

# Foundation Placement Description

<b>Foundation School (Delete as appropriate)</b>		<b>Programme No. (eg. L006 OR T102)*:</b>			
Trent		T080			
<b>Year (Delete as appropriate)</b>	<b>Specialty:</b>	<b>Subspecialty (If appropriate):</b>			
F2	General Surgery	Breast			
<b>Site:</b>		<b>Trust:</b>			
Royal Derby Hospital		Royal Derby Hospital NHS Foundation Trust			
<b>Main duties:</b>					
<p>This post is based in the Breast Unit at the Royal Derby Hospital. The unit is staffed by 6 Consultant Surgeons, two surgical registrars, a surgical middle grade doctor and one F2 trainee. It has a multidisciplinary team of advanced nurse practitioners, breast care nurses, radiologists and radiographers, oncologists and pathologists, familial cancer specialists, lymphoedema specialists and physios all of whom can contribute to the education of medical students, foundation trainees and higher trainees. The Foundation trainee can expect to satisfy the requirements of the Foundation Curriculum with plenty of opportunity for work based assessments, directly observed procedures, case presentations. All of these activities are well supported by the consultants and higher trainees working on the unit who provide a safe and supported learning environment. Clinical Supervision is provided by Ms Y Wahedna who takes a very pro-active role in looking after the educational needs and development of our Foundation trainees. <b>Elective breast work:</b> care of inpatients admitted for breast surgery including daily ward rounds and discharge planning. Occasional requirement to assist with pre-operative assessment of patients and arranging appropriate investigations.</p> <p><b>Outpatient activity:</b> timetabled attendance at a range of out-patient clinics is available including new patient symptomatic breast clinics, results clinics, reconstruction clinics, family history clinics, follow up clinics, advanced breast cancer clinics, general surgical clinics.</p> <p><b>Operative experience:</b> this post offers the opportunity to attend and participate in elective operating for a wide spectrum of breast surgery including benign and malignant disease and breast reconstruction. In addition there is the opportunity to attend general surgical day case operating lists to see common surgical conditions for example hernia surgery.</p> <p><b>General Surgical work:</b> in this post you will be involved in the general surgical on call rota supported by senior colleagues. This provides good exposure to general surgical and vascular emergencies giving experience in the pre-, peri and post-operative management of the acutely unwell surgical patient.</p> <p>The post is a 1 in 10 and the banding is 1A (50%).</p>					
<b>Example Timetable</b>					
<b>For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc</b>					
	<b>Mon</b>	<b>Tues</b>	<b>Weds</b>	<b>Thurs</b>	<b>Fri</b>
<b>AM</b>	symptomatic clinic	breast theatre	general surgical clinic	primary endocrine clinic	ward
<b>Lunchtime</b>	MDT			MDT	
<b>PM</b>	ward	breast theatre	day case theatre	post op results clinic	reconstruction clinic or theatre
<b>Educational Activities:</b>					
<p>There are opportunities to carry out an audit project during this placement. There are quarterly dedicated breast educational events held within the department.</p> <p>In addition there is a formal F1/F2 teaching programme held weekly and the Derby Medical Society meets on a fortnightly basis. There are Medical Grand Rounds held at the Royal Derby Hospital to which all doctors are invited. Teaching and supervising medical students in a range of undergraduate placements. Opportunity for taster sessions.</p>					
<b>Other Comments (if appropriate):</b>					
<p><b>General Areas:</b> The Foundation Trainee will develop generic skills in history taking and examination of both elective and emergency surgical admissions. They will be involved in co-ordinating an appropriate management plan, arranging investigations and referral to other specialities as appropriate. They will learn how to manage difficult consultations and develop the communications skills needed to break bad news and give a cancer diagnosis to patients. They will become confident in the resuscitation and management of the acutely unwell surgical patient.</p> <p><b>Specialist Areas:</b> The trainee will have the opportunity to attend specialist clinics related to the treatment of breast cancer. This includes breast reconstruction, family history clinics, advanced breast cancer clinics and primary endocrine clinics. This post is well suited to those trainees who wish to experience the ethos of shared care in a truly multi-disciplinary setting. It is an especially useful post for either who wish to pursue a surgical career as there will be many opportunities to develop technical surgical skills. It is also very well suited to those interested in a career in oncology or palliative care as we have a large cohort of patients with advanced or metastatic disease. It is an equally useful post for those trainees considering a career in general practice to gain confidence in the physical examination of breast patients and develop and clear understanding of the benign and malignant conditions that will present to them in primary care. The breadth of expertise offered within the department allows the timetable of the trainee to be adapted to their individual training needs and learning goals.</p>					

\*can be found on the Trent/LNR Allocations Spreadsheet

## Disclaimer:

Please note that the placement information provided is subject to change.