

Foundation Placement Description

Foundation School (Delete as appropriate)		Programme No. (eg. L006 OR T102)*:			
Trent		T023			
Year (Delete as appropriate)	Specialty:	Subspecialty (If appropriate):			
F1	General (Internal) Medicine	Stroke Medicine			
Site:		Trust:			
City Campus		Nottingham University Hospitals NHS Trust			
Main duties:					
<p>The stroke service at NCH offers an opportunity to manage acute and chronic stroke patients. The day starts with a MDT board round, followed by clerking, regular review of inpatients, organising investigations and reviewing results. As the FY1, you will take part in the management of patients on a day to day basis, taking part in the consultant ward round and attend out patients. There is also an opportunity to take part in case conferences and family meetings.</p> <p>On call requirements: There is no dedicated on call for Stroke Medicine. Foundation trainees take part in the Hospital at Night rota which covers a variety of medical wards at Nottingham City Hospital. You will work in a team of foundation trainees, core medical trainees and specialist trainees. Hospital at Night shifts are a mixture of nights (21.30-09.30), weekend days (09.00-17.00) and long days (09.00-22.00) with an average of 10 nights in the 4 months (e.g. one week of nights Monday-Thursday and 2 weekend nights Friday to Sunday). You may do one of your blocks of Hospital at Night Long Nights at Queens Medical Centre. FY1s will also have a block of day shifts on the specialist receiving unit. The F1s will be supported by a core trainee during their time on the receiving unit.</p>					
Example Timetable					
For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc					
	Mon	Tues	Weds	Thurs	Fri
AM	board round, consultant round		board round, ST round		board round, consultant round
Lunchtime	Department meeting	Radiology meeting	Department meeting		
PM	Ward work	Ward work	Ward work	Ward work	Ward work
Educational Activities:					
<p>In patient ward based work (both in acute and rehab settings), opportunities to attend out patient clinic, regular departmental meetings (twice a week), neuroradiology meeting (once a week), taking part in audit projects, multidisciplinary team working. They will be expected to attend their regular weekly teaching every Thursday lunchtime. They will have a fantastic opportunity to learn about the ethical aspects of an illness (e.g. best interests, mental capacity, DOLS, etc.). Trainees are released to attend mandatory FY1 teaching and study leave is facilitated. There are opportunities to participate in quality improvement and patient safety activities. Generic Learning outcomes you should be able to achieve in this job:</p> <ol style="list-style-type: none"> 1. Professional Behaviour & Trust: Act professionally; deliver patient centred care and maintain trust; behave in accordance with ethical & legal requirements; keeps practice up to date through learning and teaching; demonstrate engagement in career planning. 2. Communication, team working and Leadership: Communicate clearly in a variety of settings; work effectively as a team member; demonstrate leadership skills. 3. Clinical Care: Recognise, assess and initiate manage the acutely ill patient; recognise, assesses and manage patients with long term conditions; obtain history, perform clinical examination, formulate differential diagnosis and management plans; request relevant investigations and act upon results; prescribe safely; perform procedures safely; trained to and manage cardiac and respiratory arrests; demonstrate understanding of the principles of health promotion and illness prevention; manage palliative and end of life care. 4. Safety and Quality: Recognise and work within limits of personal competence; make patient safety a priority in clinical practice; contribute to quality improvement. 					
Other Comments (if appropriate):					
At least 2 consultant led ward rounds a week, at least one ST ward round a week, daily (weekday) board round with the multidisciplinary team (led by consultant or ST), taking part in multidisciplinary meetings and family meetings, discussions with the patient and family/carers, taking part in Best Interest meeting as appropriate.					

*can be found on the Trent/LNR Allocations Spreadsheet

Disclaimer:

Please note that the placement information provided is subject to change.