detail and discussed with various professionals who are involved in patient care.

You will gain experience of legal aspects of mental health care, as you will be looking after patients who may be detained under the provisions of the Mental Health Act or who are being treated under the Mental Capacity Act. Experience in these areas will provide an essential understanding which can be applied to patients in all areas of medicine, developing transferrable skills regardless of your planned career aspirations.

There is ample opportunity to become involved in an audit and to develop your skills as a clinical teacher, assisting the teaching of medical students on the ward. Where possible we will work to support additional taster sessions in other areas of psychiatry that may be of particular interest to you during your placement.

In addition to you F1 will participate in a supernumerary on-call rota during twilight hours when you will be responsible for clerking new patients and discussing them with a supervising doctor.

By the end of the attachment you will be able to:

- Take a history, perform a mental state examination, physical examination and obtain a collateral history
- Satisfy requirements of the Foundation Curriculum. The post fulfils and maps to all of the 4 key sections and 18 individual curriculum skills of the Foundation Portfolio including Professional Behaviour, Communication, Clinical Care, Quality and Safety.
- Fulfil workplace based assessments
- Fulfil your Intended Learning Objectives for the foundation programme.
- Gain exposure to the management of common acute psychiatric conditions
- Have developed the skills needed to ensure effective communication, attention to confidentiality and consent issues
- Have developed skills of team working, time management and prioritisation

**Example Indicative Timetable**

**For example: W/R, MDT, Meetings etc**

	Mon	Tues	Weds	Thurs	Fri
<b>AM</b>	9 AM Board Round Clinical work	9 AM Board Round Ward Round MDT	9 AM Board Round Clinical work	9 AM Board Round Ward Round MDT	9 AM Board Round Clinical work 11:30 Journal Club/Case Presentation
<b>Lunchtime</b>			F1 teaching		Postgraduate Teaching
<b>PM</b>	Clinical work	Ward Round MDT	Ward Round MDT	Audit/research	Clinical work

**Educational Activities:**

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Leicestershire Partnership NHS Trust places a keen focus on the education and training of junior doctors. F1 doctors will be able to attend their weekly F1 teaching. You can also access the Friday lunchtime teaching at the Bradgate nit. All trainee doctors working in psychiatry have one hour of one-to one protected clinical supervision a week from their consultant, in addition to ongoing supervision of ward work. You will be able to access other training within LPT including disengagement skills, ILS, Mental Capacity Act etc. You will be encouraged to undertake an audit or QI project and consider working this up for a poster at a local or national conference.

Generic Learning outcomes you will be able to achieve in this job:

1. Professional Behaviour & Trust: Act professionally; deliver patient centred care and maintain trust; behave in accordance with ethical & legal requirements; keeps practice up to date through learning and teaching; demonstrate engagement in career planning.
2. Communication, team working and Leadership: Communicate clearly in a variety of settings; work effectively as a team member; demonstrate leadership skills.
3. Clinical Care: Recognise, assess and initiate manage the acutely ill patient; recognise, assesses and manage patients with long term conditions; obtain history, perform clinical examination, formulate differential diagnosis and management plans; request relevant investigations and act upon results; prescribe safely; perform procedures safely; demonstrate understanding of the principles of health promotion and illness prevention; manage palliative and end of life care.
4. Safety and Quality: Recognise and work within limits of personal competence; make patient safety a priority in clinical practice; contribute to quality improvement.

## Other Comments (if appropriate):

**Disclaimer: Please note that the placement information is subject to change.**