

Foundation Job Description

Foundation School (Delete as appropriate)		Programme No. (eg. L006 OR T102)*:			
Trent		T61			
Year (Delete as appropriate)	Specialty:			Subspecialty (If appropriate):	
F2	Acute Internal Medicine				
Site:		Trust:			
Royal Derby Hospital (RDH)		Derby Teaching Hospitals NHS Foundation Trust			
Main duties:					
<p>This post is based on the Medical Assessment Unit, RDH. This is a chance to gain a wide range of experience in acute medical presentations and practical procedures as part of a friendly and well supported team.</p> <p>The MAU is a 43-bedded unit, with consultant triage, and a busy Ambulatory Care Centre (ACC) next door. It is the only MAU in the region to always have two consultants present until 10pm, 7-days a week. There is at least one medical registrar present 24/7. There is also 7-day pharmacy support, and a proactive 'frail elderly assessment team'. ACC is staffed separately, and the F2 will not be based there. MAU has a large Doctors' Office with more than enough computers, secure lockers for your bags, and an additional staff room for storing and microwaving meals. There is a cheap tea and coffee fund.</p> <p>As an F2 working on MAU, your normal day will be on the 'early take' (8am-4pm), with occasional long days and night shifts. On some days, you will be based on CCU next door, assisting the cardiology registrar to manage patients there. On a normal MAU day, the F2 doctor is part of a large team consisting of: ACCS trainees, clinical fellows, advanced care practitioners, medical registrars and consultants. At morning handover, team members are allocated their role for the day. MAU is divided in to three teams: one doctor/ACP is based in a team, doing the morning ward round with the consultant and covering that team for the rest of the shift, as well as clerking in new patients. Other doctors/ACPs are 'floating' (doing procedures and clerking in new patients as they arrive). You will get to do both during your time on MAU.</p> <p>Every Wednesday the MAU team has a 'noon tutorial' in which different team members teach. There is also a weekly F2 teaching which you are encouraged to attend when working a normal day. MAU is a fantastic opportunity to learn acute/general medicine, including the management of common medical emergencies or on-call problems, in a supervised environment where you are encouraged to make decisions but always have senior help on hand.</p>					
Timetable (note: occasional days will be based on CCU from 8am; some days are long days/nights)					
For example: WR, Meetings, X-Ray Conference etc.					
	Mon	Tues	Weds	Thurs	Fri
AM	8am handover MAU	8am handover MAU	8am handover MAU	8am handover MAU	8am handover MAU
Lunchtime			Noon tutorial	Medical Grand Round	
PM	MAU	MAU	MAU	F2 teaching	MAU
Educational Activities:					
<p>There are two teaching sessions per week as in the timetable above. But the main educational activity on MAU is through work-based learning: conversations with seniors, making decisions about patient care then getting feedback, learning how to do practical procedures, work-based assessments etc. There is also opportunity for an audit project which could lead to a poster presentation at a Society for Acute Medicine conference, and F2s are also expected to take part in the noon tutorial teaching timetable.</p> <p>The MAU team always stops for a tea-break around noon, when the patients are eating. This means we always get a break, but it also means we get to talk about the patients we have seen on the ward round</p>					

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that morning, and get to have interesting educational conversations.

Other Comments (if appropriate):

General areas

As an F2 based on MAU, you will hone your generic skills such as active history taking (including from relatives and carers), physical examination, and assessment of cognition and mental health.

You will also be involved in organising investigations, referring to specialist teams and writing clear discharge summaries for GPs, and get better at prioritisation and time management.

You will also learn, in a supervised environment, about how to manage difficult conversations and advanced communication skills, e.g. advanced planning and DNR conversations. You will also learn how to communicate clearly in an emergency with seniors or as part of the cardiac arrest team.

Specialist areas

MAU is a fantastic place to learn practical procedures beyond the 'core procedures' required in the F2 curriculum: lumbar punctures are commonplace on MAU, as well as ascitic taps, ultrasound guided venous access, and ultrasound-guided pleural aspiration.

F2 doctors will also need to understand Section 5(2) of the Mental Health Act and the principles of the Mental Capacity Act. Training will be provided.

Disclaimer: Please note that the placement information is subject to change.