# **Foundation Placement Description**

Foundation School (Delete as appropriate)		Programme No. (eg. L006 OR T102)*:		
Trent		T008		
Year (Delete as appropriate)	Specialty:		Subspecialty (If appropriate):	
F1	General Adult Psychiatry			
Site:		Trust:		
QMC post but based at Highbury Hospital		Nottingham University Hospitals NHS Trust		

### Main duties:

The post holder will be based at Highbury Hospital, Redwood 1 ward which is a male in-patient psychiatric unit. The aim of this placement is to offer wide range of clinical experience in ward setting and interface between community mental health team and other agencies.

The core duties of the trainee include admission clerking, assessing mental and physical states, to monitor progress of the patients' mental health and response to treatment. Additionally the trainee will prepare case summaries after reviewing medical notes and obtaining collateral histories from carers and/or liaise with colleagues from other teams.

The trainee will have a fairly flexible timetable apart from ward round sessions and will need to work closely with the team to prioritise tasks and resources.

For FY1 trainees, during weekdays they will be working from 9:00 to 17:00 hours. And on weekend on-calls they will be working from 9:00 to 17:00. At present frequency of weekend on-call is 1:5 or 1:6. This work attracts 1C banding which is 20% of the basic pay. The trainee is based at Highbury Hospital for on-call duties, assisting ST trainees with new admission and attending medical emergency on acute psychiatric wards at Highbury Hospital. FY2 trainees will have regular on-call slots on the core trainee on-call rota

#### **Example Timetable**

### For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc

	Mon	Tues	Weds	Thurs	Fri		
AM	MDT Meeting	Ward Work	Case Conference & JCP	Supervison, Audit Teaching	Ward rounds		
Lunchtime							
PM	Ward Work	Central Teaching		Ward work	Admin time		

#### **Educational Activities:**

Individual learning objectives will be agreed at the beginning of the placement with the clinical supervisor. A mid-point review will be held with the Foundation Programme associate tutor. The trainee will work as an integral part of the multi-disciplinary team.

The trainee will manage a number of conditions, including severe Mood Disorders, Psychoses (including Schizophrenia, transient and drug-induced) and Personality Disorders as well as other conditions. There will be opportunities to improve skills in psychopathology assessment, the management of a range of disorders, the interface between physical and mental healthcare and assessment of capacity.

The trainee will have the opportunity to shadow Core/GPVTS trainees on the Nottingham on-call rota, including exposure to acute admissions to the psychiatric wards (CAMHS, Adult, PICU, LD, Old-Age, perinatal, etc), urgent review of inpatients (inc. Section 5(2) assessments), and out-of-hours liaison assessments requested by the Nottingham University Hospitals Trust.

The trainee will continue to attend the Foundation Training programme, weekly central teaching at PGEC on Tuesday pm. A weekly journal club/case conference is also held locally and the trainee will be involved in presenting to these meetings.

There will also be an opportunity to teach medical students on an informal or formal basis including teaching clinical skills to them.

At all times the trainee will have ready access to senior clinicians to discuss cases as required. In addition to day-day overview of clinical tasks they will have regular supervision from clinical supervisor once a week.

The trainee will be involved in the audit process of the team and will have the opportunity to develop their own topics and present them at the audit meeting and local conferences.

The trainee's progress throughout the placement will be supported by Workplace-Based assessments.

#### Other Comments (if appropriate):

At the start of their placement all trainees will have 'Trust Induction' for one whole day and two afternoons for breakaway and RIO training (electronic patient records). Additionally they have to complete 16 online modules as part of induction such as safeguarding, information governance, etc.

\*can be found on the Trent/LNR Allocations Spreadsheet

## Disclaimer:

Please note that the placement information provided is subject to change.