# **Foundation Job Description**

Foundation School (Delete as appropriate) Programme No. (e.g. L006 OR T102)

Can be found on the Trent/LNR Allocation Spreadsheet

LNR/Trent T073

Grade (Delete as Specialty: Subspecialty (If appropriate):

F1 Psychiatry In-patient

Site: Trust:

Dr U Prabhakaran, Peter Hodgkinson Centre, Greetwell Road, Lincoln, LN2 5UA

Lincolnshire Partnership NHS Foundation Trust

#### Main duties:

## Job Description

General Adult Psychiatry, Lincolnshire Partnership NHS Foundation Trust, Lincoln

This FT1 post is based in Lincoln at the male acute inpatient ward.

Inpatient Placement (Conolly Ward, Peter Hodgkinson Centre, Lincoln)

This post provides experience in acute general adult inpatient psychiatry, working on a busy 22 bedded male general adult acute inpatient ward. The ward averages over 300 acute admissions per year with an average length of stay between 20 and 40 days. The medical team comprises of one Consultant Psychiatrist, one Foundation 1 Trainee and one GPVTS Trainee. The ward prides itself on its multi-disciplinary team approach to patient care and, in addition to the above medical staff; we have a full contingent of junior and senior nursing staff, with further input from an activities co-ordinator, occupational therapy, physiotherapy and psychology.

The role of the Foundation 1 Trainee is to be a part of the MDT team in assessing and managing the patients, and complete the necessary physical healthcare for our patients. Foundation 1 trainees will be expected to review patients individually on a weekly basis and to present them at MDT clinical review discussions. At the end of the posting the trainee would aim to gain enough experience to feel confident to be able to manage less complex cases in the primary care setting and have an understanding of the referral systems in place to refer onto secondary and tertiary care. The trainee would be expected to have awareness in the DoH guidelines in managing mental health in primary care setting and the relevant NICE guidelines.

Trainees will have the opportunity to spend time doing 'taster' days in other areas of psychiatry if this is part of their Personal Development Plan and will have the opportunity to observe ECT if they wish to do so.

#### **Example Timetable**

For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc

	Mon	Tues	Weds	Thurs	Fri
АМ	09:00 to 09:30 Ward Clinical MDT Hand over meeting 09:30 to 12:30 Clinical work arising from weekend	09:00 to 09:30 Ward Clinical MDT Hand over meeting 09:30 to 11:30 Audit and Research * 12:00 to 14:00 Foundation 1 Teaching*	09:00 to 09:30 Ward Clinical MDT Hand over meeting 09:30 to 12:30 MDT Clinical reviews & Silverlink admin/ward work and discharge summaries	09:30 to 13:00 Academic programme at Post Graduate Education Centre, Sleaford (Case Conference, Journal Club and invited speakers) *	09:00 to 09:30 Ward Clinical MDT Hand over meeting 09:30 to 12:30 MDT Clinical reviews & Silverlink admin/ward work and discharge summaries
Lunch time					
РМ	13:30 to 14:00 Preparation for reviews  14:00 to 17:00 MDT Clinical reviews & Silverlink admin/ward work and discharge summaries	14:00 to 15:00 Ward work  15:00 to 16:00 Supervision with Clinical Supervisor Dr Prab  16:00 to 17:00 Ward work	14:00 to 17:00 Ward work and arising admin	13:30 to 14:00 Preparation for reviews  14:00 to 17:00 MDT Clinical reviews & Silverlink admin/ward work and discharge summaries	1 7

## **Educational Activities:**

Thursdays: 9:30-12:00 post grad teaching /psychiatry, Tuesdays 12:00-14:00 Foundation teaching Tuesday afternoon: supervision with CS

# Other Comments (if appropriate):

Foundation 1 Trainees will not participate in on-calls.

Disclaimer: Please note that the placement information provided is subject to change.