

Foundation Placement Description

Foundation School (Delete as appropriate)		Programme No. (eg. L006 OR T102)*:			
Trent		T063			
Year (Delete as appropriate)	Specialty:			Subspecialty (If appropriate):	
FY1	General Adult Psychiatry				
Site:			Trust:		
Millbrook Mental Health Unit			Nottinghamshire Healthcare NHS Trust		
Main duties:					
<p>You will be based mainly on our inpatient wards at Millbrook Mental Health Unit. You will also have some supervised involvement with the Crisis Resolution Home Treatment team as arranged with the responsible consultant. The aim of this placement is to offer an experience which combines in-patient work with some exposure to the interface between community psychiatry and in-patient work. The trainee will also help cover the psychiatric intensive care unit (PICU). (Please note the PICU will be closing).</p> <p>The trainee will clerk patients, assess mental and physical states, monitor progress of the patients' mental health and response to treatment, obtain collateral histories and liaise with colleagues in other teams. The trainee will have a fairly flexible timetable and will need to work closely with the team to prioritise tasks and resources.</p>					
Example Timetable					
For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc					
	Mon	Tues	Weds	Thurs	Fri
AM	Crisis clinic	Ward work	Ward work	Lucy Wade Ward Round	Ward work/admin/audit
Lunchtime	Academic session				
PM	PICU ward round (until closure) Supervision with	Ward work	Admin work	Orchid ward round	Ward work/admin/audit
Educational Activities:					
<p>Regular weekly academic sessions: these will provide the trainee with opportunities to present cases or journals. Sessions will include audit and research sessions.</p> <p>They will be involved in the teaching of medical students.</p> <p>There will be opportunities to discuss cases with members of the multidisciplinary team eg consultant, clinical psychologists, community nurse, in-patient nurses, dieticians, and other medical colleagues.</p> <p>They will gain expertise in the assessment and management of a variety of mental illness and the interaction of these disorders with physical health.</p> <p>At the weekly ward rounds they will get the opportunity to present cases so their history taking and examination skills can be improved.</p>					
Other Comments (if appropriate):					
<p>This post will be based at the Millbrook Mental Health Unit within the acute care network of the Working Age (General Adult) service. The unit comprises of 2 in-patient acute wards (Orchid and Lucy Wade wards) and a Psychiatric Intensive Care Unit (PICU). The Acute wards have combined total of 36 beds while the PICU has 5 beds. Currently the unit is supported by four consultant psychiatrists, three higher trainees, five core/foundation/GPVTS trainees and a specialty doctor. The foundation trainee will specifically be with the 'Ashfield' sector team, which covers patients registered in the Ashfield sector.</p> <p>The foundation trainee will have an opportunity to satisfy requirements of the Foundation Curriculum and will be supported by the trainees working on the unit. This post will also provide plenty of opportunities for directly supervised practice and supervised learning events (eg on ward rounds and reviews) as well as work-place based assessments. The Millbrook Mental Health Unit is an established training resource for our trainees, with education and innovative practice firmly embedded in its multidisciplinary work culture, thus readily providing a safe learning environment.</p> <p>Apart from mental health-related issues, working with this group of patients also presents an opportunity to deal with associated primary and</p>					

*can be found on the Trent/LNR Allocations Spreadsheet

Disclaimer:

Please note that the placement information provided is subject to change.