

Foundation Job Description

Foundation School (Delete as appropriate)		Programme No. (eg. L006 OR T102)*:	
LNR		L011	
Year (Delete as appropriate)	Specialty:	Subspecialty (If appropriate):	
F2	Psychiatry	Old Age Psychiatry - Organic	
Site:		Trust:	
Evington Centre, Leicester General Hospital		Leicestershire Partnership NHS Trust	

Main duties:

In this placement you will work as part of a multi-disciplinary team alongside other doctors, nurses, O.T.s, physiotherapists and healthcare support workers providing inpatient care for patients aged over 65 at the Evington Centre. The ward provides an assessment and treatment service for people with organic mental illnesses such as dementia, although you are also likely to work with small numbers of patients with functional mental illness such as depression.

You will be involved in the assessment of patients, formulating risk assessments and management plans for both mental and physical and health problems, attending weekly multi-disciplinary team meetings, supporting patients' relatives and carers and helping to plan discharges from the ward. There will also be opportunities to see elderly patients with organic and functional mental illness in a range of community settings under supervision. We will endeavour to provide additional learning experiences in psychiatry according to availability and your interests.

You will gain experience of legal aspects of mental health care, as you will be looking after patients who may be detained under the provisions of the Mental Health Act or who are being treated under the Mental Capacity Act, including Deprivation of Liberty Safeguards (DoLs). Experience in these areas will provide an essential understanding which can be applied to patients in all areas of medicine, developing transferrable skills regardless of your planned career aspirations.

You will also have exposure to the assessment of patients in outpatient clinics, and, with appropriate supervision, you are likely to undertake clinics yourself.

There is ample opportunity to become involved in an audit and to develop your skills as a clinical teacher, assisting the teaching of medical students on the ward. Where possible we will work to support additional taster sessions in other areas of psychiatry that may be of particular interest to you during your placement.

As part of your post you will participate in the on-call rota of the Bradgate Mental Health Unit, providing out-of-hours medical cover for patients admitted to the Bradgate Unit and/or the Bennion Centre.

By the end of the attachment you will be able to:

- Take a history, perform a mental state examination, physical examination and obtain a collateral history
- Satisfy requirements of the Foundation Curriculum. The post fulfils and maps to all of the 4 key sections and 18 individual curriculum skills of the Foundation Portfolio including Professional Behaviour, Communication, Clinical Care, Quality and Safety.
- Fulfil workplace based assessments
- Fulfil your Intended Learning Objectives for the foundation programme.
- Gain exposure to the management of common acute psychiatric conditions
- Have developed the skills needed to ensure effective communication, attention to confidentiality and consent issues
- Have developed skills of team working, time management and prioritisation

Example Indicative Timetable

For example: W/R, MDT, Meetings etc

	Mon	Tues	Weds	Thurs	Fri
AM	Ward Round MDT	Home visits	Ward work	Ward Round MDT	Clinical supervision 11:30 Journal Club/Case Presentation
Lunchtime					Postgraduate Teaching
PM	Ward Round MDT	Ward work	Ward work Audit/research	Ward work	Outpatient clinic

Educational Activities:

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Leicestershire Partnership NHS Trust places a keen focus on the education and training of junior doctors. There is weekly Friday lunchtime teaching at the Bradgate Unit for all psychiatry doctors. All trainee doctors working in psychiatry have one hour of one-to-one protected clinical supervision a week from their consultant, in addition to ongoing supervision of ward work. You will be able to access other training within LPT including disengagement skills, ILS, Mental Capacity Act etc. You will be encouraged to undertake an audit or QI project and consider working this up for a poster at a local or national conference.

Generic Learning outcomes you will be able to achieve in this job:

1. Professional Behaviour & Trust: Act professionally; deliver patient centred care and maintain trust; behave in accordance with ethical & legal requirements; keeps practice up to date through learning and teaching; demonstrate engagement in career planning.
2. Communication, team working and Leadership: Communicate clearly in a variety of settings; work effectively as a team member; demonstrate leadership skills.
3. Clinical Care: Recognise, assess and initiate manage the acutely ill patient; recognise, assesses and manage patients with long term conditions; obtain history, perform clinical examination, formulate differential diagnosis and management plans; request relevant investigations and act upon results; prescribe safely; perform procedures safely; demonstrate understanding of the principles of health promotion and illness prevention; manage palliative and end of life care.
4. Safety and Quality: Recognise and work within limits of personal competence; make patient safety a priority in clinical practice; contribute to quality improvement.

Other Comments (if appropriate):

Disclaimer: Please note that the placement information is subject to change.