# **Foundation Job Description**

| , |                    | Programme No. (e.g. L006 OR T102) Can be found on the Trent/LNR Allocation Spreadsheet L050 |  |  |
|---|--------------------|---|--|--|
|   |                    |   |  |  |
| F1                                      | Old Age Psychiatry |   |  |  |
| Site:                                   |                    | Trust:  |  |  |
| Berrywood Hospital                      |                    | Northamptonshire Healthcare NHS Foundation Trust  |  |  |

#### Main duties:

Opportunity to gain generic FY1 competencies in an old age psychiatry post; exposure to functional and organic old age psychiatry in inpatient and community setting in Northampton. The post holder will work under the supervision of senior colleagues including CT1-3, GPST, ST4-6 and consultant psychiatrist. The primary role will be to assist with the assessment and management of both physical comorbidities and psychiatric aspects of elderly psychitric inpatient. They would be expected to assist in requesting appropriate laboratory investigations, interpreting results, liaising with other specialties and refering appropriately where required under supervision. They would be supervised in documenting assessments, ward rounds and other clinical meetings to aid their understanding of essential documentation, psychopathology and risk management.

#### **Example Timetable**

For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc

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|---|--------------------|----------------------------|--------------------------------------|---------------------------------------|-----------------|--|--|
|   | Mon                | Tues                       | Weds                                 | Thurs                                 | Fri             |  |  |
| AM  | Mini Ward Round    | Ward Work                  |                                      | Ward Rounds organic<br>Brookview ward | Shadowing OPC   |  |  |
| Lunchtime                                 | F1 Teaching        | Psychotherapy Balint group |                                      | Department -al seminaars              | 1:1 Supervision |  |  |
| PM  | Post grad Teaching | Shadowing on home visitis  | Ward rounds and CPA's Riverside ward | CPA's Brookview ward                  | Clinical audit  |  |  |

### **Educational Activities:**

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## Other Comments (if appropriate):

Highlights/opportunities/unique features of post. Why you would recommend it to applicants.

- Opportunity for shadowing experience in Dementia commercial research activities at Berrywood Hospital
- To gain an understanding of prevalent mental health disorders in older adults. This will benefit doctors intending to pursue a career in general medicine, GP or psychiatry.
- Opportunity for shadowing Social work Care manager, Occupational therapy and familiarising self with ECT, Transcranial Magnetic Stimulation, and MHA assessments.

Disclaimer: Please note that the placement information provided is subject to change.