

# Foundation Job Description

<b>Foundation School (Delete as appropriate)</b>		<b>Programme No. (e.g. L006 OR T102)</b> <i>Can be found on the Trent/LNR Allocation Spreadsheet</i>	
Trent		T072	
<b>Grade (Delete as appropriate)</b>	<b>Specialty:</b>		<b>Subspecialty (If appropriate):</b>
F2	General Psychiatry		Adult
<b>Site:</b>		<b>Trust:</b>	
Highbury Hospital		Nottingham University Hospitals NHS Trust	

**Main duties:**

The CRHT service in Nottingham is divided into 2 teams the Nottingham City team and the south county team. The trainee will work primarily in the city team supervised by Dr Lomas. The CRHT has 3 key functions: 1) Providing intensive home treatment for patients experiencing a mental health crisis 2) Gate keeping of all admissions to general adult wards 3) Facilitation of early discharge from the wards for those patients who could be managed with intensive home support. The trainee will be involved in assessments of patients referred to the CRHT service from GP, A&E Community Health Teams and inpatient wards. These assessments will be at the patients home, on mental health wards or at the outpatient department at Highbury Hospital with experienced Band 6 nursing staff. There will be daily MDT meetings and a daily duty Consultant for the CRHT service so there will always be immediate availability of support, supervision and MDT discussion. This post will provide a unique opportunity to gain experience assessing and managing the full range of mental disorders from acute crises in patients with no prior history to patients with long term severe and enduring illnesses who are at risk of admission to hospital. In addition to CRHT work the trainee will spend 1 day per week working with the Nottingham city Community assessment and treatment service (CATS) supervised by Dr Daniel Tsoi Consultant Psychiatrist. Each trainee is expected to complete an audit cycle and there are regular meetings to support this. There will be on call duties covering either the Highbury site or the other sites within the city and south county. There is a senior trainee on call and a Consultant on call at all times. The trainee will have a 1 hour supervision session per week with Dr Lomas. The trainee will be expected to work within the level of their own competence and there is access to immediate supervision by telephone if not face to face. The trainee will work across interfaces in Psychiatry, Primary Care, Medicine, Surgery and Social Services.

**Example Timetable**

**For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc**

	Mon	Tues	Weds	Thurs	Fri
<b>AM</b>	9am-1pm CRHT assessments	9am-12pm CRHT Assessment	9-11am JC/CC	CAT Clinic Highbury Supervised by Dr Tsoi	Supervision with Dr Lomas 9-10am CRHT assessments
<b>Lunchtime</b>	1.30-2.30pm CRHT MDT				
<b>PM</b>	2.30-5pm CRHT clinical admin	2-5pm alternate pms - F2 Trust based teaching	1 - 5pm CRHT Follow-up clinic	CAT admin	1-2.30pm CRHT MD CRHT assessments

**Educational Activities:**

Aims for the post and a specific learning plan for the individual will be established during early supervision with Dr Lomas. The trainee will set personal learning objectives for the post under the guidance of their Educational Supervisor.

**Other Comments (if appropriate):**

There will also be a local induction, introducing the post holder to their inpatient and outpatient workplace.

**Disclaimer: Please note that the placement information provided is subject to change.**