

Foundation Job Description

Foundation School (Delete as appropriate)		Programme No. (eg. L006 OR T102)*:			
Trent		T080			
Year (Delete as appropriate)	Specialty:			Subspecialty (If appropriate):	
F2	Neonatal medicine				
Site:			Trust:		
Royal Derby Hospital			Derby Hospitals NHS Foundation Trust		
Main duties:					
<p>This post is based on the Neonatal Unit at the Derbyshire Children's Hospital, part of the Royal Derby Hospital. The Neonatal Unit is classed as a "Local Neonatal Unit", within a hospital which sees 6000 deliveries per year, with a fetomaternal medicine unit on site for complex births. The unit has 24 cots including 7 designated for critical care and 17 special care, and is adjacent to the delivery suite and theatres. Infants born at 26 weeks gestation are managed on the unit in intensive care, those born below 26 weeks are stabilised and transferred to a tertiary neonatal unit. Infants with sepsis, respiratory failure, congenital heart defects and congenital anomalies including metabolic conditions are the majority cases admitted to the unit. There are currently 7 Consultants committed to the neonatal service, working 'service weeks' with a Consultant ward round each day.</p> <p>There is a "2016 contract" compliant rota for the Unit including one F2 (this post), 3 paediatric ST1-2 trainees and Advanced Neonatal Nurse Practitioners and specific middle grade cover through the day and evening. Over night the middle grade cover is currently shared with general paediatrics.</p> <p>The main duties of the post (depending on the shift allocation of the rota) will include Neonatal intensive care ward work (including intubations, central lines and septic screens), attendance at delivery of babies at high risk of needing resuscitation at birth, reviewing babies on the postnatal wards having "transitional care" from the midwives, and undertaking NIPE clinics (the baby check pre-discharge). The post holder will perform the same duties as the paediatric ST1-2 trainees and will be supported closely by the service week consultant who is present on the unit and the dedicated neonatal middle grade team. Training in resuscitation at birth is provided and initially a middle grade will be present at all deliveries until competent and confident to attend alone.</p> <p>There is an expectation of attendance at the Foundation Teaching Programme in Derby as well as attendance and participation in the departmental journal club (Wednesday "breakfast"), Neonatal grand rounds (Wednesday afternoons) and paediatric clinical meetings (Friday lunchtimes). Participation in out of hours provision of care to neonatal intensive care unit</p>					
Example Timetable					
For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc					
	Mon	Tues	Weds	Thurs	Fri
AM	Handover meeting followed by ward round	Ward round	Journal club followed by ward round	NIPE clinic	NIPE clinic
Lunchtime	Paediatric teaching				Paediatric Clinical meeting
PM	Ward work	Delivery suite bleep holder	MDT / Neonatal grand round	F2 teaching	Postnatal ward reviews
Educational Activities:					
<p>Monday - Paediatric Trainee Teaching (1hr); Wednesday - Journal Club (1hr bleep free); Thursday - F2 teaching (1hr bleep free); Friday - Clinical Meeting (1 hr). During the placement all trainees will gain excellent skills in invasive procedures in extremely small babies, resuscitation at birth skills, communication skills with anxious families and teamworking skills in a close knit environment of the neonatal unit. Handover skills are a key component to this post. There is significant morbidity and mortality associated with preterm infants, and there will be opportunity to observe breaking bad news and decision-making around withdrawal of care. There is clinical psychology support for families and staff available on the unit.</p> <p>There are opportunities to be involved in multi-disciplinary discharge planning meetings, audit meetings and meetings with the obstetric and midwifery teams for close liaison around upcoming complex cases. The in-house departmental teaching programme is designed to match the curriculum for taking the Theory exam of RCPC (equivalent to the previous Diploma in Child Health). There is an F1 trainee rotating through the department, so experience of supervising and supporting another doctor will be available</p>					
Other Comments (if appropriate):					
<p>Typical working pattern in this post: Fully compliant EWTB rota. Rotation of standard days, nights, long days and compensatory time off. Oncall requirements: one in 3 weekends (alternating between weekend nights and weekend days) compliant with new contract arrangement. Despite patients all being non-verbal, communication skills with anxious families is a key element of the job as well as close knit team working with the staff on the neonatal unit and labour suite. There are great opportunities to develop technical skills in a well supported intensive care setting. The post was highlighted as the best East Midlands training post for paediatric trainees 2015-2016</p>					
Disclaimer: Please note that the placement information is subject to change.					

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