

# Foundation Job Description

<b>Foundation School (Delete as appropriate)</b>		<b>Programme No. (eg. L006 OR T102)*:</b>			
LNR		L035			
<b>Year (Delete as appropriate)</b>	<b>Specialty:</b>			<b>Subspecialty (If appropriate):</b>	
F1	Old Age Psychiatry				
<b>Site:</b>			<b>Trust:</b>		
Evington Centre, Leicester General Hospital			University Hospitals of Leicester		
<b>Main duties:</b>					
<p>In this placement you will work as part of the Multi-Disciplinary Team providing psychiatric care to patients over the age of 65 who have been admitted to hospital because of issues related behavioural and psychological symptoms of dementia and at times also patients with functional mental health problems such as depression.</p> <p>You will assess patients on admission and provide ongoing assessment and management under senior supervision. Many patients' have physical health problems and you be expected to provide first line assessment of these and seek advice on management appropriately. You will gain experience of legal issues including the Mental Health Act, Deprivation of Liberty Safeguards and general issues around capacity and consent, which are essential skills for many doctors regardless of speciality.</p> <p>You will receive regular supervision from your clinical supervisor to reflect on the learning opportunities that you have experienced. You will also be able to attend local academic meetings and will be encouraged to undertake additional training that you may identify in your personal development plan.</p> <p>We will endeavour to provide a wide range of additional learning opportunities in areas that might be of interest such as memory clinics and care home in-reach. Where possible we will also work to support additional taster sessions in other areas of psychiatry that may be of particular interest to you during your placement. Please NOTE: All foundation year 1 doctors in their first 4 month rotation in psychiatry will also spend some time on an acute medical unit to ensure that they are not disadvantaged when starting their second post. This is likely to be a day a week on acute medical unit or a similar arrangement.</p>					
<b>Example Timetable</b>					
<b>For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc</b>					
	<b>Mon</b>	<b>Tues</b>	<b>Weds</b>	<b>Thurs</b>	<b>Fri</b>
<b>AM</b>	Ward work	Ward round	Ward work	Ward round	Ward work
<b>Lunchtime</b>		Journal club teaching	FY teaching		Post graduate teaching
<b>PM</b>	Ward work	Supervision	Ward work	Ward work	Admin/ Audit/ Ward work
<b>Educational Activities:</b>					
<p>You will receive weekly face to face supervision with your clinical supervisor lasting 1 hour.</p> <p>There will be opportunities for clinical audit</p> <p>You will be able to attend FY teaching</p>					
<b>Other Comments (if appropriate):</b>					
<p>Leicester Partnership Trust places a keen focus on the education and training of junior doctors. This post will provide excellent opportunity to develop your clinical skills and competencies, ensuring that you meet the objectives set in the foundation training curriculum.</p> <p>Working within old age psychiatry, you will have the opportunity of assessing and treating patients with a range of physical and mental health needs in both hospital and community settings. With treatment focussing on the whole of the patient, you will gain an insight into holistic healthcare and the increasing importance of managing chronic health problems in the community, closely allied with the objectives of the Foundation Curriculum.</p> <p>With excellent senior support, including a minimum of an hour of clinical supervision with a named clinical supervisor per week, we will support you as you expand and refine your clinical skills. We will assist you in developing safe clinical practice through supervised learning events and through involvement in our in house academic programme. We will ensure that you are exposed to multidisciplinary team working, with the patient at the centre of care and where possible will offer the opportunity for exploring special interests in the field.</p> <p>Along with developing your knowledge and treatment of both mental and physical disorders, you will have the opportunity to expand on a wide range of skills that will be applicable across multiple domains of medicine. This includes experience in leadership, communication skills, audit and research, the management of long term conditions, ethics and legal aspects of healthcare.</p> <p>Having a working knowledge of the diagnosis and treatment of mental health disorders will be advantageous in a wide variety of clinical career paths, and this rotation would allow you to gain that knowledge and skill in a supportive environment.</p>					

\*can be found on the Trent/LNR Allocations Spreadsheet

**Disclaimer: Please note that the placement information provided is subject to change.**