

# Foundation Placement Description

<b>Foundation School (Delete as appropriate)</b>		<b>Programme No. (eg. L006 OR T102)*:</b>			
Trent		T011			
<b>Year (Delete as appropriate)</b>	<b>Specialty:</b>			<b>Subspecialty (If appropriate):</b>	
F1	General Internal Medicine			Endocrinology and Diabetes Mellitus	
<b>Site:</b>			<b>Trust:</b>		
QMC			Nottingham Univeristy Hospitals NHS Trust		
<b>Main duties:</b>					
<p>Inpatient ward work on a general medical ward with a special interest in diabetic patients. Daily review of patients admitted via the acute medical assessment wards (14-18 patients) and carrying out jobs with supervision from the team. The team consists of 2 juniors doctors, a Specialist Trainee and a Consultant. The F2 will also provide supervision and support to the F1 doctor.</p> <p>Monday to Friday daily board rounds (patient-centred discussion of care) with the multidisciplinary team members including nurses, OT, Physio, discharge co-ordinator and ward pharmacist.</p> <p>They will be able to satisfy the requirements of the curriculum and be supported by trainees and Consultants. Direct clinical observation will allow for workplace-based assessments and learning objectives to be achieved.</p> <p>Opportunities for additional teaching and clinics as well as a role in teaching medical students attached to the firm.</p> <p>On call requirements: There is no dedicated on call for Diabetes and Endocrinology. Foundation trainees take part in the Hospital at Night rota which covers a variety of medical wards at Queens Medical Centre. You will work in a team of foundation trainees, core medical trainees and specialist trainees. Hospital at Night shifts are a mixture of nights (21.30-09.30), weekend days (09.00-17.00) and long days (09.00-22.00) with an average of 10 nights in the 4 months (e.g. one week of nights Monday-Thursday and 2 weekend nights Friday to Sunday).</p>					
<b>Example Timetable</b>					
<b>For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc</b>					
	<b>Mon</b>	<b>Tues</b>	<b>Weds</b>	<b>Thurs</b>	<b>Fri</b>
<b>AM</b>	W/R	W/R	W/R	W/R	W/R
<b>Lunchtime</b>		X-ray Meeting F1 teaching	Physicians Grand Round	Junior teaching on Diabetes/ Endocrinology	
<b>PM</b>	ward work	clinic opportunities	ward work	clinic opportunities	ward work
<b>Educational Activities:</b>					
<p>General medical inpatients including experience in diabetes related problems e.g. DKA, HONK, hypoglycaemia and foot complications as well as endocrine and electrolyte disturbances including hyponatraemia and hypercalcaemia.</p> <p>Acute and chronic disease management.</p> <p>Weekly xray meeting</p> <p>Weekly dedicated teaching programme for CTs, F2s and F1s on Diabetes &amp; Endocrinology</p> <p>Safe prescribing (insulin and antibiotics).</p> <p>Dedicated F1 teaching in addition to grand round.</p> <p>Opportunity to come to general diabetes and endocrine clinics including tasters in specialty work eg pituitary, foot, antenatal, young adults, pump and nephropathy. There are good opportunities for work based assessments to cover all FY1 generic requirements. Trainees are released to attend mandatory F1 teaching and study leave is facilitated. There are opportunities to participate in quality improvement and patient safety activities.</p> <p>Generic Learning outcomes you should be able to achieve in this job:</p> <ol style="list-style-type: none"> <li>1. Professional Behaviour &amp; Trust: Act professionally; deliver patient centred care and maintain trust; behave in accordance with ethical &amp; legal requirements; keeps practice up to date through learning and teaching; demonstrate engagement in career planning.</li> <li>2. Communication, team working and Leadership: Communicate clearly in a variety of settings; work effectively as a team member; demonstrate leadership skills.</li> <li>3. Clinical Care: Recognise, assess and initiate manage the acutely ill patient; recognise, assesses and manage patients with long term conditions; obtain history, perform clinical examination, formulate differential diagnosis and management plans; request relevant investigations and act upon results; prescribe safely; perform procedures safely; trained to and manage cardiac and respiratory arrests; demonstrate understanding of the principles of health promotion and illness prevention; manage palliative and end of life care.</li> <li>4. Safety and Quality: Recognise and work within limits of personal competence; make patient safety a priority in clinical practice; contribute to quality improvement.</li> </ol>					
<b>Other Comments (if appropriate):</b>					

\*can be found on the Trent/LNR Allocations Spreadsheet

**Disclaimer:**

Please note that the placement information provided is subject to change.