

# Foundation Placement Description

<b>Foundation School (Delete as appropriate)</b>		<b>Programme No. (eg. L006 OR T102)*:</b>			
Trent		T084			
<b>Year (Delete as appropriate)</b>	<b>Specialty:</b>			<b>Subspecialty (If appropriate):</b>	
F1	General (Internal) Medicine			Stroke Medicine	
<b>Site:</b>			<b>Trust:</b>		
Pilgrim Hospital, Boston			United Lincolnshire Hospitals NHS Trust		
<b>Main duties:</b>					
<p>The post will be based on the Stroke Unit at Pilgrim Hospital. In addition, the post holder will have duties in Acute Medicine based on the acute Medical Unit in Pilgrim Hospital. The post will include exposure to outpatient clinics. In all aspects of the post, the trainee will benefit from supportive clinical supervision.</p> <p>The Stroke Unit is a 28 bed unit which provides a mixture of services including hyperacute and acute stroke care, rehabilitation and neurovascular clinics. The unit is staffed by 3 Consultants, a Specialty Doctor, 2 CMTs and an FY1. It also has a multidisciplinary team of nurses and therapists. All contribute to the education and training of the Foundation Doctor.</p> <p>The Stroke Unit is an established training resource which offers a safe learning environment and the opportunity to experience work with stroke victims and their carers. The foundation trainee will be able to satisfy requirements of the Foundation Curriculum and will be supported by the trainees and Consultant working on the unit. The placement offers direct supervision of clinical practice and workplace based assessments, alongside a clearly delineated role to permit the trainee to meet their intended Learning Objectives for the foundation programme. Clinical duties will include daily board rounds and ward rounds with Consultant supervision.</p>					
<b>Example Timetable</b>					
<b>For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc</b>					
	<b>Mon</b>	<b>Tues</b>	<b>Weds</b>	<b>Thurs</b>	<b>Fri</b>
<b>AM</b>	Ward Round/Ward Work	Ward Round/Ward Work	Ward Round	Ward Round	Ward Round
<b>Lunchtime</b>		FY1 Teaching 12 - 2:10pm		Medical Radiology Meeting 1 - 2pm	Physician Grand Round 1 - 2pm
<b>PM</b>	Ward Work Morbidity meeting (Monthly)	Ward Work	Ward Work	Outpatient	Ward Work
<b>Educational Activities:</b>					
<p>The trainee will learn from daily contact with people having stroke and stroke-like symptoms. This gives opportunity to learn from clerking patients and participating in joint decision making with Consultant colleagues. There will be opportunity to gain experience in interpretation of radiology and other investigations. The post offers opportunity to participate in and learn from multidisciplinary teams. In addition, the post offers experience in complex ethical issues including assessment of mental capacity, safeguarding and end of life care.</p> <p>The academic educational forums allow learning from cases presented, as well as allowing the opportunity to present cases and improve presentation skills. Attendance at morbidity and mortality meetings provide an introduction to Governance processes.</p> <p>Trainees are expected to carry out and present a quality improvement project over the F1 year and are supported by Consultants.</p> <p>Medical students and nursing students are attached to the unit and the Foundation doctor is expected to contribute to teaching. In doing so, the trainee will develop teaching skills.</p>					
<b>Other Comments (if appropriate):</b>					
<p>The foundation trainee will learn generic skills in history taking, mental state examination, physical examination and obtaining a collateral history. They will be involved in organising appropriate investigations and referring on to other specialists. They will learn how to manage consultations, including those with impaired communication and with those where communication is difficult. Risk assessment and management is learned throughout the clinical management of cases.</p> <p><b>Specialist Areas:</b> The trainee will learn about the basis and clinical science relevant to stroke. The trainee will learn about the acute management of stroke, including hyperacute treatments. Further, the trainee will learn about the recognition and management of long term consequences of stroke including immobility, cognitive dysfunction and mood alterations following stroke.</p>					

\*can be found on the Trent/LNR Allocations Spreadsheet

**Disclaimer:**

Please note that the placement information provided is subject to change.