

# Foundation Placement Description

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| <b>Foundation School (Delete as appropriate)</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                         | <b>Programme No. (eg. L006 OR T102)*:</b>                                                                                                                                    |                                         |                                                                                                                                                        |                                                                                                                                                                 |
| Trent                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                         | T029                                                                                                                                                                         |                                         |                                                                                                                                                        |                                                                                                                                                                 |
| <b>Year (Delete as appropriate)</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | <b>Specialty:</b>                                                                                                                                                       | <b>Subspecialty (If appropriate):</b>                                                                                                                                        |                                         |                                                                                                                                                        |                                                                                                                                                                 |
| F1                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Psychiatry                                                                                                                                                              | Intellectual Disabilities                                                                                                                                                    |                                         |                                                                                                                                                        |                                                                                                                                                                 |
| <b>Site:</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                         | <b>Trust:</b>                                                                                                                                                                |                                         |                                                                                                                                                        |                                                                                                                                                                 |
| City Campus post but based at Orion Unit, Highbury Hospital                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                         | Nottinghamshire Healthcare Trust                                                                                                                                             |                                         |                                                                                                                                                        |                                                                                                                                                                 |
| <b>Main duties:</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                         |                                                                                                                                                                              |                                         |                                                                                                                                                        |                                                                                                                                                                 |
| <p>This post will be based on the Orion Unit within the Intellectual Disability service. This is an in-patient unit with 18 beds for people with an intellectual disability and psychiatric disorder requiring in-patient treatment. Currently the unit is supported by two consultant psychiatrists, and a variable number of trainees. The foundation trainee will have an opportunity to satisfy requirements of the Foundation Curriculum and will be supported by the trainees working on the unit. This post will also provide plenty of opportunities for directly supervised practice and supervised learning events (eg on ward rounds and reviews) as well as work-place based assessments. The Orion Unit is an established training resource for our trainees, with education and innovative practice firmly embedded in its multidisciplinary work culture, thus readily providing a safe learning environment. Apart from mental health-related issues, the Orion unit also presents an opportunity to deal with associated primary and secondary health issues as they arise.</p> <p>Part of this job will include working with patients in out-patients and the community. This work will be supervised by a consultant psychiatrist and will involve the further development of wider multi-disciplinary working. The Clinical Supervisor for this post is Dr Deval Bagalkote, Consultant Psychiatrist, Intellectual Disabilities.</p> |                                                                                                                                                                         |                                                                                                                                                                              |                                         |                                                                                                                                                        |                                                                                                                                                                 |
| <b>Example Timetable</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                         |                                                                                                                                                                              |                                         |                                                                                                                                                        |                                                                                                                                                                 |
| <b>For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                         |                                                                                                                                                                              |                                         |                                                                                                                                                        |                                                                                                                                                                 |
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| <b>AM</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Orion ward round: review of patients. Joint working with nurses in previously agreed interventions with patients (eg: mental state examination, monitoring of progress) | Ward round: presentation of findings; discussion of cases and agreeing assessment/referral/management plans<br>Out-patients or home visits with higher trainee or consultant | Academic meetings with AMH<br>Ward work | Horizon day centre: supervised work<br><br>Ward round: presentation of findings; discussion of cases and agreeing assessment/referral/management plans | Administration session or Orion work<br><br>Out-patients with higher trainee or consultant                                                                      |
| <b>Lunchtime</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                         | MDT Hand-over meetings                                                                                                                                                       | MDT Hand-over meetings                  | Foundation training programme                                                                                                                          |                                                                                                                                                                 |
| <b>PM</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Academic session journal club or ward work                                                                                                                              | MDT meetings on the unit<br>Admission reviews                                                                                                                                |                                         | Ward round continue                                                                                                                                    | ATU work: review of patients. Joint working with nurses in previously agreed interventions with patients (eg: mental state examination, monitoring of progress) |
| <b>Educational Activities:</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                         |                                                                                                                                                                              |                                         |                                                                                                                                                        |                                                                                                                                                                 |
| <p>Education opportunities:<br/>Regular weekly academic sessions: these will provide the trainee with opportunities to present cases or journals. Sessions will include audit and research sessions. They will be involved in the teaching of medical students.<br/>They can join our joint clinics with a consultant neurologist. There will be opportunities to discuss cases with members of the multidisciplinary team eg clinical psychologists, speech and language therapists, nurses, dieticians, music therapists and physiotherapists. They will gain expertise in the assessment and management of multiple disabilities.<br/>At the weekly ward rounds they will get the opportunity to present cases so their history taking and examination skills can be improved.<br/>They will learn about the use of video-based work: Discovery awareness (DA) work which happens on a regular basis on the Orion Unit.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                         |                                                                                                                                                                              |                                         |                                                                                                                                                        |                                                                                                                                                                 |
| <b>Other Comments (if appropriate):</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                         |                                                                                                                                                                              |                                         |                                                                                                                                                        |                                                                                                                                                                 |
| <p>Specific aims and objectives for Intellectual disability:</p> <ul style="list-style-type: none"> <li>(i) To gain skills in the diagnosis and treatment of psychiatric disorder in people with an intellectual disability.</li> <li>(ii) To feel at ease interacting with people with an intellectual disability with all degrees of communication difficulty.</li> <li>(iii) To understand the issues of preventative mental health which lead to more positive life styles for people with an intellectual disability and therefore reduce psychological stress.</li> <li>(iv) To be aware of the general medical disorders which have a higher prevalence in people with an intellectual disability and to increase diagnostic management skills.</li> <li>(v) To be aware of the collective psychopathology in families and carers.</li> <li>(vi) To understand the components which make up a comprehensive service for people with intellectual disability and their carers.</li> <li>(vii) To develop multidisciplinary joint working.</li> <li>(viii) To learn about how the law relates to people with intellectual disability, in particular about the mental health act and the capacity act.</li> <li>(ix) Learn about and practise the management of specific conditions that occur in people with intellectual disability: e.g. epilepsy, autism, dementia as well as challenging behaviour.</li> </ul>                                 |                                                                                                                                                                         |                                                                                                                                                                              |                                         |                                                                                                                                                        |                                                                                                                                                                 |

\*can be found on the Trent/LNR Allocations Spreadsheet

**Disclaimer:**

Please note that the placement information provided is subject to change.