

# Foundation Placement Description

<b>Foundation School (Delete as appropriate)</b>		<b>Programme No. (eg. L006 OR T102)*:</b>			
LNR		L023			
<b>Year (Delete as appropriate)</b>	<b>Specialty:</b>	<b>Subspecialty (If appropriate):</b>			
F1	Psychiatry	General adult			
<b>Site:</b>		<b>Trust:</b>			
Bradgate Mental Health Unit		Leicester Partnership Trust			
<b>Main duties:</b>					
<p>The F1 will work on Belvoir Psychiatric Intensive Care Unit, a 10 bedded male unit which manages people with complex psychiatric comorbidities. Patients often have significant medical problems as well. The F1 will have the opportunity to clerk in new patients, review existing patients, conduct physical examinations, take bloods, ECGs, make referrals to other departments, and work as part of a MDT. They will gain experience and exposure to the mental health act, and the mental capacity act. They will start each day with a daily multidisciplinary board review of all patients, which will generate jobs for the day. Every patient needs a medical review prior to the weekly MDT meeting where plans are made. F1s will also get an experience within the community, during a 2 week attachment with the Crisis Resolution Team. The F1 will form part of a team with nursing staff, 1 Consultant Psychiatrist, (Dr Kinnair), and 1 CT3 doctor. There are times when there is also a ST4-6 attached to Belvoir PICU. The F1 will also gain exposure to forensic mental health services, drug and alcohol psychiatry, and will likely have contact with probation and the police as part of their attachment.</p>					
<b>Example Timetable</b>					
<b>For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc</b>					
	<b>Mon</b>	<b>Tues</b>	<b>Weds</b>	<b>Thurs</b>	<b>Fri</b>
<b>AM</b>	9am Board Round 0930 MDT	9am Board Round	9am Board Round	9am Board Round 0930 MDT	9am Board Round
<b>Lunchtime</b>					11.30-1.30 Psychiatry Teaching - Journal Club / Case Conference at the Bradgate Unit
<b>PM</b>	clinical work/ supervision	clinical work	audit/ research	clinical work	clinical work
<b>Educational Activities:</b>					
<p>The F1 will be able to attend their weekly F1 teaching. They can access the Friday lunchtime teaching at the Bradgate unit. They will have 1 hour of clinical supervision from the Belvoir Consultant each week. During the placement there will be an opportunity to switch for 2 weeks with the F2 in the Crisis team. The F1 will be able to access other training within LPT including Disengagement skills, ILS, Mental Capacity act etc. They will be encouraged to undertake an audit or QI project and consider working this up for a poster at a local or national conference.</p>					
<b>Other Comments (if appropriate):</b>					

\*can be found on the Trent/LNR Allocations Spreadsheet

**Disclaimer:**

Please note that the placement information provided is subject to change.