

Foundation Job Description

Foundation School (Delete as appropriate)		Programme No. (eg. L006 OR T102)*:			
LNR		L031/L033			
Year (Delete as appropriate)	Specialty:	Subspecialty (If appropriate):			
F1	General Psychiatry	Adult			
Site:		Trust:			
Bradgate Unit, Glenfield Hospital		University Hospitals of Leicester			
Main duties:					
<p>This placement will involve working on a General Adult inpatient psychiatric ward at the Bradgate Mental Health Unit. You will have the opportunity to work with individuals diagnosed with a range of mental disorders including depression, schizophrenia, bipolar disorder and personality disorder amongst others.</p> <p>You will work closely with the Multi-Disciplinary Team in order to gain a comprehensive history and examination and present this at ward rounds with views on differential diagnosis and management options. This will provide an excellent opportunity for supervised learning events and developing your knowledge of common psychiatric conditions and their management.</p> <p>Risk assessments will be an integral part of the job and these will be explored in detail and discussed with various professionals who are involved in patient care.</p> <p>You will gain experience of legal aspects of mental health care, as you will be looking after patients who may be detained under the provisions of the Mental Health Act (1983) or who are being treated under the Mental Capacity Act. Experience in these areas will provide an essential understanding which can be applied to patients in all areas of medicine, developing transferrable skills regardless of your planned career aspirations.</p> <p>There will be a weekly supervision session with the Clinical Supervisor where cases on the ward can be discussed and reflected upon. There is also ample opportunity to become involved in an audit and to develop your skills as a clinical teacher, assisting the teaching of medical students on the ward.</p> <p>Where possible we will work to support additional taster sessions in other areas of psychiatry that may be of particular interest to you during your placement. Please NOTE: All foundation year 1 doctors in their first 4 month rotation in psychiatry will also spend some time on an acute medical unit to ensure that they are not disadvantaged when starting their second post. This is likely to be a day a week on acute medical unit or a similar arrangement.</p>					
Example Timetable					
For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc					
	Mon	Tues	Weds	Thurs	Fri
AM	Ward Review / Work	Ward Round	Ward review / Work	Ward Round	Ward Review / Work
Lunchtime		Journal Club	FY teaching		Academic Meeting
PM	Ward Work	Ward Review / Work	Ward Round		Ward Review / Work
Educational Activities:					
<p>FY1 teaching.</p> <p>Journal Club / case Conference.</p> <p>Postgraduate Academic meetings.</p> <p>Weekly Clinical Supervision.</p> <p>Opportunity to become involved in an audit.</p> <p>Teaching to medical students on the ward.</p>					
Other Comments (if appropriate):					
<p>Leicester Partnership Trust places a keen focus on the education and training of junior doctors. This post will provide excellent opportunity to develop your clinical skills and competencies, ensuring that you meet the objectives set in the foundation training curriculum.</p> <p>Working within general adult psychiatry, you will have the opportunity of assessing and treating patients with a range of physical and mental health needs in both hospital and community settings. With treatment focussing on the whole of the patient, you will gain an insight into holistic healthcare and the increasing importance of managing chronic health problems in the community, closely allied with the objectives of the Foundation Curriculum.</p> <p>With excellent senior support, including a minimum of an hour of clinical supervision with a named clinical supervisor per week, we will support you as you expand and refine your clinical skills. We will assist you in developing safe clinical practice through supervised learning events and through involvement in our in house academic programme. We will ensure that you are exposed to multidisciplinary team working, with the patient at the centre of care and where possible will offer the opportunity for exploring special interests in the field.</p> <p>Along with developing your knowledge and treatment of both mental and physical disorders, you will have the opportunity to expand on a wide range of skills that will be applicable across multiple domains of medicine. This may include experience in leadership, communication skills, audit and research, the management of long term conditions, ethics and legal aspects of healthcare.</p> <p>Having a working knowledge of the diagnosis and treatment of mental health disorders will be advantageous in a wide variety of clinical career paths, and this rotation would allow you to gain that knowledge and skill in a supportive environment.</p>					

*can be found on the Trent/LNR Allocations Spreadsheet

Disclaimer: Please note that the placement information provided is subject to change.