

# Foundation Job Description

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|--|---|--|--|
| <b>Foundation School (Delete as appropriate)</b> |   | <b>Programme No. (e.g. L006 OR T102)</b><br><i>Can be found on the Trent/LNR Allocation Spreadsheet</i>                            |  |
| LNR  |   | L016 / L022 / AL003 / L013   |  |
| <b>Grade (Delete as appropriate)</b>             | <b>Specialty:</b><br><i>If General (Internal) Medicine OR General Surgery, please provide a sub-specialty</i> | <b>Sub-specialty (If appropriate):</b><br><i>If General (Internal) Medicine OR General Surgery, please provide a sub-specialty</i> |  |
| F1   | General Surgery   | Colorectal+HPB   |  |
| <b>Site:</b>                                     |   | <b>Trust:</b>  |  |
| Leicester General Hospital                       |   | University Hospitals of Leicester NHS trust  |  |

## Main duties:

This is a general surgery post which provides experience in the elective and emergency management of colorectal, Hepato-Biliary (HPB) and general surgery patients undergoing major surgery for both benign and malignant disease. This post is based at Leicester General Hospital. Your main duties will involve care of surgical patients, attending pre-assessment clinic, the post-op inpatients and assisting in operating theatre. You will gain experience in the management of critically ill surgical patients, both in the emergency and elective setting. The duty rota is based on normal days, long days and nights. You will primarily be involved with the care of surgical in-patients, but there are many other learning opportunities as outlined in the timetables. You are encouraged to attend as many of the other clinical activities of the Firm as possible. It is expected that you will work closely together to help achieve your educational goals and that you will support the FY1's on the HPB Firms at LGH as and when necessary. Likewise you will be supported by the HPB firm when short on ward cover. Clinical and educational support for this activity provided by the Consultant Surgeons and Higher Surgical Specialty Trainees. As Leicester General is a teaching hospital, you are likely to see a proportion of more specialist cases that you may not see in a district general hospital.

There is an expectation that all the junior doctors work in team-based approach and provide support for each other during times of peak clinical activity.

In return for your hard work, you can expect regular senior support to the ward and feedback and teaching on your day-to-day activities. You can anticipate an enjoyable and educational time in orthopaedic surgery. You will develop clinical skills in surgical especially colorectal and HPB conditions.

You will be expected to:

- Know your patients
- Be able to highlight to seniors where senior input into decision making is needed
- Manage patients pro-actively by:

## Example Timetable

**For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc**

|                  | Mon              | Tues         | Weds             | Thurs              | Fri                  |
|------------------|------------------|--------------|------------------|--------------------|----------------------|
| <b>AM</b>        | Theatre/ clinics | MDT/ Clinics | IBD MDT          | Theatre/ clinics   | Theatre/ Endoscopy   |
| <b>Lunchtime</b> |                  |              | F1 teaching      |                    | X-Ray meeting        |
| <b>PM</b>        | Theatre/ clinics | Teaching     | Clinic/Endoscopy | Theatre/ Endoscopy | Audit (once a month) |

## Educational Activities:

There is a teaching programme involving Grand Rounds with periodic case presentations.

Trainees are released to attend mandatory FY1/F2 teaching and study leave is facilitated.

There are opportunities to participate in audit, quality improvement and patient safety activities.

As a Teaching Hospital Trainees will be involved in teaching and supervising medical students in a range of undergraduate placements.

There are opportunities for taster sessions in other specialties.

Generic Learning outcomes you will be able to achieve in this job:

1. Professional Behaviour & Trust: Act professionally; deliver patient centred care and maintain trust; behave in accordance with ethical & legal requirements; keeps practice up to date through learning and teaching; demonstrate engagement in career planning.
2. Communication, team working and Leadership: Communicate clearly in a variety of settings; work effectively as a team member; demonstrate leadership skills.
3. Clinical Care: Recognise, assess and initiate manage the acutely ill patient; recognise, assesses and manage patients with long term conditions; obtain history, perform clinical examination, formulate differential diagnosis and management plans; request relevant investigations and act upon results; prescribe safely; perform procedures safely; trained to and manage cardiac and respiratory arrests; demonstrate understanding of the principles of health promotion and illness prevention; manage palliative and end of life care.
4. Safety and Quality: Recognise and work within limits of personal competence; make patient safety a priority in clinical practice; contribute to quality improvement

## Other Comments (if appropriate):

The rota will also include a "floater week" if enough junior doctors are recruited. The floater week will enable a junior doctor to specifically cover discharge prescriptions across the wards and help with any gaps or clinically pressurised areas on the wards. The teams will provide the junior doctors on their floater week, the opportunity to attend and observe major/minor theatre cases +/- endoscopy & ERCP for training purposes.

**Disclaimer: Please note that the placement information provided is subject to change.**