

# Foundation Placement Description

<b>Foundation School (Delete as appropriate)</b>		<b>Programme No. (eg. L006 OR T102)*:</b>			
Trent		T089 T104			
<b>Year (Delete as appropriate)</b>	<b>Specialty:</b>			<b>Subspecialty (If appropriate):</b>	
F1	Geriatric Medicine				
<b>Site:</b>			<b>Trust:</b>		
Pilgrim Hospital			United Lincolnshire Hospitals NHS Trust		
<b>Main duties:</b>					
<p>The post is mainly based in The care of the Elderly wards: 6A (female) and 6B (male) which have 28 beds each one and are dedicated to elderly patients (&gt;75 years old) with complex needs of the area of South and East Lincolnshire. Each ward has 2 full time consultants, a registrar, 2 Core trainees or equivalent, a GP trainee as well as the FY1. There is a multidisciplinary team in each ward with nurses, Occupational therapists, physiotherapists, dietitian and social worker who contribute to the education of the doctors in training and participate in the MDT meeting every morning where the plans for each patient are discussed taking in account functional, mental and social situation. The foundation trainee will be able to satisfy requirements of the Foundation Curriculum and will be supported by the other trainees and consultants. The placement offers direct supervision of clinical practice and workplace based assessments, alongside a clearly delineated role to permit the trainee to meet their Intended Learning Objectives for the foundation programme. The care of the Elderly wards offer a safe learning environment and the opportunity to experience work with elderly patients and families. The trainees will have the opportunity to participate and learn how to perform comprehensive geriatric assessment and frailty assessment and learn how to manage patients with multiple comorbidities in an holistic and patient-centred way.</p> <p>The trainees are predominantly ward based and they participate in the routine of daily MDT and ward round in the morning and doing the jobs including bloods, Catheters, ABGs, ECGs, pleural taps under supervision, etc., in the afternoon. At the end of the day, the cases identified as complicated will be discussed with a senior as well as any doubt about the management of condition of the patients. But also there is teaching and opportunities of supervising medical students in a range of undergraduate placements, involvement in audits and QI projects, participation in outpatient clinics (at least twice during the attachment) and a short rotation in Frailty Unit. The trainees are expected to take part in General Medicine on call rota for out of hours and weekends.</p> <p>The Clinical supervisors can be Dr Zubiaga, Dr Ruiz-Mendoza or Dr Castejon-Morales, Consultant Geriatricians.</p>					
<b>Example Timetable</b>					
<b>For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc</b>					
	<b>Mon</b>	<b>Tues</b>	<b>Weds</b>	<b>Thurs</b>	<b>Fri</b>
<b>AM</b>	Ward Round/Ward Work	Ward Round/Ward Work	Ward Round/Ward Work	Ward Round/Ward Work	Ward Round/Ward Work
<b>Lunchtime</b>		FY1 Teaching 12 -		Medical X-Ray.	
<b>PM</b>	E/C Teaching /Ward Round/Ward Work	Ward Round/Ward Work	Ward Round/Ward Work	Ward Work. Parkinson's clinics 2 clinics in the rotation.	Grand Round/Ward Work. Falls clinics 2 in the rotation
<b>Educational Activities:</b>					
<p>The trainees are expected to attend and participate in Care of the Elderly and general medicine governance and audit meetings as well as weekly care of the Elderly meeting where a part of the Geriatric medical team present a topic of interest (reviewing the evidence and guidelines) with the opportunity of improving teaching and presentation skills. The trainees will be encourage to participate in QI projects and audits for COE.</p> <p>Weekly General medicine Grand round and Medicine X-ray meeting.</p> <p>The foundation doctor will have the opportunity of teaching and supervising medical students in a range of undergraduate placement. This rotation offers the opportunity to learn:</p> <ul style="list-style-type: none"> <li>• how to do Compressive geriatric assessments and to assess cognitive/mental issues in Elderly</li> <li>• understand the complexity on frail elderly people, especially during the attachment in the Frailty Unit.</li> <li>• how to reduce the polypharmacy or importance of doing it, how to apply the Stopp-Start criteria.</li> <li>• Participating in the clinics to learn how to review a patient with falls and how to diagnosis a patient with Parkinson's disease (criteria and different treatments available) among others.</li> </ul>					
<b>Other Comments (if appropriate):</b>					
Once the frailty unit starts working, the trainees will spend a short period of time rotation in it.					

\*can be found on the Trent/LNR Allocations Spreadsheet

**Disclaimer:**

Please note that the placement information provided is subject to change.