

# Foundation Job Description

<b>Foundation School (Delete as appropriate)</b>		<b>Programme No. (e.g. L006 OR T102)</b> <i>Can be found on the Trent/LNR Allocation Spreadsheet</i>	
Trent		T083/T103	
<b>Grade (Delete as appropriate)</b>	<b>Specialty:</b>		<b>Subspecialty (If appropriate):</b>
F2	Geriatric Medicine		Community based
<b>Site:</b>		<b>Trust:</b>	
Queen's Medical Centre/Nottingham City Hospital		Nottingham University Hospitals NHS Trust	

## Main duties:

The post involves 2 rotations during the 4 month placement to gain the broadest experience in all aspects of community geriatrics. Because community geriatrics is an interface specialty, it can only fully be understood by seeing patients across the continuum of care and the post includes time spent on an acute elderly medicine ward in addition to more specifically community-based role. The post encourages autonomy whilst allowing intensive support and supervision when required. Trainees must be organised with their time but remain flexible to make the most of the learning opportunities that arise. As Community workload can be unpredictable it is essential that trainees remain in close contact with the HCOP secretaries and Community Geriatricians in order to make the most of this training experience. **The Experience: Domiciliary Visits:** These will comprise assessments in patients' own homes, either at the request of the GP or member of another community team, or as follow-up from assessment in clinic, day hospital (Post 1) or from the ward (Post 2). Visits requested by GPs will involve a joint visit with a senior community geriatrician (consultant or SpR) and will initially involve a period of observation with the idea of increasing autonomy as the attachment progresses. **LBH (Post 1):** Intermediate care experience in a community hospital setting working as part of the team at LBH. The current team comprises 3 ANPs and an SAS doctor. There are 3 wards at LBH. Patients in general are transferred for rehab +/- ongoing medical management from NUH. NUH HCOP Consultants attend on 4 days of the week. The trainee will be expected to attend the consultant ward rounds and then manage the patients along with the other members of the MDT. **Care Home Visits (Post 2):** Within Nottingham City, there is a Specialist Nurse Care Home team. Trainee will attend the weekly MDT and provide other adhoc visits as required. This exposure will enable the trainee to become increasingly proficient at dealing with the complexities of the oldest, frailest and most vulnerable adults in the Community while gaining further knowledge of the importance of medication reviews and advance care planning and end of life care planning. **Intermediate Care (Post 2):** Gain experience of intermediate care in residential settings (Connect House and Acorn House) ie attending MDT meetings and reviewing clients at the request of the MDT. Dr Blundell and Dr Ali will be providing senior support. The trainee will also be expected to attend the GP ward round on Wed am. **NUH Acute HCOP Ward (Post 2):** Trainee to attend morning board round to experience the fully interdisciplinary approach to discharge planning for older patients from the acute environment. Trainees encouraged to attend and contribute to consultant led ward round and be involved with the MDT to help coordinate discharge to include liaising with community teams and possibly follow up domiciliary visit. Trainees will also be encouraged to spend time with the wider members of the MDT to increase their knowledge and experience of social care and professions allied to medicine. Trainees are expected to attend the ward at times when community responsibilities have been completed and to help prepare the ward for the weekend by attending on a Friday pm. **Clinics (Post 2):** There are 2 clinics on the timetable. SCOPes clinic on Friday am - preoperative clinic and Dr Ali's general/falls/bone health clinic on Thurs am.

## Example Timetable

**For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc**

	Mon	Tues	Weds	Thurs	Fri
AM	Post 1 - LBH (RD WR); Post 2 - AGB Ward Round/Board Round B48	Post 1 - LBH (JRG WR); Post 2 - 0830 Care Home MDT Acorn	Post 1 - LBH; Post 2 - Connect House GP Ward Round	Post 1 - LBH; Post 2 - 3AA Clinic	Post 1 - LBH; Post 2 - ALG Clinic SCOPES City
Lunchtime			Post 2 - Connect Governance Meeting	Posts 1 and 2 - HCOP Meeting QMC	Posts 1 and 2 - HCOP Junior Teaching QMC
PM	Post 1 - LBH; Post 2 - Connect House MDT/Reviews (cross cover required)	Posts 1 and 2 - Academic	Post 1 - LBH; Post 2 - Flexible	Post 1 - LBH (3RM WR); Post 2 - Care Homes 2nd Thursday of the month Community Grand Round	Post 1 - LBH (DA WR); Post 2 - Debrief/B48

## Educational Activities:

Due to the adhoc nature of some of the community work, there should be opportunity to utilise some community sessions as flexible sessions to map experiences to specific learning needs and skills of the trainee. Opportunities that are available include working with community matrons, end of life care teams, falls team etc. Trainees should review learning needs carefully and address them in their PDP so that they can gain the appropriate opportunities.

## Other Comments (if appropriate):

There will be no obligation to participate in the QMC Acute Medicine on-call rota during this attachment although the rota co-ordinator can advise about locum shifts that may be available. Bearing in mind the isolated nature of much community work, a comprehensive programme of mentorship will be provided. Once weekly mentorship sessions programmed with the relevant clinical supervisor or appropriate deputy will be encouraged. In addition, a Consultant contact will be identified and available by mobile phone for all sessions where the trainee is asked to act independently out of hospital. If escalation is not possible through clinical supervisors then for matters of urgency, there is an on call geriatrician each. The secretaries are a useful point of contact. Leave for post 1 should be agreed by the LBH wider team. The trainee should not be off at the same time as the Specialty Doctor. Some elements of post require cross cover and therefore please liaise with Dr Blundell and VTS trainees regarding cover for Connect and Care Homes.

**Disclaimer: Please note that the placement information provided is subject to change.**