1. **Information**
2. **Training**

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| **Where to find more information on Occupational Health (OH) and Occupational Medicine (OM) careers**   * [**WHO (World Health Organisation) Occupational Health**](https://www.who.int/health-topics/occupational-health) * [**CIPD (Chartered Institute of Personnel Development) Occupational Health**](https://www.cipd.co.uk/knowledge/culture/well-being/occupational-health-factsheet#gref) * [**SOM (Society of Occupational Medicine) Work and Health**](https://www.som.org.uk/work-and-health) * [**SOM Careers**](https://www.som.org.uk/careers) * [**Faculty of Occupational Medicine**](https://www.fom.ac.uk/) * [**Journal of Occupational Medicine**](https://academic.oup.com/occmed) * [**NSOH**](https://www.eastmidlandsdeanery.nhs.uk/occupational-health/national-school-occupational-health)link to useful websites relating to OH |

[**YouTube video Occupational Medicine**](https://www.youtube.com/watch?v=B57kkThcT7k)

[**A recorded webinar**](https://www.youtube.com/watch?v=7Z7MaySfUbg&feature=youtu.be) by Sarwar Chowdhury on a career in Occupational Medicine

[**BMJ, An Occupational Medicine career**](https://www.bmj.com/careers/article/the-complete-guide-to-becoming-an-occupational-medical-physician)

[**Blog – Q & A on moving into OM**](https://open.substack.com/pub/workandhealth/p/thinking-about-a-career-in-oh?r=27qhsq&utm_campaign=post&utm_medium=web)

[**Considering a career as an OH Doctor?**](https://open.substack.com/pub/workandhealth/p/thinking-about-a-career-in-oh?r=27qhsq&utm_campaign=post&utm_medium=web) **Blog**

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| 1. **Training**   The different levels of specialism are accredited by the [Faculty of Occupational Medicine (FOM)](https://www.fom.ac.uk/education) and include: -   * FFOM, OH Consultant Fellow who has been Elected by the FOM with support from their peers to be a Fellow having achieved the MFOM for many years. Recognised as a senior OM practitioner with experience to provide strategic leadership and complex case management. * MFOM, OM Consultant Member. They are an Accredited Specialist in OH on the GMC specialist register and deliver opinions at a Medical Director/Lead clinician level. They have been through an approved QA (ARCP) supervised training course; MFOM Part 2 (AFOM) exam, have evidence of 4 years full time (or equivalent practical experience) and have met the standard of dissertation (MSc) /LO11 competencies, OR portfolio pathway - CESR route, with a breadth of professional experience and met the full competencies of the OM curriculum. They provide Strategic leadership in health for the OH team and organisations likely input to clinical governance/teaching/training/supervision beyond standard clinical delivery etc. * AFOM, OH Physician (OHP), An Associate of the FOM, has met a level of competence, has varied practice experience, and has passed the Dip Occ Med and the AFOM (part 2 MFOM) exams outside supervised QA training course. They focus on the standard clinical delivery i.e. protection of the health of the workforce and the prevention of Occupational diseases, Ill Health retirements, complex cases, and Workplace risk assessment. * OHP (Physician) has passed the [FOM Dip Occ Med](https://www.fom.ac.uk/education/examinations/diplomas/doccmed) and is working in OH. They professionally should be part of a network and adequately supervised working within FOM ethical guidance standards. * Many OHP’s become registered HSE specialists for example Lead, Asbestos, Ionising Radiation etc.   Training routes include :  [CCT](https://www.fom.ac.uk/?s=CCT)  Lived experience article here <https://ioh.org.uk/2023/05/occupational-medicine-as-a-trainee-consultant/>  [CESR](https://www.fom.ac.uk/education/cesr)  Lived experience article here <https://ioh.org.uk/2023/05/certificate-of-eligibility-for-specialist-registration/>  Many start with undertaking the FOM Diploma in Occupational Medicine ([DOccMed](https://www.fom.ac.uk/education/examinations/diplomas/doccmed)). There are a number of training establishments, and exams set by the faculty which include a multiple-choice questionnaire, a workplace needs assessment and a viva. |