

Foundation Placement Description

Foundation School (Delete as appropriate)		Programme No. (eg. L006 OR T102)*:			
Trent		T103			
Year (Delete as appropriate)	Specialty:	Subspecialty (If appropriate):			
F1	Psychiatry	Child and Adolescent Psychiatry			
Site:		Trust:			
Phoenix Ward Hopewood		Nottinghamshire Healthcare Trust			
Main duties:					
<p>This post will be based at Phoenix which is an Adolescent inpatient Unit (AU), part of Nottinghamshire CAMHS (child and adolescent mental health services). Phoenix is a 12-bedded ward for 12-18 year olds presenting with severe and complex mental health problems primarily from Nottinghamshire and Derbyshire but under the NHSE commissioning arrangements can also accept admissions at regional and national levels. The medical team consists of an experienced full time Child and Adolescent as well as a Specialty Trainee and core trainee/GP trainee. The multidisciplinary team consists of nurses, health care support workers, psychologists, teachers, dieticians, OT, activity coordinators, an art therapist, a music therapist and family therapist, who contribute to the education of medical students including assistantships, foundation, core and higher trainees. In addition the unit also offers posts to trainee psychologists and students nurses. Over all the unit offers an established safe, exciting and supportive learning and training environment and the opportunity to experience work with children, young people, parents and families. There are regular opportunity to shadow senior clinicians as well as undertake audit under the supervision of the consultant psychiatrist.</p> <p>The post also offers an excellent office and desk space dedicated to the trainees placed in the unit with full induction offered to at the start of their jobs. The post will be supported by a team of experience admin staff. The trainees will also get ample opportunities to attend to their training needs as well as contribute to many on going quality improvement initiatives.</p> <p>The foundation trainee will be able to satisfy requirements of the Foundation Curriculum and will be supported by the senior trainees and consultant working on the unit. The placement offers direct supervision of clinical practice and workplace based assessments, alongside a clearly delineated role to permit the trainee to meet their Intended Learning Objectives for the foundation programme.</p> <p>The medical team on the AU has wide remit and is responsible for the psychiatric management of young people. The medical team plays a key role in risk assessment and the development of a holistic care plan and liaison with community CAMHS , social care, paediatrics and primary care. As well as the management of mental health issues, the AU post includes the management of severely physically unwell</p>					
Example Timetable					
For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc					
	Mon	Tues	Weds	Thurs	Fri
AM	Morning Handover Ward Round Prep and Supervision	Ward round	Teaching Programme	Morning Handover and Medical Jobs	Morning Handover Ward Work
Lunchtime					
PM	Patient Reviews Clinical Admin	Ward Round Patient and Carer Feedback	Patient Reviews Patient CPAs	Ward work	Ward work Weekly Ward Audit
Educational Activities:					
<p>Daily handover meetings, weekly ward round and daily reviews, CPA review meetings with networks around the child, daily contact with the young people to organise and deliver care and review their mental states, risk assessments of inpatients and outpatients, observation of structured diagnostic assessments and family therapy, participation in groupwork with young people, multidisciplinary discussions in ward round and specific case discussion meetings, observation of young people in the unit and at the education base (hospital school), admission clerking of new patients. Participate in clinical audits and assist with the national audit of Routine Outcome Measures on the unit. Weekly academic sessions with the expectation to present a case, and to participate in the discussion of journal articles to a large medical audience . Teaching and supervising medical students in a range of undergraduate placements. There can be opportunity to undertake small research project and publication if appropriate. Opportunity to undertake joint assessments with members of the MDT. There will be regular opportunities to undertake supervised clinical encounters case base discussion and case presentation and discussion of all new admissions with regards to their diagnosis and treatment. The consultant will deliver mini tutorial in workshop style on varied and relevant clinical and academic topics.</p>					
Other Comments (if appropriate):					
<p>General areas</p> <p>The foundation trainee will learn generic skills in history taking, mental state examination, physical examination and obtaining a collateral history. They will be involved in organising appropriate investigations, and referring on to other specialists. They will learn how to manage difficult consultations and communication skills, and about the use of the MHA, MCA and Children's Act. Risk assessment and management is learned throughout the clinical management of cases.</p> <p>Specialist areas</p> <p>The trainee will gain experience in the management of mental illness in children and adolescents, and the skills needed to ensure effective communication, attention to confidentiality and highly complex consent issues. They will be exposed to a wide range of presentations including psychosis, neurodevelopmental disorders, eating disorders, affective disorders, OCD, severe self harm and substance misuse, in the under 18</p>					

*can be found on the Trent/LNR Allocations Spreadsheet

Disclaimer:

Please note that the placement information provided is subject to change.