

# Foundation Job Description

<b>Foundation School (Delete as appropriate)</b>		<b>Programme No. (eg. L006 OR T102)*:</b>			
Trent		T070			
<b>Year (Delete as appropriate)</b>	<b>Specialty:</b>			<b>Subspecialty (If appropriate):</b>	
F2	General Psychiatry			Adult	
<b>Site:</b>			<b>Trust:</b>		
Highbury Hospital			Nottingham University Hospitals NHS Trust		
<b>Main duties:</b>					
<p>The trainee will clerk patients, assess mental and physical states, monitor progress of the patients' mental health and response to treatment, obtain collateral histories and liaise with colleagues in other teams. The trainee will have a fairly flexible timetable and will need to work closely with the team to prioritise tasks and resources. Individual learning objectives will be agreed at the beginning of the placement with the Clinical Supervisor. A mid-point review will be held with the Foundation Programme associate tutor. The trainee will work as an integral part of the multi-disciplinary team. The trainee will clerk patients, assess mental and physical states, monitor progress of the patients' mental health and response to treatment, obtain collateral histories and liaise with colleagues in other teams. The trainee will have a fairly flexible timetable and will need to work closely with the team to prioritise tasks and resources. There will be opportunities to improve skills in psychopathology assessment, the management of a range of disorders, the interface between physical and mental healthcare and assessment of capacity. The trainee will manage a number of conditions, including severe Mood Disorders, Psychoses (including Schizophrenia, transient and drug-induced) and Personality Disorders as well as other conditions. The trainee will have an opportunity to participate in the ECT rota at QMC and receive direct supervision and training. A consultant psychiatrist is responsible for ECT at QMC. The trainee will have the opportunity to shadow Core/GPVTS trainees on the Nottingham on-call rota, including exposure to acute admissions to the psychiatric wards (CAMHS, Adult, PICU, LD, Old-Age, perinatal etc), urgent review of in patients (inc. Section 5(2) assessments), and out of hours liaison assessments requested by the Nottingham University Hospitals Trust. Foundation year 2 trainees will take part in the on call rota. Year 1 trainees do not but can shadow as described above. The trainee will continue to attend the Foundation Training Programme. A weekly journal club/case conference is also held weekly and the trainee will be involved in presenting to these meetings. There will also be an opportunity to teach medical students on an informal or formal basis. At all times you will have ready access to senior clinicians to discuss cases as needed. You will also receive regular supervision from your clinical supervisor. The trainee will be involved in the audit process of the team and will have the opportunity to develop their own topics and present them at the audit meeting. The trainee's progress throughout the placement will be supported by workplace based assessments.</p>					
<b>Example Timetable</b>					
<b>For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc</b>					
	<b>Mon</b>	<b>Tues</b>	<b>Weds</b>	<b>Thurs</b>	<b>Fri</b>
<b>AM</b>					
<b>Lunchtime</b>					
<b>PM</b>					
<b>Educational Activities:</b>					
<b>Other Comments (if appropriate):</b>					
<p>You will be based on our in-patient psychiatric units or with community teams. The aim of this placement is to offer an experience which combines in patient work with some exposure to the interface between community psychiatry and in patient work. Currently trainees are placed in general adult services or mental health services for the elderly. Your timetable will be agreed with your Clinical Supervisor. This will include ward-based work and community-based work. There will also be regular slots for academic sessions and the Foundation Training Course, as well as regular meetings with your Clinical Supervisor. Year trainees will have regular on call slots on the core trainee on call rota.</p>					