

# Foundation Placement Description

<b>Foundation School (Delete as appropriate)</b>		<b>Programme No. (eg. L006 OR T102)*:</b>			
Trent		T072			
<b>Year (Delete as appropriate)</b>	<b>Specialty:</b>	<b>Subspecialty (If appropriate):</b>			
F2	General Adult Psychiatry				
<b>Site:</b>		<b>Trust:</b>			
Rowan 2 Ward, Highbury Hospital and Manor Road Community		Nottinghamshire Healthcare NHS Trust			
<b>Main duties:</b>					
<p>You will be working on Ward, Redwood 2 at Highbury Hospital, Bulwell. You will also spend one day a week within the Gedling Community Mental Health Team within the Gedling patch. The aim of this placement is to offer an experience which combines inpatient work with some exposure to the interface between Community Psychiatry, inpatient work and general practice. The Trainee will clerk patients, assess mental and physical states, monitor progress of patients' mental health and response to treatment. They will need to obtain collateral histories and liaise with colleagues in other Teams. There will be some degree of flexibility in the timetable and the trainee will need to work closely with both the Inpatient Team and the Community Mental Health Team in order to prioritise tasks and resources. The trainee will work as an integral part of the Multi-Disciplinary Team, both on the ward and in the Community Mental Health Team. There will be opportunities to improve skills in Psychopathology assessment, the management of a range of common psychiatric disorders, the interface between physical and mental health care and the assessment of mental capacity. The trainee will manage a number of conditions, including severe mood disorders, psychosis (including schizophrenia and transient drug related states) and personality disorders, as well as a range of anxiety based disorders. The trainee will experience the use of the Mental Health Act, both on the inpatient setting and also in the community. The trainee will have the opportunity to shadow Core/GPVTs trainees on the Nottingham on-call rota, including exposure to acute admissions to the psychiatric wards (CAMHS, Adult, PICU, LD, Old-Age and Perinatal, etc). F2 trainees will take part in the on-call rota. The trainee will continue to attend the Foundation Training Programme and Trust weekly teaching at the PGEC on Tuesday pm. A weekly Journal Club/Case Conference is held on a Wednesday morning and the trainee will be involved in presenting, as well as attending, these meetings. There will also be an opportunity to teach medical students on an informal basis, both on the ward and in the outpatient clinic. At all times the F2 trainee will have ready access to senior clinicians to discuss cases as needed. The F2 will also receive regular clinical supervision on a weekly basis. The trainee will be encouraged to take part in Audit and will have the opportunity to develop their own topics and present them at local Audit Meetings. The trainee's progress throughout the placement will be supported by work place based assessments.</p>					
<b>Example Timetable</b>					
<b>For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc</b>					
	<b>Mon</b>	<b>Tues</b>	<b>Weds</b>	<b>Thurs</b>	<b>Fri</b>
<b>AM</b>	Rowan 2	Rowan 2	Journal Club/Case Conference 9-10.30am	Rowan 2	Outpatient Clinic at Manor Road Gedling 9am-1pm
<b>Lunchtime</b>					
<b>PM</b>	Rowan 2	Rowan 2		Rowan 2	Community Emergency Assessments
<b>Educational Activities:</b>					
<p>One hour weekly supervision with Dr Impey. Individual learning objectives will be agreed at the beginning of the placement with the Clinical Supervisor. A mid-point review will be held with the Foundation Programme Associate Tutor.</p>					
<b>Other Comments (if appropriate):</b>					
<p>On-call commitment. F2 trainees will have regular on-call slots on the core trainee on-call rota.</p>					

\*can be found on the Trent/LNR Allocations Spreadsheet

## Disclaimer:

Please note that the placement information provided is subject to change.