

# Foundation Placement Description

<b>Foundation School (Delete as appropriate)</b>		<b>Programme No. (eg. L006 OR T102)*:</b>			
Trent		T030			
<b>Year (Delete as appropriate)</b>	<b>Specialty:</b>	<b>Subspecialty (If appropriate):</b>			
F1	Old Age Psychiatry				
<b>Site:</b>		<b>Trust:</b>			
City Campus post but based Highbury Hospital		Nottingham University Hospitals NHS Trust			
<b>Main duties:</b>					
<p>The functional elderly inpatient unit (Cherry Ward) is a 20 bedded assessment unit based at Highbury Hospital. Dr X works as an inpatient consultant with clinical responsibilities for patients over the age of 65 years with mental health problems, living within the Boroughs of Broxtowe, Rushcliffe and Gedling and Nottingham City.</p> <p>As well as RMN staff, there is input from SW, OT, Physiotherapy, Psychology and Speech and Language Therapy Services. The trainee will become a key part of the multidisciplinary team for the ward. The postholder will work alongside an F2 and ST1 doctor. Additionally there is usually an ST4-6 psychiatry higher trainee who provides regular sessional input to the ward and will provide the postholder with additional direct clinical supervision.</p> <p>The trainee will work as an integral part of the multi-disciplinary team. They will clerk new admissions, assess mental and physical states, obtain collateral histories and liaise with colleagues in other teams. The assessment ward provides an invaluable opportunity to improve skills in psychopathology assessment, assessment of risk, the management of a range of disorders, the interface between physical and mental healthcare and assessment of capacity. Presentations include severe Affective Disorders, Psychoses in the context of both Dementia and Schizophrenia.</p> <p>There is out of hours work restricted to daytime weekends associated with the post, where the trainee will have the opportunity to work under the direct supervision of core psychiatry/GPVTs/F2 trainees on the Nottingham OOH rota, to include exposure acute admissions to the psychiatric wards (CAMHS, Adult, PICU, LD, Old-Age), urgent review of inpatients and out-of-hours liaison assessments requested by the Nottingham University Hospitals Trust.</p>					
<b>Example Timetable</b>					
<b>For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc</b>					
	<b>Mon</b>	<b>Tues</b>	<b>Weds</b>	<b>Thurs</b>	<b>Fri</b>
<b>AM</b>	MDT	ward work	Acedemic meetings - case conference and journal club\outside speakers	W/R	ward work
<b>Lunchtime</b>	Clinical supervision			FY1 teaching	
<b>PM</b>	W/R	Carer reviews, CPA meetings \ OPC \ home	ward work	ward work \ OPC \ home visits	ward work
<b>Educational Activities:</b>					
<p>1 hour weekly supervision with consultant trainer (Monday 13.00-14.00). Regular WPBAs with ST5 and Consultant. Weekly education programme (Wed 09.00-11.00). Opportunities for input to rolling audit programme on ward. We regularly have medical students and MAST students that the FY1 will contribute to their teaching and training.</p>					
<b>Other Comments (if appropriate):</b>					
<p>opportunities for trainee interested in psychiatry as a career to spend additional taster days\experience in range of other psychiatric subspecialties</p>					

\*can be found on the Trent/LNR Allocations Spreadsheet

**Disclaimer:**

Please note that the placement information provided is subject to change.