

NHS England East Midlands

Primary Care Newsletter

September 2023

GP Registrar Forum Update

Hello from the GP registrar forum! We are a group of GP trainees from across East Midlands who have decided to come together to discuss ideas and share thoughts on how to improve the GP training scheme across the region. We are currently working on three areas:

- Improving support for International Medical Graduate (IMG) trainees,
- Making the Portfolio easier to manage for all trainees,
- Improving access to the study budget for all trainees.

We are seeking volunteers who are ST3 or newly qualified GPs to help produce short videos on providing tips for completing portfolio work, for example how to do a clinical case reflection. The videos would be made available online for future reference for all trainees across EM. If you would be interested to contribute, please contact the GP registrar forum at gpregistrarforum@gmail.com

Our forum members are planning to represent trainees at the next School Board meeting to enable our voices to be heard by those who develop our training programmes.

We would like to recruit more members to the forum to increase our representation across the East Midlands GP training programmes. We are particularly interested in GP trainees who are:

- Neurodiverse,
- Those from the following areas:
Chesterfield, Kettering and Northampton, Leicestershire, Lincoln, Sherwood Forest to improve our representation across the region.
- Most importantly, we are seeking those who have a passion for creating change which will benefit trainees to come and are willing to take action towards this.
- Participation in at least 50% of meetings is required.
- If you are interested to join, please email us at gpregistrarforum@gmail.com
- or Katie Hickin (NHSE Faculty Support Administrator) at katie.hickin2@nhs.net

The **GP Registrar Forum** provides the opportunity to discuss and feedback matters and concerns related to training, to the GP school. We can then truly represent all areas across the East Midlands, ST1s to ST3s, UK and International Medical Graduates. We would love to hear from you regarding your experiences in training.

Thank you,

Reema Akhter GPST3 Derby, GP registrar forum chair

GP Educator Symposium: Wednesday 01 November 2023, 10:00-15:00

Building sustainable learning organisations so GP learners and educators can thrive.

To share updates, tips, and suggestions to streamline the educator role and to help GP educators look after themselves, colleagues, and learners.

Booking Link

https://accent.hicom.co.uk/CourseManager/Live/HEE/Web/sys_pages/Course/CourseEventInvitation.aspx?FilterCourseEventID=d981a50f-6b16-49a1-be0f-5ce7fc85f6f9

10:00	Welcome	Chris Hewitt
	GP Dean Update	Nigel Scarborough and Sarah Layzell
10:30	Suicide prevention in GP educators and GP learners – interactive discussion based on an example of a lived experience.	Ananta Dave, (<i>Doctors in Distress</i>)
11:15	Break	
11:30	How can we develop systemic preventative approaches in the workplace to help all members of our team achieve a healthy balance in work and life? How do we look after ourselves and adopt practices in our workplaces to be an exemplar to GP learners?	Ananta Dave, Rupesh Jha
12:00	BREAKOUT GROUPS – depending on the number of attendees we may split into smaller groups to discuss issues and ideas.	
12:30	Lunch	
13:10	Updates <ul style="list-style-type: none"> • Simulated Consultation Assessment. • WBPA changes and what a good ESR looks like. How can we focus and streamline systems and support in GP Practices to simplify processes simple and reduce the burden on GP Educators?	Henry Akintunde Jamie Green
14:00	BREAKOUT GROUPS –	

	Discussions to share tips and ideas and to formulate questions for Q+A session. Agree a list of “ top 3 ideas ” to streamline training	
14:30	Plenary and questions and answers from panel	
15:00	Prompt end	

Please note – this event is planned to be a **virtual event on MS Teams**.

[Katie Hickin](#)

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RCGP Message on CEPS

Clinical Examination and Procedural Skills (CEPS) – **new guidance** from August 2023

With the introduction of the Simulated Consultation Assessment (SCA), clinical examination in GP training will now only be assessed in the Workplace Based Assessment (WPBA) component of the MRCGP.

It has always been a requirement to provide evidence of competence in Clinical Examination and Procedural Skills (CEPS) within WPBA. In addition to the GMC mandated ‘intimate’ CEPS that all trainees need to be competent in by the end of ST3, trainees should also complete a range of ‘non-intimate’ CEPS.

When grading trainees within the CEPS capability, Educational Supervisors agree that “**By signing the trainee off as competent you are satisfied that you have seen the trainee examine patients and you have no concerns in their ability to examine patients correctly across a wide range of systems**”

As such, the Clinical Examination and Procedural Skills section in the Trainee Portfolio will include **seven additional observed and assessed CEPS categories from August 2023**.

The guidance and documentation will also be clear to encourage the use of these CEPS to provide evidence for Educational Supervisors when grading the CEPs capability. While these additional CEPS will not initially be mandatory, completion of a range of them – along with the GMC mandated CEPS - will allow trainees to demonstrate competence in the CEPS capability and defines more clearly what is meant by a range of non-intimate CEPS.

