

Foundation Placement Description

Foundation School (Delete as appropriate)		Programme No. (eg. L006 OR T102)*:			
Trent		T085 AT086 T087 T088 T090 T091 T092 T098 T104			
Year (Delete as appropriate)	Specialty:	Subspecialty (If appropriate):			
F1	General Surgery	General / Vascular / Breast / Urology			
Site:		Trust:			
Pilgrim Hospital		United Lincolnshire Hospitals NHS Trust			
Main duties:					
<p>This post will be based in General Surgical Department at Pilgrim Hospital in Boston. The department has 6 consultants in General Surgery, 2 Consultants in Oncoplastic Breast Surgery and 3 Consultants in Urology. The department is well supported by Middle grade registrars (10 in General Surgery, 2 in Breast Surgery, and 3 in Vascular Surgery). The department offers a friendly supportive atmosphere and is happy to be flexible to tailor the clinical sessions according to trainees needs.</p> <p>The General Surgery department provides opportunity to gain experiences and exposure to laparoscopic general and colorectal surgical procedures. The trainee will be encouraged to attend the theatre sessions and clinics where there will be ample opportunity to achieve the skills expected at their level. Pilgrim endoscopy unit is a center for national bowel screening programme.</p> <p>Our breast unit provides a range of oncoplastic procedures apart from routine image guided surgery such as therapeutic mastoplasty, immediate and delayed breast reconstruction using acellular dermal matrix and implants as well as latissimus dorsi flaps, lipomodelling, chest wall perforator flaps. We do provide opportunity to gain experience in one stop breast clinics, weekly MDTs and reconstruction clinics as per trainees' demands.</p> <p>Pilgrim vascular unit provide the regional vascular surgical service for the whole Lincolnshire County. The unit is supported by interventional radiologists and provides endovascular services in addition to routine vascular surgical procedures. The vascular lab provides opportunity to learn the basics of ultrasound, cannulation, and insertion of PICC lines.</p> <p>The foundation trainee will be able to satisfy requirements of the Foundation Curriculum and will be supported by the middle grades and consultants working in the unit. The placement offers direct supervision of clinical practice and workplace based assessments, alongside a clearly delineated role to permit the trainee to meet their Intended Learning Objectives for the foundation programme.</p> <p>The department has adequate training resource with the staff very willing to help and supervise the foundation doctors. The department deals with most aspects of General, breast, vascular surgery and urology for a district general hospital and work in conjunction with the respective departments in Lincoln. The placement involves the two foundation doctors who will join the general/vascular and breast team and 1 join the urology team being supervised at all times. There are ample educational opportunities which are well supported by our educational center and library. They do have free access to various educational resources.</p> <p>The foundation doctors are assigned to various team and expected to follow their timetable they will be expected to work up patients and present, take part in daily ward round and looking after patients on the wards, high dependency units and ITUs. As part of the programme they will also spend time in theatres and this demand will be tailored to each trainees need and career choice. Currently the F2 will be taking part in 1 in 8 on call covering days and nights along with other trust grade core trainees in general surgery (8am – 8.30pm and 8pm -8.30am). During their on call they cover general, vascular, breast and urological specialties and is supported by 2 FY1s (one FY1 from 8am to 8pm and second FY1 covers from 12 noon till 12 midnight during week days. During weekends both FY1s work from 8am till 8pm. They are also well supervised by SAS doctors and SpR's.</p> <p>The on call handover will take place at 08.00 am and 20:00 every day so that the foundation doctors can know the relevant details of patients to help them during the ward round and through the day / night.</p> <p>The Department has teaching sessions on Wednesday morning dedicated to Foundation trainees and provides them with the opportunity to present a case/topics, and to participate in the discussion of journal articles. Participation in audit and the opportunity to undertake small research project will be encouraged and will be supported if appropriate.</p>					
Example Timetable					
For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc					
	Mon	Tues	Weds	Thurs	Fri
AM	Surgical X-Ray Meeting Ward Rounds/Clinics	Ward Rounds/Clinics	Surgical GR + Journal Club Ward Rounds/Clinics	Ward Rounds/Clinics	Ward Rounds/Clinics
Lunchtime	Colorectal / GI MDT (1.30 - 2pm)	FY1 Teaching 12:00 - 14:10			Urology Teaching
PM	Ward Work Urology Journal Club / M + M (5.30 - 6.30pm)	Breast MDT Meeting Ward Work	Ward Work	Urology MDT (2 - 3pm) Ward Work	Ward Work
Educational Activities:					
<p>There are ample educational opportunities which are well supported by our educational center and library. They do have free access to various educational resources.</p> <p>The department has teaching sessions on Wednesday morning dedicated to foundation year trainees and provide them with the opportunity to present a case/topics, and to participate in the discussion of journal articles. Participation in audit and the opportunity to undertake small research project will be encouraged and will be supported if appropriate.</p> <p>The department has a dedicated clinical teaching fellow to facilitate undergraduate teaching. Those who are interested to take part in teaching undergraduate medical students will have the opportunity to do so. This will be encouraged and supported by the surgical teaching faculty in the department.</p>					
Other Comments (if appropriate):					

*can be found on the Trent/LNR Allocations Spreadsheet

Disclaimer:

Please note that the placement information provided is subject to change.

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General areas

The foundation trainee will learn generic skills in history taking, physical examination and assessing surgical patients. They will be involved in organising appropriate investigations, pre assessment clinics and referring on to other specialists. They will learn how to manage difficult consultations.

Specialist areas

The trainee will be able to gain experience in different fields of general, breast, vascular and urological surgical specialties. The department is flexible in providing experience and exposure in various subspecialties depending up on the trainees needs. This includes experience in breaking bad news, breast reconstruction clinics, exposure to vascular labs.

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