

Foundation Job Description

Foundation School (Delete as appropriate) Programme No. (e.g. L006 OR T102)
Can be found on the Trent/LNR Allocation Spreadsheet

LNR/Trent

T085

Grade (Delete as	Specialty:	Subspecialty (If appropriate):
F1	Psychiatry	Older Adult

Site: Dr V Waykar - Rochford Unit, Pilgrim Hospital, **Trust:** Lincolnshire Partnership NHS Foundation Trust

Main duties:

Job Description

The trainee will be working with Dr V Waykar in Rochford in-patient older adults unit. This is a 17 bed acute unit that assess elderly patients with functional psychiatric disorder. He/she will also be working with Dr Waykar in his community patch which covers Boston area. The trainee will have clinical supervision at the start of the posting to enlist the training requirements as expected in their training guidelines whilst working in Mental health, will continue to get these discussed at regular weekly clinical supervision meetings and have an end of term meeting.

The foundation trainee will continue to enhance their clinical skills.

The trainee would aim to complete the necessary e-portfolio requirements ie; CbDs, Mini-Cex etc during the posting

The trainee would be working on the inpatient unit and in the community as reflected in the weekly timetable.

On the inpatient unit the trainee would be able to have experience in admitting and managing functional and organic presentations in older adults. During the posting the trainee would be provided supervision and guidance as required. They would develop understanding of the multidisciplinary team functions. In the community the trainee would receive guidance and be expected to run a supervised clinic. The trainee will also gain experience in how the community mental health team functions. The trainees would also gain experience in doing home visits for acute and chronic presentations in the community with the Mental Health Nurses and Psychiatrists

At the end of the posting the trainee would aim to gain enough experience to feel confident to be able to manage mental health cases and make provisional diagnosis.

The trainee is expected to follow the Good Medical Practice guidelines as set by the GMC and follow the trust information & governance policies particularly regards record keeping and confidentiality

Example Timetable

For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc

	Mon	Tues	Weds	Thurs	Fri
AM	Ward work Review of last week's MDT plan/ complete outstanding actions Review all Dr Waykar's patients (face to face) and prepare medical report for MDT Complete ward diary tasks	Ward Round Rochford Unit	Outpatient Clinic Skegness Min 1 new patient Assessment followed by discussion of plan with Dr Waykar Completion of clinic letter (admin)	Postgraduate Teaching (Term time) Or Ward work Rochford Or CPD/Audit/ Research	Review all Dr Waykar's patients Review of last week's MDT plan/ complete outstanding actions Mini Ward round with Dr Waykar Or Skegness home visits (ad hoc)
Lunch time					1.00pm - 2.00pm Supervision with Dr Waykar
PM	Outpatient Clinic Boston Min 1 new patient Assessment followed by discussion of plan with Dr Waykar Completion of clinic letter (admin)	Foundation doctors teaching in Pilgrim hospital	CMHT Meeting Skegness Or return to Rochford (ward work)	Ward work (Diary tasks) Complete full Discharge summaries as per template Liaison referrals	Liaison referrals Complete discharge summaries Or CPD/Audit work

Educational Activities:

Tuesdays: 12:00-14:00 foundation program teaching Boston Pilgrim Hospital

Thursday: 09:30 - 12:30 Post Grad Programme (Psychiatry).

Friday: Weekly supervision with CS

Foundation 1 Trainees will not participate in on-calls.

Disclaimer: Please note that the placement information provided is subject to change.