# **Foundation Placement Description**

Foundation School (Delete as appropriate)		Programme No. (eg. L006 OR T102)*:		
Trent		T023		
Year (Delete as appropriate)	Specialty:		Subspecialty (If appropriate):	
F1	General Surgery			
Site:		Trust:		
City Campus/QMC Campus		Nottingham University Hospitals NHS Trust		

#### Main duties:

The placement offers broad experience in elective and emergency general surgery including breast surgery.

Most of the timetabled placement is ward based/admission unit based, but there is opportunity to attend operating theatres and outpatient clinics.

Out of hours work includes some time on the general surgery admissions unit at the QMC Campus and some night shifts as a member of the surgical hospital at night team on the City Hospital Campus.

Elective general surgery – ward based care of elective general, upper GI and endocrine patients.

Elective breast surgery – ward based care of breast surgery inpatients

Emergency general surgery -assessment and management of undifferentiated general surgical emergency admissions.

During the four month placement each FY1 can expect to do approximately:

- · 6 weeks elective general surgery
- 2 weeks elective breast surgery
- 3 weeks of day time emergency surgery (3 weeks Monday-Thursday and 3 weeks Friday to Sunday) and 1 week of late shifts Monday-Thursday
- 2 weeks of nights with the surgical hospital at night team (2 weeks Monday-Thursday and 2 weeks Friday to Sunday)

On call requirements: General Surgery FY1s at NCH cross cover various surgical specialities at NCH (general, breast surgery, urology, elective orthopaedics, cardiac/thoracic surgery and plastic/burns) on a rota that includes Nights and Twilights (17:30-20:00 Mon-Fri). For twilights - 1 F1 covers Urology on-calls (and other surgical specialities if help is needed to support CTs or FY2s). For night shifts - 2 F1's cover General Surgery and Urology Nights, with the support of CTs or FY2s. In addition, FY1s also do some Long Days shifts (07:30-20:00 Sat-Sun) at QMC on the general surgical admissions unit.

### **Example Timetable**

#### For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc

	Mon	Tues	Weds	Thurs	Fri		
AM							
Lunchtime							
PM							

#### **Educational Activities:**

Formal educational opportunities include:

- Initial education and education session for both general surgery and surgical hospital at night
- Weekly F1 teaching session which can be accessed at either the City on Thursday lunchtime or the QMC Campus on Tuesday lunchtime.
- Joint GI educational meeting weekly

Study leave is facilitated.

There are opportunites to participate in quality improvement and patient safety activities.

Generic Learning outcomes you should be able to achieve in this job:

- 1. Professional Behaviour & Trust: Act professionally; deliver patient centred care and maintain trust; behave in accordance with ethical & legal requirements; keeps practice up to date through learning and teaching; demonstrate engagement in career planning.
- 2. Communication, team working and Leadership: Communicate clearly in a variety of settings; work effectively as a team member; demonstrate leadership skills.
- 3. Clinical Care: Recognise, assess and initiate manage the acutely ill patient; recognise, assesses and manage patients with long term conditions; obtain history, perform clinical examination, formulate differential diagnosis and management plans; request relevant investigations and act upon results; prescribe safely; perform procedures safely; trained to and manage cardiac and respiratory arrests; demonstrate understanding of the principles of health promotion and illness prevention; manage palliative and end of life care.
- 4. Safety and Quality: Recognise and work within limits of personal competence; make patient safety a priority in clinical practice; contribute to quality improvement.

## Other Comments (if appropriate):

The placement is based at City Hospital Campus and QMC Campus, Nottingham University Hospitals NHS Trust.

Elective general & breast surgery and the surgical hospital at night rota commitments are on the City Campus; whilst emergency general surgery is on the QMC Campus.

\*can be found on the Trent/LNR Allocations Spreadsheet

#### Disclaimer:

Please note that the placement information provided is subject to change.