

Foundation Placement Description

Foundation School (Delete as appropriate)		Programme No. (eg. L006 OR T102)*:			
Trent		T001			
Year (Delete as appropriate)	Specialty:			Subspecialty (If appropriate):	
FY1	General Adult Psychiatry				
Site:			Trust:		
QMC post based at Rowan One, Highbury Hospital			Nottingham University Hospitals NHS Trust		
Main duties:					
<p>You will be based mainly on our in-patient psychiatric units. The aim of this placement is to offer an experience which combines in-patient work with some exposure to the interface between community psychiatry and in-patient work. You will also have the opportunity to experience out-patient work by attending clinics with the consultant, potential emergency home visits and mental health act work.</p> <p>The trainee will clerk patients, assess mental and physical states, monitor progress of the patients' mental health and response to treatment, obtain collateral histories and liaise with colleagues in other teams. The trainee will have a fairly flexible timetable and will need to work closely with the team to prioritise tasks and resources. Their work will be supervised at all times by senior doctors and senior nurses.</p>					
Example Timetable					
For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc					
	Mon	Tues	Weds	Thurs	Fri
AM	MDT meeting and potential senior 72 hour reviews.	Ward work, see patients, liaison work	Case conference/Journal club and supervision with consultant	Ward Round	Ward work
Lunchtime	Lunch	Lunch	Lunch	Lunch	Lunch
PM	Academic session Ward work, review of notes, medication review etc	Ward Review	Ward Work	F1 training session Ward work	Ward work
Educational Activities:					
<p>Regular weekly academic sessions: these will provide the trainee with opportunities to present cases or journals. Sessions will include audit and research sessions. They will be involved in the teaching of medical students. There will be opportunities to discuss cases with members of the multidisciplinary team eg consultant, clinical psychologists, community nurse, in-patient nurses, dieticians, and other medical colleagues. They will gain expertise in the assessment and management of a variety of mental illness and the interaction of these disorders with physical health. At the weekly ward rounds they will get the opportunity to present cases so their history taking and examination skills can be improved.</p>					
Other Comments (if appropriate):					
<p>This post will be based at Highbury Hospital, Rowan one within the acute care network of the Working Age (General Adult) service. The unit comprises of 4 in-patient acute wards (Rowans and Redwoods, single sex wards) and a Psychiatric Intensive Care Unit (PICU), male only. The Acute wards have combined total of 64 beds while the PICU has 10 beds. Rowan one has 2 consultants and 2 junior doctors who for the most part were GPVTS trainees. Other wards have similar doctor numbers. There was no secerization of the ward and patients could be from any area in Nottingham and it will be a male only ward. There will be opportunities to cross work on the female only ward, Rowan 2 for added experience. There will also be the option of weekend on-call work which will involve shadowing the senior trainees.</p> <p>The foundation trainee will have an opportunity to satisfy requirements of the Foundation Curriculum and will be supported by the trainees working on the unit. This post will also provide plenty of opportunities for directly supervised practice and supervised learning events (eg on ward rounds and reviews) as well as work-place based assessments. The Highbury hospital placement is an established training resource for our trainees, with education and innovative practice firmly embedded in its multidisciplinary work culture, thus readily providing a safe learning environment.</p> <p>Apart from mental health-related issues, working with this group of patients also presents an opportunity to deal with associated primary and secondary health issues as they arise.</p> <p>This work will be supervised by a consultant psychiatrist and will involve the further development of wider multi-disciplinary working.</p> <p>General areas: The foundation doctor will be involved in the assessment of patients admitted to the acute ward, Rowan one predominantly; this will include the taking of a full history, including medical history, as well as other related areas, and mental state and physical state examination. They will be involved in the organisation of further investigations and referrals to other professionals. They will have the opportunity to present their findings.</p> <p>Specialist areas: They will be involved in further consultation with other allied professionals such as neuropsychiatrist, psychologists, neurologists, dieticians, and physiotherapists.</p> <p>They will be involved in risk assessment of acutely unwell and behaviourally disturbed patients on the ward.</p> <p>Work as a part of a multidisciplinary team.</p> <p>The trainee will take part in the regular review of working age adults with psychiatric and physical health problems and take an active part in the management and follow-up under supervision.</p>					

*can be found on the Trent/LNR Allocations Spreadsheet

Disclaimer:

Please note that the placement information provided is subject to change.