

HEE East Midlands Primary Care Newsletter

July 2019



News for Everyone

Reflective Practice

The GMC has recently published some helpful guidance about reflective practice as there has been a lot of anxiety recently about recording and using reflection.

I found the ten key points on being a reflective practitioner interesting and it's great for helping patient/system safety personal growth as an individual/team and most importantly for personal wellbeing - have a look:

<https://www.gmc-uk.org/education/standards-guidance-and-curricula/guidance/reflective-practice#supporting-reflection>

Trainee News

The GOOD News

GETTING YOUR CCT and UPDATING the NPL

Firstly, congratulations to all those Trainees - Well done for all your hard work and effort (and Trainers)!

If you started your GP training between August 2016 and January 2017, and you are now approaching qualification, you will need to update your status on the National Performers List. To do this you will need to submit the following documentation to Primary Support England via PCSE.Performerlists@nhs.net

- Copy of your Certificate of Completion of Training (CCT)
- NPL3 form – your written request to update your status on the National Performers List
- Completed & signed declaration form – a declaration in accordance with Regulation 4, subparagraph 5 of the National Health Service (Performers Lists) (England) Regulations 2013, as amended 2015.

Note: If you do not submit these documents, you will be unable to start work as a GP

These documents and instructions have also been emailed to registrars who started their training between August 2016 – January 2017. If you haven't received an email, please let PCSE know as it may be that the email address, we have on file for you is either out-of-date or incorrect. It is

important that you keep your contact details held on the National Performers List up to date, for any future regulatory correspondence.

MANDATORY PRESCRIBING AUDIT PILOT

Facts

- Compulsory for all FULL-TIME trainees rotating into ST3 in August 2019 to be completed by January 2020
- Review of 60 consecutive prescriptions against a set of standards
- Trainee needs to reflect on their prescribing errors and their Clinical supervisor (or an appropriate dominated deputy such as practice pharmacist) reviews 20 of the prescriptions at random (and more if deemed necessary).
- EMIS, System One and Vision all have searches set up to identify the prescriptions
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- Excel spreadsheet for trainee to complete.
- Definitions in the handbook of Prescribing errors and sub-optimal prescribing events
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- Trainee completes a Trainee Prescribing Reflection Form and then a Prescribing related PDP.
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- Trainer confirms they have reviewed in the Trainer Assessment Form

Pros – Patient safety
2 Less CBDs over the year.
It's not pass or fail its summative

Cons – It's mandatory!

There are 3 assessment grades –

- A safe, reflective GP prescriber now
- Needs to develop specific prescribing skills to fulfil the prescribing proficiencies [Those not in the PDP should be reviewed and recorded in a prescribing assessment review]
- Needs support and educational input prior to repeating all this assessment

The plan is for it to become mandatory for all trainees from August 2020. Other ST3 trainees (LTFT, out of synch) can choose to do the pilot and reduce the minimum required number of COTs from 12 to 10 with the agreement of their ES. There is a survey to be completed at the end of the process by both the trainee and the clinical supervisor.

FURTHER INFO: Here is the link on the college website which contains all the resources as well as a detailed power point presentation:

<https://www.rcgp.org.uk/training-exams/training/mrcgp-workplace-based-assessment-wpba/prescribing-assessment.aspx>

END OF TRAINING FEEDBACK

As part of the continuing quality assurance of GP Training, we gather and analyse feedback from every GP Registrar at the end of each training placement. We can then use this to celebrate good practice by thanking those who are providing good training, and improve those placements which could be better. Even if you are very happy with the placement you are just finishing please say so! We do value your feedback and it is a GMC requirement that you provide this so that the quality of medical training can be maintained and improved, not just for you but for your successors. ARCP panels do look to see that trainees have submitted feedback – you can evidence this by noting in your learning log the date feedback was submitted.

If you are rotating to another placement or completing your final year, then please submit end of placement feedback to us by **2nd August 2019**.

Here's what you need to do:

- If you are just completing a Hospital placement: [click here](#)
- If you are an ST3 trainee at the end of training or rotating out of the current Practice: [click here](#)
- If you are just completing a GP Practice placement: [click here](#)

The survey should take approximately 15-20 minutes to complete, but you can save and return to it later if interrupted and the survey can be completed on smart phones and tablets.

