

# Foundation Placement Description

<b>Foundation School (Delete as appropriate)</b>		<b>Programme No. (eg. L006 OR T102)*:</b>			
Trent		T058, T059			
<b>Year (Delete as appropriate)</b>	<b>Specialty:</b>			<b>Subspecialty (If appropriate):</b>	
F2	Palliative Medicine				
<b>Site:</b>			<b>Trust:</b>		
Nightingale Macmillan Unit, Royal Derby Hospital			Derby Teaching Hospitals NHS Foundation Trust		
<b>Main duties:</b>					
<p>The FY2 trainee is placed on the Nightingale Macmillan Unit, Royal Derby Hospital. This is a 21-bedded inpatient specialist palliative care unit serving the people of Southern Derbyshire. Majority of patients admitted to the unit have advanced cancer, with minority of patients having end stage organ failure like COPD, pulmonary fibrosis, renal failure and neurological conditions like Motor Neurone Disease, Multiple Sclerosis and Parkinson's Disease, although these numbers are increasing.</p> <p>The responsibilities of the FY2 trainee include daily review of patients with registrar/associate specialist/consultant, completion of jobs arising from ward round, including procedures such as venepuncture/cannulation/male and female urinary catheterisation/removal of ascitic or chest drains and completion of appropriate paperwork in anticipation of discharge.</p> <p>The FY2 trainee will gain competence in assessing and managing symptoms in advanced cancer, consolidate their communication skills around end of life care with particular focus on ethical decision making including advance care planning, DNACPR and withholding and withdrawing treatment, skills that are essential and easily transferrable to other specialties.</p> <p>This placement gives them ample opportunities to meet the objectives of FY2 curriculum.</p> <p>This is a senior led specialty, with 2 consultants, 1 registrar and 1 associate specialist who create the right environment for learning with emphasis on developing a trainee led PDP for the placement.</p>					
<b>Example Timetable</b>					
<b>For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc</b>					
	<b>Mon</b>	<b>Tues</b>	<b>Weds</b>	<b>Thurs</b>	<b>Fri</b>
<b>AM</b>	Cons W/R	StR/Ass Spec W/R	StR W/R	In patient MDT	Cons/Ass Spec W/R
<b>Lunchtime</b>					
<b>PM</b>	Cons W/R, clerking, jobs	Directorate teaching/Clerking/jobs	Cons r/v, clerking, jobs	Medical grand round/F2 teaching, return for completion of jobs	Weekend handover
<b>Educational Activities:</b>					
<ol style="list-style-type: none"> <li>Teaching ward round with Consultants/Associate Specialists/Registrars.</li> <li>Cancer directorate teaching, seminar room, 303, Tuesday 2-3PM, covering topics on symptom management (pain, nausea&amp;vomiting/breathlessness), managing oncological emergencies and management of haematological conditions.</li> <li>Trust FY2 teaching, education centre, Thursday 2-5PM.</li> <li>Medical Grand Round, education centre, Thursday 1-2PM.</li> </ol>					
<b>Other Comments (if appropriate):</b>					
<p>We are extensively involved with teaching medical students (CP1, CP2 and CP3) and encourage and support our FY2 trainees to do so. We also provide opportunities to participate in Quality Improvement Activities (QIA).</p> <p>FY2 trainees participate in an on-call rota for cancer directorate, covering haematology, oncology and palliative medicine, gaining experiencing in managing acutely unwell patients and these include patients admitted due to complications of treatment or disease itself, with support from consultants over the phone.</p>					

\*can be found on the Trent/LNR Allocations Spreadsheet

**Disclaimer:**

Please note that the placement information provided is subject to change.