The seven CEPS categories that will be introduced from August 2023 are:

- Respiratory system
- Ear Nose and Throat
- Abdominal system
- Cardiovascular system
- Musculoskeletal system
- Neurological examination
- Child 1-5 years

The full guidance on CEPS – and all other WPBA Assessments

RCGP website: <https://www.rcgp.org.uk/mrcgp-exams/wpba/assessments>

Dr Kim Emerson

RCGP Clinical Lead for WPBA

RCGP Message on SCA

Candidates will have more examination opportunities, **with the examination in at least nine months of the year**. To enable this to happen there will be a new examination reservation process so candidates are able to plan up to 12 months in advance.

The examination itself will consist of **twelve simulated consultations each lasting twelve minutes**, with an additional three minutes of reading and preparation time between each case. Consultations will examine a GP trainee's ability to integrate and apply clinical, professional and communication skills. The MRCGP examination is a tripos, so the GMC has agreed that physical examination is more authentically assessed in Workplace Based Assessment (WPBA).

Simulated Consultation Assessment (SCA) (rcgp.org.uk)

- An assessment of twelve simulated consultations, each lasting twelve minutes
- Conducted remotely in a local GP surgery.
- Undertaken only during ST3 training year.
- Delivered across 9 months of the year - [see full info on exam dates and booking windows](#)
- The exam fee will be £1,180- [see the full exam fee breakdown and explanation](#)

Key dates

	Booking period	SCA test date	Results published* (all 17:00 hours)
SCA November 2023	18 September - 22 September 2023	7 November - 9 November 2023	7 December 2023
SCA January 2024	20 November - 24 November 2023	9 January 2024	25 January 2024
SCA February 2024	11 December - 15 December 2023	6 February 2024	29 February 2024

	Booking period	SCA test date	Results published* (all 17:00 hours)
SCA March 2024	15 January - 19 January 2024	5 March - 8 March 2024	27 March 2024
SCA April 2024	12 February - 16 February 2024	2 April - 5 April 2024	25 April 2024
SCA May 2024	18 March - 22 March 2024	8 May - 9 May 2024	30 May 2024
SCA June 2024	15 April - 19 April 2024	4 June - 5 June 2024	27 June 2024

[See full info on exam dates and booking windows.](#)

ARCP – An Educator CPD Opportunity

All PGDiTs need an ARCP and we're grateful to all educators in facilitating that process, whether by completing CSRs, ESRs, conducting assessments, or by having interim discussions regarding progress and plans. However please remember that participation in ARCP panels (which are now all done remotely via Teams) is a CPD opportunity for educators which can be used as evidence for your appraisals to show that you have kept up to date in your educator role.

Here is feedback from Dr Alzim Abdool, a GP trainer in Leicester – 'Taking part in an ARCP review was really enjoyable and a good learning experience. The cases were a showcase of a PGDiT's progress and it helped me identify other areas needed for their successful CCT like revalidation, fitness to practice including complaints and SEA. I also have more of an understanding of how the different ARCP outcomes are reached and the overall process complemented my role as a GP trainer.'

So, if as an educator, you haven't been part of an ARCP panel for some time, or certainly during your latest Revalidation cycle, please consider taking part in a local or central panel. Please talk to one of your local TPDs or email

england.gpassessments.em@nhs.net

Nigel Scarborough
Primary Care Dean

Update Programme BRAND NEW Essential knowledge Update 2023.2

Designed to update your knowledge on the latest changes within primary care and highlight your learning and service needs, each of the modules take just 30 minutes.

This new edition to the ECU Programme focuses on:

- Common causes of hair loss.
- Investigating abnormal uterine bleeding in reproductive aged women.
- Self-harm: assessment, management and preventing recurrence.
- Osteoarthritis in over 16s: diagnosis and management.
- Long-acting reversible contraception (LARC).

<https://elearning.rcgp.org.uk/>

Qualified GP Registrars joining your practice

GP Registrars completing their training still due to qualify.

If you are employing a newly qualified GP Registrar and they have not already applied and been accepted on the Performers List for England, they will not be able to work in General Practice.

We recommend the GP Registrar completes and submits their application as a priority, as we are currently experiencing a high volume of late applications.

To help you support your registrar with their application and to avoid delays we have put together a useful [guide](#).

The team at the RCGP -GPSA (GP Specialist Application) oversee all CCT applications for GP speciality trainees.

They have created a new area on the RCGP website which contains lots of useful information and guidance relating to GP Specialty Training.

Deanery educators will use this guidance to help construct training programmes and manage ARCPs etc.

We thought it might be helpful for you to also be able to access the same information.

The guidance is available at: <https://www.rcgp.org.uk/your-career/qualifying-as-a-gp/cct-guidance/training-guidance>

Dr Anjla Sharman
Head of School (Nottinghamshire and Derbyshire)
Workforce, Training and Education Directorate

On behalf of all of us in the East Midlands GP School

We have 3 separate year group learning hub folders (ST1, ST2 and ST3) all merged onto one link.

<https://learninghub.nhs.uk/catalogue/emgptraining>

This is to reflect the fact that some information is repeated and some colleagues progress at different rates to the traditional August changeover.

We wanted you to be able to easily access the information, anytime of your training.

The content is like last year for any doctors in training who have previously accessed the learning hub.

Please send any ideas for future content to - christine.johnson@nottingham.ac.uk

NHS England work with partners to plan, recruit, educate and train the health workforce.