If you are out of programme for some reason then there is no need to complete the survey at this time.

Trainers

PGCME

For the old boys and Girls, or those who have migrated from elsewhere, who possibly missed the opportunity to do the postgraduate certificate of medical education – here is your chance!

We'd like to offer existing trainers who do not have the Postgraduate Certificate in Medical Education the opportunity to gain this qualification. It would involve attending the trainer's course again (currently 2x 3 days in Nottingham) as well as the portfolio and essays for the PGCME.

The cost would predominantly be funded by HEE-EM, but we would require a £500 contribution from the doctor themselves, as is the case for new trainers.

Please contact Bevis Heap (Bevis.Heap@hee.nhs.uk) if you are interested and want to talk it through.

The next course starts in September 2019.

The closing date is August 6th for the September cohort.

Trainers - please also look at the Prescribing audit section above.

Course and Resources

INTRODUCTION TO THE NHS – This explains a lot about how the NHS functions from the Kings Fund

Ideal for Trainees but also for those of us who struggle to describe the systems within.

<https://www.futurelearn.com/courses/the-nhs-explained>

TRENT OCCUPATIONAL MEDICINE SYMPOSIUM 17th October 2019: Belfry Hotel, Nottingham

The educational event provides 5.5 CPD points and is aimed at occupational health nurses and physicians as well as GPs & trainees with an interest in occupational medicine.

Presentations will include travel medicine, medical and legal perspectives on drug and alcohol abuse at work, respiratory health surveillance, dementia in the working age population and PTSD.

Programme & booking details at www.trentoccupationalmedicine.org.uk

CANCER RESOURCE: GATEWAY C

Well worth having a look- online resource: <https://www.gatewayc.org.uk/>

GATEWAY C – The platform aims to improve cancer outcomes by facilitating earlier and faster diagnosis and improving patient experience, through:

- Improved knowledge of symptoms
- Increased confidence in when and when not to refer a patient
- Improved quality of suspected cancer referrals, reducing delays in the system

- Improved communication to enhance the patient experience and support patients at each stage of their cancer journey.

A FURTHER CANCER CARE RESOURCE

The East Midlands Cancer Alliance (EMCA) is committed to improving how we diagnose, treat and care for people with cancer. We are working in conjunction with Public Health England (PHE), Cancer Research UK (CRUK) and Macmillan on several projects which we hope will see the East Midlands establish itself as a national lead for cancer.

This year, we are focusing on lung, prostate and bowel cancer pathways although diagnosing and treating all cancers as early as possible is our ultimate aim. Primary and secondary care are equally important with respect to achieving this aim and we would like to support our primary care health professionals with the crucial work they do.

One offer of support that we particularly endorse is the CRUK facilitator programme. All GP practices in the East Midlands could meet with one of the facilitators who are adept at assessing current cancer indicators and offering advice on quality improvement.

CRUK Facilitators support busy GP Practices by:

- Providing practices with their cancer data, including screening and Two week wait referrals.
- Bespoke training sessions for clinical and non-clinical staff – e.g. cancer decision support tools, safety netting, cancer SEAs, how to improve screening uptake, and cancer prevention.

CRUK's facilitator programme is free of charge, has been independently evaluated and has been shown to reduce variation in referral, conversion and detection rates as well as increasing cancer screening uptake in practice populations.

Should practices wish to contact a CRUK facilitator, they can be contacted as follows:

Lincolnshire: Lucy Clay Email – Lucy.clay@cancer.org.uk Tel – 07900 748445

Nottinghamshire: Jon Stevens Email – Jonathan.stevens@cancer.org.uk Tel – 07883 039785

Leicestershire: Chirag Ruda Email – chirag.ruda@cancer.org.uk Tel – 07342 061962

Derbyshire: Adam Williams Email – adam.williams@cancer.org.uk Tel – 07827 987833

Northamptonshire: Jon Stevens Email – Jonathan.stevens@cancer.org.uk Tel – 07883 039785

To learn more about the work we are doing at the Cancer Alliance, please visit our website

<http://www.eastmidlandscanceralliance.nhs.uk/>