

# Foundation Job Description

**Foundation School (Delete as appropriate) Programme No. (e.g. L006 OR T102)**  
*Can be found on the Trent/LNR Allocation Spreadsheet*

LNR/Trent

T009

Grade (Delete as	Specialty:	Subspecialty (If appropriate):
F2	Psychiatry	Older Adults

Site:	Trust:
Dr B Kaissy, Manthorpe Centre, Grantham	Lincolnshire Partnership NHS Foundation Trust

## Main duties:

### Job Description

#### Older Adult Psychiatry, Lincolnshire Partnership Foundation NHS Trust Grantham/Lincoln

The FT2 doctor is based in Grantham, Manthorpe Centre, which is an acute inpatient for older adult with mental health and Community mental health team for older adult (dementia and Functional mental disorders). This placement will provide ample opportunities for trainees to develop transferrable skills that are appropriate for managing the elderly patients especially those with cognitive impairment in any future setting. There will also be opportunities for developing their teaching skills via teaching medical students.

#### Inpatient/Community Placement, Manthorpe Centre, Grantham

This post provides five days per week experience in acute inpatient, Liaison service and community for older adult psychiatry (dementia). The medical team comprises of two full time Consultants (Dr Kaissy and locum consultant), one Specialist Doctor and one core psychiatry trainee, as well as one specialist trainee in old age psychiatry (level 4-6). The population we care for are aged 65 and over, as well as younger adults with early onset dementia, in excess of 35,000. The working relationship with colleagues in the Multi Disciplinary Team is beyond excellence. The FT2 doctor will have the opportunity to sit in outpatient clinics run by the Consultant and conduct joint home visits to patient's homes/care homes with other team members. They will help in the day-to-day physical and psychiatric care of the inpatients at the Manthorpe Centre and should carry out assessments of new admissions to the acute inpatient unit, psychiatric assessments of patients under direct consultant supervision if appropriate depending on the trainee's level of confidence and expertise. They will also be assessing patients in acute hospital setting (liaison elderly patients) jointly with Liaison Nurses, supervised by the Consultant. The assessments will include a structured history taking, psychiatric and medical history, and mental state exams with detailed cognitive assessment, physical assessment and assessing psychosocial needs. They will also be assessing patients' mental capacities for various decisions, and gain general experience in the use and application of the Mental Health Act and the Deprivation of Liberty Safeguard.

Manthorpe ward has 18 acute assessment beds for older adults with Dementia. The ward prides itself on its multi-disciplinary team approach to patient care and, in addition to the above medical staff; we have a full contingent of junior and senior nursing staff, occupational therapy, and access to specialist psychology and physiotherapy, and physical nurse. The ward averages over 120 admissions per year with average length of stay of 6 weeks.

The FT2 Doctor would also have the opportunity to attend, and if appropriate, present at the weekly postgraduate psychiatric training morning where a Case Presentation, Journal Club and external speaker's presentation typically occur. They are expected to attend their weekly foundation program teaching on Thursdays.

## Example Timetable

**For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc**

	Mon	Tues	Weds	Thurs	Fri
AM	Outpatient Clinic (Dr Kaissy)	10:00 MDT Meeting (Locum Consultant)	Ward / Administration / Audit Home visits	09:30 to 12:30 Academic programme at Post Graduate Education Centre, Sleaford (Case Conference, Journal Club and invited speakers) for FT2 trainee.	Attend medical students teaching Emergency home visit with CMHT
Lunch time					
PM	14:00 MDT Meeting (Dr Kaissy)	12:30 Grand Round Teaching at Grantham Hospital Joint visits with Liaison Nurses (supervised by Dr Kaissy)	Ward / Administration / Audit Home visits	12:00 to 14:00 F2 teaching at Grantham Hospital Ward / teaching medical students	12:00 Supervision with Dr Kaissy Ward Work / Administration

## Educational Activities:

Thursday 09:30-12:30 Post Grad Programme (Psychiatry), Thursday 12:00-14:00 F2 Teaching  
 Friday afternoon: Supervision with CS

## Other Comments (if appropriate):

**Disclaimer: Please note that the placement information provided is subject to change.**