***East Midlands School of Psychiatry: Higher trainee Special Interest* sessions**

Access to these opportunities through the relevant TPD.

trainees from the ‘hosting’ specialty are prioritised

***CAMHS Special interest session***

1. **Safeguarding Children :** Dr Jo Kennedy: 1 to 2 sessions a week likely be on a Wednesday or Friday. **(Please check with Dr Ambekar if still available)**.
2. **Brief and Systemic Therapy (BST)** : Sami Timimi :one year course (three terms of 8 face to face sessions) held in **Lincolnshire** from September to July, on a Friday morning. The course has online modules as well as face to face training .The course covers theory, case based discussions, and a supervised case. (Currently on hold)
3. **Neurodevelopmental clinic** : Dr Khan can offer special interest experience in neurodevelopmental conditions. Please contact Dr Rummana Khan in **Leicestershire** for further information.
4. **DBT**: DHCFT CAMHS (Derby) CAMHS RISE Team: attend as a minimum the DBT Skills Group on Tuesday evenings from 5pm to 7pm at Temple House, Mill Hill Lane, Derby, DE23 6SA. In addition there is a DBT Consult on Tuesday afternoon 1.30 to 3pm. Attendance at this is encouraged for the reasons outlined above.

If the trainee has completed a recognised DBT Training course such as DBT essentials below they could offer one to one skills coaching. In this case attendance at DBT Consult would be expected and they would be required to train on PARIS EPR <http://www.apt.ac/dbt-essentials.html>

Other DBT Groups are run periodically such as “Walking the Middle Path” and Radically Open DBT that might be appropriate for training opportunities on discussion with the Consultant Supervisor Dr Kennedy and DBT Leads.

Resources from <https://behavioraltech.org/resources/faqs/dialectical-behavior-therapy-dbt/>

**5. CAMHS PICU :** Dr Lucy Morley - Placement with the inpatient CAMHS PICU Hercules ward at Hopewood Hospital of Nottinghamshire Healthcare NHS Foundation Trust

1 or 2 sessions per week.

***ID Special Interest sessions***

The opportunities are split across a number of locations in the region – some are available in several locations, some only one.

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| **Core Topic** | **Subspeciality** |
| **Academic Psychiatry** | **NDD** |
|  | **Philosophy & MH inc Critical Psychiatry** |
|  | **Psychopharmacology / Inpatient** |
|  | **Psychosis** |
| **ADHD** |  |
| **Adult ASD** |  |
|  | **Gender Issues** |
| **CAMHS** |  |
|  | **Child ID / Transitions** |
|  | **Secure CAMHS inpatient** |
| **Clinical Genetics** |  |
| **Community Paeds** |  |
|  | **Downs Clinic** |
|  | **Developmental Clinic** |
| **Dementia** |  |
|  |  |
| **Education & training** |  |
| **End of Life Care** |  |
| **Epilepsy** |  |
| **Forensic** | **Community** |
|  | **Inpatient** |
| **Management** | **Clinical** |
|  | **Educational** |
| **Neurology** |  |
| **Neuropsychiatry** |  |
|  | **Sensory Impairment** |
|  | **Huntingtons Disease** |
|  | **Tourettes** |
|  | **Brain Injury** |
| **General psychiatry** | **Liaison** |
|  | **Trauma-informed care** |
|  | **Womens mental health** |
|  | **Perinatal** |
|  | **CRT/HTT** |
| **Physical health** |  |
| **PMLD** |  |
| **Psychotherapy** | **ID Complex Case Group** |
|  | **Balint Group** |
|  | **Family Therapy** |
|  | **Wellbeing and resilience** |
|  | **Psychodynamic therapy in everyday practice** |
| **Special School** |  |