

Foundation Placement Description

Foundation School (Delete as appropriate)		Programme No. (eg. L006 OR T102)*:			
Trent		T072			
Year (Delete as appropriate)	Specialty:			Subspecialty (If appropriate):	
F2	Rehabilitation Medicine				
Site:			Trust:		
City Campus			Nottingham University Hospitals NHS Trust		
Main duties:					
<p>The post is based in Linden Lodge Neuro Rehabilitation Unit, which is a 25 bed in-patient rehabilitation unit for adult patients who have neurological conditions. The majority of patients are admitted from Queens Medical Centre either in Neurosciences or Major Trauma Unit. The unit has two full time consultants in Rehabilitation Medicine, Speciality Doctor (Staff Grade), F2 trainee and most of the time Specialist training rehabilitation (Specialist Registrar). The unit also has a multidisciplinary team of nurses, dieticians, occupational therapists, physiotherapists, psychologists and specialist nurses.</p> <p>The foundation trainee will be able to satisfy the requirement of the foundation curriculum and will be supported by consultants and other medical staff in the unit. The placement of direct supervision of clinical practice and work place based assessments to help the trainee to meet their intended learning objective for foundation programme.</p> <p>The medical team at Linden Lodge are responsible for medical management of patients at Linden Lodge in liaison with the multidisciplinary team. The duty of the post includes clerking admissions, attending ward rounds, investigation and management of common medical problems that are associated with patients with neurological conditions in addition to attending admission meetings and case conferences as appropriate.</p>					
Example Timetable					
For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc					
	Mon	Tues	Weds	Thurs	Fri
AM	admission & review patients/ward work	admission & review patients/ward work	ward round/MDT (red team)	referral/neurology meeting	review patients
Lunchtime		Grand round			
PM	ward work	F2 teaching alternate Tuesday afternoons at PGEC 14.00 - 17.00	ward work	ward round/MDT (blue team)	Dept teachings/Clinical governance
Educational Activities:					
<ol style="list-style-type: none"> 1. Learning opportunities including developing experience in neurological conditions and rehabilitation, particularly taking medical history and examination of common neurological conditions. 2. Learning management of bladder and bowel problems. 3. Learning how to work with the multidisciplinary team, both as team player and team leader and working with people from various disciplines and professional backgrounds as part of interdisciplinary teamwork. 4. Attending neuroscience meetings and referrals at the Queens Medical Centre to improve the theoretical knowledge of neurological conditions. 5. Attending F2 training every other week at the Post Graduate Centre at the City Hospital. 6. Opportunity to attend other activities within Rehabilitation Medicine including Neuro Rehabilitation Clinic, Major Trauma Rehabilitation and Amputee Rehabilitation Clinic as part of the exposure to rehabilitation. <p>Generic Learning outcomes you should be able to achieve in this job:</p> <ol style="list-style-type: none"> 1. Professional Behaviour & Trust: Act professionally; deliver patient centred care and maintain trust; behave in accordance with ethical & legal requirements; keeps practice up to date through learning and teaching; demonstrate engagement in career planning. 2. Communication, team working and Leadership: Communicate clearly in a variety of settings; work effectively as a team member; demonstrate leadership skills. 3. Clinical Care: Recognise, assess and initiate manage the acutely ill patient; recognise, assesses and manage patients with long term conditions; obtain history, perform clinical examination, formulate differential diagnosis and management plans; request relevant investigations and act upon results; prescribe safely; perform procedures safely; trained to and manage cardiac and respiratory arrests; demonstrate understanding of the principles of health promotion and illness prevention; manage palliative and end of life care. 4. Safety and Quality: Recognise and work within limits of personal competence; make patient safety a priority in clinical practice; contribute to quality improvement. 					
Other Comments (if appropriate):					
<p>Clinical Supervisor – Dr Antoun or one of the consultant colleagues. No on call commitments.</p>					

*can be found on the Trent/LNR Allocations Spreadsheet

Disclaimer

Please note that the placement information is subject to change with agreement with the trainee.