Foundation Job Description

Foundation School (Delete as appropriate)		Programme No. (eg. L006 OR T102)*:		
LNR		L054		
Year (Delete as appropriate)	Specialty:		Subspecialty (If appropriate):	
F2	General Psychiatry		Adult	
Site:		Trust:		
Bradgate Unit, Glenfield Hospital		Leicestershire Partnership Trust		

Main duties:

The placement is split between an acute mental health hospital and the community. Inpatient duties are based at the Bradgate Mental Health Unit and community work is situated in the South Leicestershire CMHT base at the Cedars Centre, Wigston.

The inpatient job duties include assessing patients admitted to the ward, clerking patients, making treatment plans, formulations and discharge plans with the MDT. You will be required to liaise with primary care and allied specialities, take an active role within the MDT and to deal with psychiatric physical health issues whilst on call.

The post offers the chance to gain a wide range of experience in managing all types of psychiatric conditions and to be part of a well-established multidisciplinary team. There are opportunities to visit other sub-specialities within psychiatry such as the child and adolescent service and the forensic service and you will also gain a working knowledge of the legal frameworks within which psychiatry operates e.g. by observing mental health act assessments and mental health review tribunals.

As part of your post you will participate in the on-call rota of the Bradgate Mental Health Unit, providing out-of-hours medical cover to the wards based at the Bradgate Unit. You will receive further information in relation to this at your induction to the trust.

There will be a weekly supervision session with the Clinical Supervisor where cases from the community or the ward can be discussed and reflected upon. There is also ample opportunity to become involved in an audit and to develop your skills as a clinical teacher, assisting the teaching of medical students on the ward.

The community post involves seeing patients in the outpatients' clinic under senior supervision. This will be an excellent opportunity to undertake assessments and further develop your understanding of psychiatric disorders and treatment.

This post offers a varied experience in psychiatry across different diagnostic categories both in the inpatient setting and community. It gives a rich experience of working with two different MDT's, offering exposure to diverse skill base. It will also provide ample opportunity to ensure that you achieve foundation year competencies.

Example Timetable

For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc

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	Mon	Tues	Weds	Thurs	Fri		
AM	Ward work	MDT team meeting	Ward work	Ward work	Ward work		
Lunchtime		Journal Club	FY Teaching		Academic Meeting		
PM	Ward Work	Outpatients	Ward work	Ward work	Ward cover/audit/research		

Educational Activities:

You will have the opportunity to engage in a wide range of educational activities, including FY mandatory courses,Local and regional teaching relevant to achieving fy competencies,audit and research meetings,journal club and case conferences,postgraduate teaching,clinical and educational supervision.

Other Comments (if appropriate):

Leicester Partnership Trust places a keen focus on the education and training of junior doctors. This post will provide excellent opportunity to develop your clinical skills and competencies, ensuring that you meet the objectives set in the foundation training curriculum.

Working within general adult psychiatry, you will have the opportunity of assessing and treating patients with a range of physical and mental health needs in both hospital and community settings. With treatment focussing on the whole of the patient, you will gain an insight into holistic healthcare and the increasing importance of managing chronic health problems in the community, closely allied with the objectives of the Foundation Curriculum.

With excellent senior support, including a minimum of an hour of clinical supervision with a named clinical supervisor per week, we will support you as you expand and refine your clinical skills. We will assist you in developing safe clinical practice through supervised learning events and through involvement in our in house academic programme. We will ensure that you are exposed to multidisciplinary team working, with the patient at the centre of care and where possible will offer the opportunity for exploring special interests in the field.

Along with developing your knowledge and treatment of both mental and physical disorders, you will have the opportunity to expand on a wide range of skills that will be applicable across multiple domains of medicine. This may include experience in leadership, communication skills, audit and research, the management of long term conditions, ethics and legal aspects of healthcare.

Having a working knowledge of the diagnosis and treatment of mental health disorders will be advantageous in a wide variety of clinical career paths, and this rotation would allow you to gain that knowledge and skill in a supportive environment.