

Foundation Job Description

Foundation School (Delete as appropriate)		Programme No. (eg. L006 OR T102)*:			
Trent		T063			
Year (Delete as appropriate)	Specialty:	Subspecialty (If appropriate):			
F1	General Psychiatry	Adult			
Site:		Trust:			
Millbrook Unit		Sherwood Forest Hospitals NHS Foundation Trust			
Main duties:					
<p>You will be based mainly on our in-patient psychiatric units. You will also have some supervised involvement with the Crisis Resolution Home Treatment team as arranged with the responsible consultant. The aim of this placement is to offer an experience which combines in-patient work with some exposure to the interface between community psychiatry and in-patient work. You will also have the unique opportunity to experience the workings within a Psychiatric Intensive care unit</p> <p>The trainee will clerk patients, assess mental and physical states, monitor progress of the patients' mental health and response to treatment, obtain collateral histories and liaise with colleagues in other teams. The trainee will have a fairly flexible timetable and will need to work closely with the team to prioritise tasks and resources. <u>PLEASE NOTE: All foundation year 1 doctors in their first 4 month rotation in psychiatry will also spend some time on an acute medical unit to ensure that they are not disadvantaged when starting their second post. This is likely to be a day a week on acute medical unit or a similar arrangement.</u></p>					
Example Timetable					
For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc					
	Mon	Tues	Weds	Thurs	Fri
AM	PICU and Lucy Wade ward work	Ward Round	Orchid ward work	Orchid Ward Round	ECT Clinic; PICU and Lucy Wade Ward work
Lunchtime	Academic session				
PM	PICU and Lucy Wade ward work	Outpatient clinic	Admin work	Supervision; Supervised CRHT/Community visit	Orchid Ward work
Educational Activities:					
<p>Regular weekly academic sessions: these will provide the trainee with opportunities to present cases or journals. Sessions will include audit and research sessions.</p> <p>They will be involved in the teaching of medical students.</p> <p>There will be opportunities to discuss cases with members of the multidisciplinary team eg consultant, clinical psychologists, community nurse, in-patient nurses, dieticians, and other medical colleagues.</p> <p>They will gain expertise in the assessment and management of a variety of mental illness and the interaction of these disorders with physical health.</p> <p>At the weekly ward rounds they will get the opportunity to present cases so their history taking and examination skills can be improved.</p>					
Other Comments (if appropriate):					
<p>This post will be based at the Millbrook Mental Health Unit within the acute care network of the Working Age (General Adult) service. The unit comprises of 2 in-patient acute wards (Orchid and Lucy Wade wards) and a Psychiatric Intensive Care Unit (PICU). The Acute wards have combined total of 36 beds while the PICU has 5 beds. Currently the unit is supported by four consultant psychiatrists, three higher trainees, five core/foundation/GPVTS trainees and a specialty doctor. The foundation trainee will specifically be with the 'Ashfield' sector team, who also cover the PICU.</p> <p>The foundation trainee will have an opportunity to satisfy requirements of the Foundation Curriculum and will be supported by the trainees working on the unit. This post will also provide plenty of opportunities for directly supervised practice and supervised learning events (eg on ward rounds and reviews) as well as work-place based assessments. The Millbrook Mental Health Unit is an established training resource for our trainees, with education and innovative practice firmly embedded in its multidisciplinary work culture, thus readily providing a safe learning environment.</p>					