

Foundation Job Description

Foundation School (Delete as appropriate)	Programme No. (e.g. L006 OR T102) <i>Can be found on the Trent/LNR Allocation Spreadsheet</i>
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Trent	T059
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Grade (Delete as appropriate)	Specialty: <i>If General (Internal) Medicine OR General Surgery, please provide a sub-specialty</i>	Sub-specialty (If appropriate): <i>If General (Internal) Medicine OR General Surgery, please provide a sub-specialty</i>
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F1	Old Age Psychiatry	
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Site:	Trust:
Millbrook Unit	Sherwood Forest Hospitals NHS Foundation Trust

Main duties:

The foundation trainee will be based on Kingsley ward. The ward has 20 beds- both male and female. Patients admitted may have a range of mental health conditions such as bipolar affective disorder, depressive disorder, anxiety disorders, personality disorder, substance misuse and schizophrenia for example. Some patients will experience self-harm and suicidal thoughts. Occasionally patients with dementia and delirium who are not acutely physically ill may be admitted. The ward is served by a part time occupational therapist, clinical psychologist and a physiotherapist. The ward is regularly serviced by the pharmacy team. The ward has access to dietitians and clinical nurse specialists. There is a weekly formulation group run by the clinical psychology team which the trainee will be expected to attend.

The foundation trainee will be expected to assess patients and become proficient in history taking for a range of psychiatric conditions. This will include risk assessments. The trainee will be responsible for the management of medical conditions amongst the inpatients. Trainees will have to liaise with medical colleagues at Kingsmill Hospital and liaise with GP's to facilitate this. Trainees will liaise with the ward manager to ensure timely completion of discharge summaries. Trainees will be responsible for the medical management of patients receiving electroconvulsive therapy. The trainee is an integral part of the weekly MDT meetings. The FY and core trainee will be responsible for managing the minutes of such meetings. Trainees will be expected to liaise with family and carers.

Example Timetable

For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc

	Mon	Tues	Weds	Thurs	Fri
AM	Review of new patients/ward work -teach and supervise medical students	MDT meeting/ward round	#NAME?	Attend meetings with the consultant and family members	#NAME?
Lunchtime	Academic session	FY teaching	Formulation meeting		
PM	Participate in Mental Health Act assessments/ward work	#NAME?	Supervision with consultant	Ward work	#NAME?

Educational Activities:

Trainees will be able to participate in Mental Health Act assessments and observe tribunal meetings. Trainees will attend the weekly case conference/journal club meetings where they have the opportunity to ask questions and improve their knowledge. Trainees are encouraged to broaden their experience outside the ward. They have the opportunity to join the liaison psychiatry consultant, they can observe ECT and they can attend general adult clinics. They will be involved in the teaching of medical students.

There will be opportunities to discuss cases with members of the multidisciplinary team eg consultant, clinical psychologists, community nurse, in-patient nurses, occupational therapists, and other medical colleagues.

They will gain expertise in the assessment and management of a variety of mental illness and the interaction of these disorders with physical health conditions. Their knowledge of medical conditions will be kept up to date.

They will attend the weekly formulation meeting run by the clinical psychology team which aims to understand a patient's presentation and understand how staff members can interact better with that patient to improve the outcome. These meetings provide an important insight in to a patient's bio-psycho-social assessment and are an excellent educational opportunity.

At the weekly ward rounds they will get the opportunity to present cases so their history taking and examination skills can be improved

Other Comments (if appropriate):

Disclaimer: Please note that the placement information provided is subject to change.