

HEE East Midlands Primary Care Newsletter

March 2019

Please let us have any suggestions or items you wish to see included –
Many thanks Aileen Robertson

New GP post-CCT fellowships

These are an output from the GP Forward View and integral to the NHS Long-Term Plan. In recent years GP Fellows have explored ways to make working as a GP more attractive. The national HEE Fellowship scheme builds on the pilot fellowship schemes pioneered in the East Midlands.

The HEE Fellowship team is actively seeking initial expressions of interest from individuals who may wish to commence as a full-time or part-time fellow any time during the 12 months from September 1st, 2019. We can put you in contact with key individuals at the training hub(s)/partner organisation(s) which lead on fellowships in the area where you wish to work in order for you to discuss the opportunities available and to be updated about the process and key dates for the local selection process.

Elements of a Fellowship

- **Clinical work** - salaried General Practice for four half-day sessions per week in the county in which you are a fellow. (You are employed by your practice).
- **Fellowship Placement** - four half-day sessions per week. The training hub/partner organisation will help to identify funded local placements for each fellow. The placements can be tailored to your ambitions and can be clinical, managerial or educational or a combination. Examples include:
 - o Helping you to develop a clinical special interest such as dermatology, frailty and palliative care.
 - o Supporting you to become a leader within the local healthcare system working with evolving Primary Care Networks and with GP Federations, Training Hubs, Integrated Care Systems, NHS England and HEE.
- **Project** To be determined by the Fellow and agreed with the HEE team and training hub within a few months of starting your fellowship.
- **Accredited Qualification** - two half-day sessions per week of grant supported study leave. (HEE fund your time and the cost of the tuition*).

There is a wide choice of courses. Suitable qualifications include those linked to a clinical speciality/interest or to leadership, education or research.

*course fees of up to £5000 plus £18,963 per annum for the two sessions.

Places and Eligibility

If you have gained your CCT since August 2014 or will be gaining your CCT by September 2020 and plan to work in the East Midlands as a GP, you can apply for the current scheme.

Interested? Want to find out more?

Please email the HEE Fellowship Team for the East Midlands: fellowships.em@hee.nhs.uk

Please confirm:

1. Your name and GMC number.
2. Date of CCT (if you are in training please indicate expected date).

Mentorship and Coaching

The East Midlands Professional Support Unit (PSU) have commissioned a series of two-day workshops

For TPD's and Educational Supervisors interested in Mentorship and Coaching.

Mentorship Using a Coaching Approach: No Charge to attend.

TPDs/Educational Supervisors/Tutors (only):

18 & 19 Apr 2019 Leicester Hilton

27 & 28 Jun 2019 Doubletree by Hilton Nottingham Gateway

Trainees (only):

16 & 17 April 2019 Nottingham Belfry

17 & 18 May 2019 Leicester Hilton

29 & 30 July Leicester Hilton

Places are limited to 15 for each workshop and delegates must commit to attending both days.

Booking at <https://secure.intrepidonline.co.uk/CourseManager/EMD/>

Lynne Cooke, Project Support Officer (RTT) – Professional Support Unit

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Mentoring is a learning support mechanism where an experienced person provides knowledge or guidance to a person who needs developing or has less experience in a function, topic or role. Good mentoring can be instrumental in the development of an individual's skills, knowledge, behaviour and outlook in the workplace.

Coaching is all about empowering change and results. It helps us become more aware of ourselves, our impact on others and our responsibilities in achieving our own goals.

Good coaching can engender an increase in confidence, our ability to handle change and improve communication, performance and leadership skills.

Does your scope of practice extend outside of your training programme?

Be aware of revalidation guidance.

https://www.copmed.org.uk/images/docs/revalidation/FAQs_re_Full_Scope_of_Work.pdf to view the Full scope of work FAQs which accompany the guidance for doctors in postgraduate training whose scope of practice extends outside of their training programme

[https://www.copmed.org.uk/images/docs/revalidation/Revalidation_requirements_for_trainees_undertaking_roles_outside_of_training.pdf](https://www.copmed.org.uk/images/docs/revalidation/Revalidation_requirements_for_trainees Undertaking_roles_outside_of_training.pdf)

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CRUK: Cancer Update:

Tracy Mann (Cancer Research UK) and PHE Consultants Jasmine Murphy/Allan Reid

A relaxed informal multi-professional learning session. Cancer matters to everybody. These sessions are free, include light refreshments

Booking <https://secure.intrepidonline.co.uk/CourseManager/EMD/>

Pilgrim Hospital Boston: Tuesday 8th October 18.00-21.15

Royal Derby Hospital: Thursday 24th October 17.30 -20.00

Kettering General Hospital: Saturday 26th October 09.30-12.15

Kingsmill Hospital, Sutton- in- Ashfield: Wed 30th October 18.00-21.15

Glenfield Hosp Leicester: Wed 6th November 14.00- 17.15

Training Hubs: Sarah Layzell

Training hubs have been around for 5 years now. They are spread across the whole of the region and map onto the STPs. They have been developed to help facilitate placements in the community for medical students, paramedics, pharmacists, ANPs, practice and student nurses to name but a few! They are also responsible for developing new ways of working for the workforce and to support and promote interprofessional education. They are now recognised as the vehicle to help deliver the NHS Long term 10 year plan.

For more information go to

<https://www.bma.org.uk/advice/employment/gp-practices/general-practice-forwardview/workforce/training-hubs>

Dr Sarah Layzell BM FRCGP MSc (MedEd)

Head of School -Primary Care (Derbyshire and Nottinghamshire)

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What is SuppRTT?

For PDs, Educational Supervisors and Trainees

Supported Return to Training

Following on reports from trainees that they feel unsupported when they return to work, HEEM is now offering a SuppRTT package for all trainees. It acknowledges that any prolonged period (more than 3 months) away from training will cause a decline in knowledge and skills.

The package includes 'keeping in touch' KIT days whilst they are off, 1:1 coaching and support on their return and up to 2 weeks full time or 4 weeks part time salary support whilst they return to work to ease them in. This does not count towards training time. More information can be found at <https://www.eastmidlandsdeanery.nhs.uk/trainee/supportt>

PD Development Day –West bridge 22/5/19

Another fun filled development day -programme to be finalised but covering –OOH/New contract/SuppRTT /courageous conversations –please book through intrepid.

Thanks again for reading this newsletter. We hope that you find this information useful. Don't forget to send any ideas for future editions of the newsletter -Aileen.robertson@hee.nhs.uk
Also, thanks to "Co-editor" Dr Christine Johnson